

THE Hhh. 285  
London Dispensatory,  
~~£4~~ Reduced to the ~~24~~ 85  
PRACTICE  
OF THE  
LONDON Physicians.

Wherein are Contain'd  
The MEDICINES,  
BOTH  
*Galenical and Chymical,*  
That are now in Use.

Those that are out of Use are  
Omitted: And such as are in Use,  
and not in the *Latin* Copy, are  
Added; with *Vertues* and *Doses*.

By JOHN PECHET, of the  
College of Physicians, in London.

L O N D O N:  
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THE  
P R E F A C E.

HAVING for several years endeavoured to render the Art of Physick as plain and easie as the nature of it would allow; by separating practice and experience from the vain fictions of a sort of men, whose business it is, to make every part of it obscure and mysterious. I thought among other things, the reducing the London Dispensatory to the practice of the present times, and the adding to it such medicines as are frequently used; would be a work very acceptable to those, that have not time or opportunity to peruse the prescriptions of the London Physicians: To which end I carefully viewed the files of some London Apothecaries, and the bills of the most eminent Physicians, and reviewed the best modern Authors.

Now by this Treatise young Physicians may know what Medicines are used, and so prescribe accordingly; whereas, before the Apothecaries were wont to discover, and ridicule raw Practitioners for their obsolete and unfashionable Prescriptions; and commonly upon reading such bills would say, This or that Doctor was a Novice in Practice.

And Apothecaries in the Country may by this Dispensatory provide Medicines that are agreeable to the present practice, and so save the patients the trouble, (besides the loss of time) in sending to London for some Medicines, prescribed by London Physicians, as oft as they are called into the Countrey, or advised with by letter in extraordinary cases: Tho I know some of them

## The PREFACE.

in great Towns especially, are well furnished with all things necessary.

But (which is most considerable) it is probable, that many of the Simples and Compounds that are rejected and out of use, either never had really the virtues assigned them; or by a long tract of time, the diseases for which they were used are now altered, and some of them worn out; and that others succeed which require other Medicines and Methods of cure. As to the virtues of each Composition, I have set down briefly those that I thought did peculiarly belong to the Medicine.

Lastly, I have added a Table of diseases.

Reader Farewel,

From the Angel and  
Crown in Basing-  
Lane, London.

John Pechy.

---

The

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R O O T S.

**A**ngelica  
 Asarabacca  
 Asparagus  
 Avens  
 Birthwort { Long,  
                   { Round.  
 Bistort  
 Briony { White,  
           { Black.  
 Bugloss  
 Burdock  
 Butterbar  
 Greater Celandine  
 China  
 Comfrey  
 Contrayerva  
 Sweet Costus  
 Wild Cucumber  
 Long Cyperus  
 Dandelyon  
 White Dittany  
 Sharp pointed Dock  
 Ground Elder  
 Elecampane  
 Eringo  
 Fennel  
 Hogs Fennel  
 Figwort.  
 Filipendula  
 Galingal

Garlick  
 Gentian  
 Ginger  
 Grass  
 Five leav'd Grass  
 Restharrow  
 Hellebore { White,  
               { Black.  
 Hounds-tongue  
 Jalap  
 Kneeholm  
 White Lilly  
 Water Lilly  
 Liquorice  
 Madder  
 Marsh-mallows  
 Masterwort  
 Mechoacan  
 Onions  
 Orris  
 Florentine Orris  
 Parsly  
 Pellitory of *Spain*  
 Periwinkle  
 Garden Radish  
 Horse Radish  
 Rubarb  
 Monks-Rubarb  
 Rue  
 Sarsaparilla

Scabious

# A Catalogue of the Simples.

Scabious

Scorzonera

Smallage

Virginian Snakeweed

Solomons Seal

Sorrel

Wood Sorrel

Succory

Sow bread

Swallow-wort

Turbith

Turmeric

Valerian

Zedoary

## BARKS.

Ash

Barberry

Bullace Tree

Roots of Capers

Cinnamon

Citron

Elder

Ground Elder

Elm

Fiftichnuts

Frankincence

Guajacum

Lemon

Mace

Oake

Oranges

Peruvian

Pine

Pomegranate

Sassafras

Tamarisk

Winteran

## WOODS.

Aloes

Box

Guajacum

Lentiscion

Nephritic

Rhodium

Sanders { White,  
Red,  
Yellow.

Tamarisk

## FLOWERS.

White Arch-Angel

Balaustians

Betony

Berrage

Broom

Lesser Centaury

Cammomile

Coltsfoot

Cowslips

Elder

St. John's-wort

July-flowers

Lavender

Water Lillies

Marigolds

Melilote

Mullein

Oranges

Peach

Male-Peony

Red Poppies

Prim.

# A Catalogue of the Simples.

Primrose	Chervil
Costmary	Cleavers
Red Roses	Colts-foot
Saffron	Costmary
Sage	Water Cresses
Seechas	Columbine
Tansie	Cypress
Violets	Dandelion
Herbs, Leaves, and Buds.	Daisies
Adders-tongue	Dill
Agrimony	Dittany of Crete
Arsmart	Dwarf Elder
Afarabacca	Feverfew
Avens	Fumatory
Balm	Germander
Basil	Goats-Rue
Bears breech	Golden Rod
Beet	Ground Pine
Berony	Groundie
Bofrage	Harts-tongue
Bramble	Hedge Hyssop
Broom	Hedge Mustard
Brooklime	Hemlock
Bugules	Hemp-agrimony
Bugloss	Henbane
Burdock	Herb Robert
Burnet	White Horehound
Cabbage	Horse-tail
Calamint	Hounds-tongue
Cammomile	Houseleek
Camels hay	Hypoglossum
Carduus Benedictus	Hyssop
Greater Celandine	St. John's-wort
Centory	Ground Ivy
Ceterach	Knotgrafs

Ladies

# *A Catalogue of the Simples.*

Ladies Mantle	Wild Sage
Ladies Smock	Sanicle
Lavender	Savine
Lillie of the Vallies	Savory
Lovage	Saxifrage
Liverwort	Scabious
Lung wort	Self-heal
Maidenhair	Scordium
Mallows	Scurvygrafs
Marjoram	Senna
Wild Marjoram	Shepherbs-purse
Marshmallows	Sopewort
Meadowsweet	Southern-wood
Mercury	Speedwel
Millefoil	Spikenard
Mistleto	{ <i>Indian,</i> <i>Celtic.</i>
Monywort	
Moule ear	Strawberries.
Mugwort	Succory
Mullein	Tamarisk
Navelwort.	Tanfic
Nep	Tea
Nepethe	Thorowwax
Nettle	Tobacco
Oak of <i>Jerusalem</i>	Tormentil
Parfly	Thyme
Pellitory	Wild Thyme.
Penny Royal	Valerian
Pepperwort	Vervein
Periwinkle	Violets
Pimpernel	Wormwood.
Primrose	Roman Wormwood
Rosemary	Wood Serrel
Rue	FRUITS.
Sage	
	Almonds { <i>Bitter,</i> <i>Sweet.</i>

Anacar-



*A Catalogue of the Simples.*

Anacardiums	Pine nuts
Apples	Pomgranats
Barberries	White Poppy heads
Cardamoms	Prunes
Cassia	Quinces
Winter Cherries	Raisins of the Sun
Black Cherries	Sebestens
Citrons	Tamarinds
Citruls	Red Vetches
Cloves	Wall-nuts
Coco nut	S E E D S.
Coffee	Anise
Cubebs	Angelica
Cup of Acorns	Ash
Currants	Barly
Cypress-nuts	Basil
Dates	Bishops weed
Elder berries	Burdock
Figs	Cardamoms
Fittich nuts	Carraways
Galls	Carduus
Hips	Chastree
Jujubes	Citrons
Juniper berries	Columbine
Ivy berries	Coriander
Kermes berries	Water Cresses
Lawrel berries	Cummin
Lemons	Dill
Myrtle berries	Dwarf Elder
Myrobolans	Endive
Nutmegs	Fennel
Oranges	Sweet Fennel
Grains of Paradise	Fenugreek
Pepper { White,	Flax
{ Long,	Goards

Grom:

# A Catalogue of the Simples.

Gromwel  
 Hemp  
 Henbane  
 St John's-wort  
 Lettice  
 Lovage  
 Mallows  
 Marshmallows  
 Melons  
 Mustard  
 Nettles  
 Nigella  
 Parsnip  
 Male Peony  
 Plantain  
 White Poppies  
 Psyllium  
 Purslain  
 Quince  
 Rice  
 Rocket  
 Red Roses  
 Rue  
 Bastard Saffron  
 Scurvygrass  
 Secely  
 Smallage  
 G U M S.  
 Ammoniacum  
 Arabic  
 Asa fetida  
 Dragons blood  
 Galbanum  
 Ivy  
 Lac

Opopanax  
 Sagapenum  
 Sarcocolla  
 Tragacanth  
*Native Resins.*  
 Caranna  
 Colophony  
 Frankincense  
 Laricea  
 Tacamahacca  
 Turpentine  
*Cyprian,*  
*Chios,*  
*Venice,*  
*Falstium Resins.*  
 Aloes  
 Guajacum  
 Gor  
 Jalap  
 Pitch  
*Burgundy,*  
*Ship,*  
*Liquid.*  
 Scammony  
*Gummy Resins.*  
 Bdellium  
 Camphir  
 Mastich  
 Myrrh  
 Storax Calamit  
 Balsams  
 Giliad  
 Copaiha  
 Peruvian  
 Tolu  
*Concreted Juices.*  
 Acacia

Elaterium

# A Catalogue of the Simples.

Matricarium  
Euphorbium  
Liquorice  
Hypocistis  
Opium

## SUGARS.

White  
Red  
Crystalline  
Candied  
Liquid juices  
Kermes  
Lemmons  
Oranges  
Oyl  
Woodforrel  
Verjuice  
Vinegar  
Wine

Those things that grow on  
Plants.

Agaric  
The Cups of Acorns  
Dodder  
Galls  
The Spunge of the Dog  
Rose  
Mistleto

## ANIMALS.

Cantharides  
Cochinel  
Bees  
Earthworms  
Grashoppers  
Pidgeons

Leches  
Snails  
Swallows  
Toads  
Vipers  
Woodlice

Parts of Animals, their ex-  
crements, and things val-  
ken from them.

The grease of

Ducks,  
Geese,  
Hens,  
Mares

Album Græcum.

Bezoar { Oriental,  
Occidental

The bone of a Stag's heart.

Butter

Cats blood.

Castor

Caul of a Sheep

Civer

Crabs eyes

Cuttlebone

Dung of

Pidgeons,  
Stone Hock,  
Goose,  
Dogs,  
Peacocks,  
Cows

Eggs of Hens

White,  
Yelk,  
Shells.

## ANTS.

Kings Gaul

Elks

# *A Catalogue of the Simples.*

Elks hoof  
Hartshorn  
Honey { Common,  
          { Virgins,  
Hare down  
Isinglals  
Ivory

Liver { of a Wolf,  
          { of a Frog.  
Lungs { of a Fox,  
          { of a Hare.

Milk of { Affes,  
          { Cows,  
          { Goats,  
          { Womans.

Mummy  
Musk  
Swallows neast  
Pikes jaw  
Pearls

Man's Skull  
Fasting spittle  
Suet { Beef,  
      { Sheeps.

Spermaceti  
Spiders web  
Vipers flesh  
Urine

Wax { Yellow,  
      { Soft.  
Whey

## *Sea Simples.*

Ambar greece  
Ambar  
Coralline

Coral { White,  
          { Red.

Sponge  
Phisical earths  
Bole Armoniac  
Chalk  
Lime  
Lemnian Earth

## *S A L T S.*

Roch Alum  
Sal Armoniac  
Common Salt  
Gemminæ  
Nitre  
Tartar

Vitriol { White,  
          { Roman.

## *Phisical Stones.*

Calamaris  
Hematitis  
Judaic  
Osteocolla

## *M E T A L S,*

Gold  
Silver  
Lead  
Iron  
Minerals

Cinnabar { of Antimony,  
          { Factitious.

Quicksilver  
Antimony

Native Metallic Recre-  
ments.

Misy

Sory

# A Catalogue of the Simples.

ory		Cummin
Factitious	{ of Gold	Fennel
	Licharge.	<i>The four lesser cold seeds,</i>
Recrement	{ of Silver	Amomum
Factitious	{ of Lead mi-	Bishops weed
Recrement	nium.	Smallage
Factitious	{ of Brass,	Daucus
Recrement	Pompholix.	<i>The four greater cold seeds,</i>
<i>The five opening roots.</i>		Citruls
Smallage		Cucumber
Asparagus		Cucurbites
Fennel		Melons
Parsly		<i>The four lesser cold seeds.</i>
Kneeholm		Endive
<i>The five emollient herbs.</i>		Lettice
Marsh-mallows		Purslain
Mallows		Succory
Beet		<i>Common Simple distilled</i>
Mercury		<i>waters.</i>
Violets		<i>Of the leaves of</i>
<i>The five capillary herbs.</i>		Agrimony
Black Maiden hair		Angelica
White Maiden hair		Balm
Ceterach		Betony
Hartstongue		Brooklime
Black English Maiden		Cardus Benedictus
hair		<i>The lesser Centory</i>
<i>The four cordial flowers</i>		Celandine
Borrage		Dragons
Bugloss		Endive
Roses		Fennel
Violets		Feverfew
<i>The four greater hot Car-</i>		Figwort
<i>minative seeds.</i>		Fumatory
Anise		Goats Rue
Carraways		Grass

# A Catalogue of the Simples.

Hyssop	Peony
Ground Ivy.	Red Poppies
Lettice	Red Roses
Maries thistle	Damask Roses
Meadow Sweet	Of Fruits.
Mint	Fragrant Apples
Mugwort	Citrons
Nightshade	Elder Berries
Oak buds	Black Cherries
Parfly	Oranges
Pellitory	Rasberries
Penny-royal	Strawberries
Plantain	Of parts of Animals and
Purslain	their excrements.
Rosemary	Cow dung
Rue	Spawn of Frogs
Saxifrage	Simple waters that are to
Scabious	be drawn after digesti-
Sorrel	on.
Wood Sostech	Agrimony
Succory	Betony
Tormentil	Celandine
Wormwood	Cowslips
Of the flowers of	Elderflowers
Broom	Fumatory
Camomile	Ground Ivy
Cowslips	Meadow sweet
Elder flowers	Peony flowers
Water Lillies	Rue
Lilly of the Valleys	Saxifrage
Lime flowers	

T H E

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THE

# London Dispensatory.

## *Compound Waters.*

*Magisterial Water of Alom, in latin aqua aluminosa Magistralis.*

TAKE of the waters of Plantain and Red Roses, each one pound, of Roch alum, and Sublimat, each two drams beat the Alum and Sublimat, and boil them together in a glass that has a narrow neck, till half is consumed; after it is clear by standing five days, strain it, and keep it in a glass for use.

*Virtues.* It cleanses old sores, eats down proud flesh, it dries, and is astringent; the part affected being washed with it.

*Note.* When it is used to Ulcers in the throat, it must be mixed with water, and the Patient must presently after gargle his mouth and throat with some cooling gargarism; this water cures Chancres to admiration.

*Compound Spirit and Water of Angelica, in latin, Spiritus & Aqua angelice magis Composita.*

TAKE of the Roots of Angelica, of the Leaves of Carduus Benedictus, each six ounces, of Balm of Sage, each four ounces, of the Seeds of Angelica, six ounces, of sweet fennel seeds, nine ounces, the dried herbs and seeds grossly poudred; add of the

B

the

the species called *Aromatick Rosat*, and sweet *Dianthus*, each an ounce and one half; infuse them two days in sixteen quarts of *Spanish Wine*, and then distill them with a gentle fire; add to every pint two ounces of Sugar, dissolved in *Rose-water*; the first three pints are called *Spirits*, the rest is the *Compound water*.

*Virtues.* It is *Cordial* and *Alexipharmick*, and good in the *Plague*; it provokes sweat, and is good in malignant diseases.

*Dose.* One ounce or two ounces may be taken at a time.

*Note.* Once for all, that *Compound waters* are generally taken, mixed with simple waters, and *Syrups* proper for the disease.

*Bezoartick water*, in *Latin* *aqua Bezoartica*

Take of the leaves of *Celendine* the greater with the *Roots*, three handfuls, of *Rue* one handful, of *Scordium* two handfuls of *Dittany* of *Cree* and of *Carduus benedictus*, each one handful and an half; of the *Roots* of *Zedoary* and *Angelica*, each three drams, of the outward peel of *Citron* and *Lemon*, each five drams, of *July Flowers*, one ounce and an half, of *Red Roses* and of the flowers of the lesser *Centaury*, each two drams; cut those things that are to be cut, and infuse them three days in *Spirit of Wine* and *Malago Sack*, each three pints and an half, of *vinegar*, of *july flowers*, and the juice of *Lemons*, each one pint, distil them in a bath, in a glass vessel, to the distilled liquor add *cinamon* three drams, *cloves* two drams and an half, *mithridate* an ounce and an half, *venice treacle* three ounces, *camphor* two scruples, *troches of vipers* half an ounce, *maad* two drams, *wood of aloes* one dram, *yellow Sander*



## The London Dispensatory.

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one dram and an half, of the seeds of carduus benedictus one ounce, of the seeds of citron three drams, infuse them two days, and distil them with a gentle fire twice or thrice, and draw half.

*Virtues.* This water is used to the same purposes as the former; but is undoubtedly more effectual, it also clears the heart, and is good in melancholly.

*Dose.* An ounce of it may be taken at a time.

*Compound Briony water, in Latin, aqua Brioniae Composita.*

Take of the juice of the root of Briony, two quarts, of the leaves of Rue and Mugwort, each two pound, of Savin three handfuls, of Fever-few, catmint, and penny Royal, each two handfuls, of Garden Basil, and dittany of Creet, each an handful and an half, of the yellow peel of fresh Oranges four ounces, of Myrrh two ounces, of Castor an ounce, good Canary six quarts, digest them four days, and then distil them in hot water, when you have drawn off half, strain what remains and evaporate it, to the consistence of an extract.

*Virtues.* It is frequently used for mother fits, and diseases of the womb, the extract is much better than the water, and Doctor Gideon Harvey's Tincture of the Ingredients is much more powerful then either, it is made in the following manner, Take of dried Briony roots, beaten to a gross powder, two ounces of the leaves of Rue, and dried Mugwort, each half a pound, of Savin dried, three quarters of an handful, of feverfew, catmint, and penny royal dried, each half an handful; of the fresh yellow peel of an orange, of myrrh, each half an ounce, of Castor two drams, of the best Nants brandy one quart; put them into a glass, and let them infuse six days in warm ashes, then strain the liquor off, and keep it in a glass bottle well stopped.

B 2

*Dose.*

*Dose.* An ounce or two of the water may be taken at a time, the extract is best taken in Pills, or made up in a Bolus, with some proper conserve that will make it more palatable, ten grains of the extract may be taken at a time; a quarter of a Spoonful of the tincture may be taken morning and evening, in Penny royal water sweetned with Sugar, when it is used for womens obstructions, bleeding and purging must go before.

*The Heavenly water, in Latin, aqua Cælestis.*

Take of the best Cinnamon one ounce, of Ginger half an ounce, of all the Sanders each six drams, of Cloves, Galingal and Nutmegs, each three drams, and an half, of Mace and Cubebs one Dram, of both the Cardamoms, each three drams, Zedoary half an ounce, of the Seeds of Pepperwort, three drams, of anise, sweet fennel, and wild Carrot, and of garden Basil, each one dram and an half, of the roots of Angelica, Avens, Liquorice, lesser Valerian, sweet smelling Flag of the leaves of Clary, Thyme, Calamint, Penny royal, Mint, wild Thyme, Marjoram, each two drams, of the flowers of red Roses, Sage, Rosmary, Betony, Stechas, Bugloss, and Borrage, each one dram and an half, of Citron peel three drams; beat those things that are to be beaten, and infuse them fifteen days in six quarts of Spirit of Wine, in a glass well stoppt, then distill them in hot water, then to the distilled water add of the species Diambra, Aromatick, Rosat, sweet Diamosch, Diamargarit frigid, Diarrhodon abatis of the Electuary of Gems, each three drams, of yellow Sanders bruised two drams, of Mosch and Ambergrease tyed up in a fine rag, each

one

## The London Dispensatory.

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one scruple, of the clear julep of Roses one pint, shake them well together, that the julep may be well mixed with the water, then put them up into a vessel close stopped with wax and parchment until the water be clear.

*Virtues.* It is a good water for the head and Stomach.

*Dose.* Half an ounce may be taken at a time.

*Cinnamon water, in Latin, aqua Cinnamomi.*

Take of Cinnamon bruised two ounces, of rectified Spirit of wine a quart, infuse them four days in a large vessel stopped with a cork and bladder, shake it twice or thrice a day and dissolve a part, half a pound of sugar candy in a quart of Rose water; mingle both the liquors, and put to them half a scruple of Ambergrease, and four grains of Musk.

*Virtues.* It is an excellent Stomach water; it is cordial, and is very proper to stop Vomiting, and is good for the Colick, Gripes, and Loosness.

*Dose.* A Spoonful of it may be taken at a time.

*Cinnamon water hordeated, in Latin, aqua Cinnamomi hordeata.*

Take of pure barley water eight pints, of the best Cinnamon twelve ounces, infuse and distil them in hot water.

*Virtues.* This water is used for the same intentions with the former, and is more proper than that, when the patient is weak, or an infant, or hath a fever.

*Dose.* Three or four ounces of it may be taken at a time.

*Epidemick water, in Latin, aqua Epidemica.*

Take of the Roots of Angelica, Masterwort, Butterbur, Peony, each a pound and an half, athamantick

## 6 The London Dispensatory.

mantick spignel, scorzonera, each four ounces, of Virginian Snakeweed two ounces, of the leaves of Rue, Rosmary, Balme, Carduus benedictus, Scordium, Marygolds with the flowers, Dragons, Goats Rue, Mint, each four handfuls, pour upon all duly prepared; four gallons of fountain water, and two gallons of brandy, and after having infused them three days in a gentle heat, distill off four gallons, wherein hang half an ounce of Saffron tyed up in a rag, to each pint of this water add an ounce and an half of white Sugar and strain it.

*Virtues.* This is peculiarly good for the Plague, and other malignant distempers.

*Dose.* One ounce.

*Gentian water, in Latin, aqua Gentianæ Compolita.*

Take of the roots of Gentian sliced a pound and an half, of the leaves and flowers of the lesser Centaury four ounces, infuse them in six quarts of good white wine for eight days, and then distill them in hot water.

*Virtues.* This is a good stomach water, and purifies the Blood, it is proper in the dropsie and the jaundice, and other diseases which proceed from an ill habit of body.

*Dose.* Two spoonfuls of it may be taken at a time.  
*Aqua lactis alexiteria.*

Take of the leaves of Meadow sweet, Carduus Benedictus, Goats Rue, each six handfuls, of Mint and common Wormwood, each five handfuls, of Rue three handfuls, Angelica two handfuls, bruise them and add three gallons of new milk, and distill them in a cold still.

*Virtues.* This water is commonly used as a simple water,

## The London Dispensatory. 7

ter, for the making of Cordials and Juleps; it is a gentle Alexipharmick, and may be conveniently used with other proper things, to expell malignity and to prevent infection.

*Dose.* Four or five ounces may be used of it at a time.

### *Aqua Mirabilis.*

Take of Cloves, Galingal, Cubebs, Mace, Cardamoms, Nutmegs, Ginger, each one dram, of the juice of Celendine half a pint, Spirit of wine one pint, white wine three pints; infuse them twenty four hours, and draw off a quart.

*Virtues.* It is excellent for the Stomach and expels Wind; but the Apothecaries use it more for entertainment of their friends than for the sick, therefore they ought to be careful not to take too great a dose of it.

### *Peony water, in Latin, Aqua Pæoniæ Composita.*

Take of the fresh flowers of Lilly of the Valleys one pound, infuse them in four gallons of Spanish wine; take of Lime flowers half a pound, Peony flowers four ounces, infuse them two days, and then distill them in hot water until the ingredients are dry, in the distilled liquor infuse two ounces and an half of male Peony root gathered in due Season, of white Dittany root, and of the root of long birthwort, each half an ounce, of the Mistletoe of the Oak, of Rue, each two handfuls of Castor two scruples, of Cubebs and Mace, each two drams, of Cinamon an ounce and an half, Squills prepared three drams, of the flowers of Rosemary six pugils, of Arabian Stechas, of Lavender flowers, each four pugils, of the flowers of Bettony, July flowers, and Couslips, each eight pugils, then adding two quarts of the juice of black Cherries distil all in a glass vessel as above.

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**Virtues.** This is a head water, and is used for all the diseases of it, as Apoplexies, Lethargies, Head-aches, Giddiness and the like, it is also good for convulsions, and the palsy.

**Dose.** An ounce of it may be taken at a time.

*Queen of Hungarys water, in Latin, aqua Reginae Hungariz.*

Fill a Glas or Earthen Cucurbit half full of Rosemary flowers, gathered when they are at best, pour upon them a sufficient quantity of Spirit of wine, so infuse them, set the Cucurbit in a bath, and joyning its head and Receiver, lute close the junctures and give it a digesting fire for three days; after which unlute them, and pour into the Cucurbit that which may have been distilled, refit your Limbeck and increase the Fire, so as to make the liquor distil drop by drop; when you have drawn about two thirds of it, put out the fire, and unlute them, and put the water so distilled into a viol well stopp'd.

**Virtues.** It is good in Lethargie, Lethargie, Apoplexy, and for many other diseases; it is likewise used outwardly for burns, tumors, cold, pains, contusions, palsy, and in all other cases, wherein it is requisite to revive the Spirits, Ladies use to mix half an ounce of it with six ounces of Lilly water, or bean-flower-water, and wash their faces with it.

**Dose.** A dram or two drams may be taken of it, in some convenient liquor.

*Horse Radish water, In Latin, Aqua Raphani Composita.*

Take of the leaves of both the Scurvy-grasses gathered in the Spring and cleansed, each six pound, bruise them and press out the juice, whereunto add of the juice of Watercresses, and Brook lime, each

## The London Dispensatory. 9

pint and an half, of white wine four quarts, twelve Lemons sliced, of fresh Briony roots four pound, of Horse Radish roots two pound, of Wakobin root half an ounce, of Winteran Bark, and Nutmegs each four ounces, infuse them three days, and then distill them in hot water.

*Virtues.* This water is proper for the Scurvy, and force Urine.

*Dose.* Two ounces of it may be taken at a time.

*Saxony water, in Latin, aqua Saxoniae Cordialis.*

Take of the juice of Borrage, Bugloss, Bistort, aulm, Tormentile, Scordium, Vervain, sharp pointed Dock, Sorrel, Goats Rue, Chervil the greater and lesser, Blew-bottle, Roses, Marygolds, Lemons, Citrons, each six ounces, Burnet, Cinquefoyl, each three ounces, white wine vinegar a pint, of the seeds of Purslain, of the flowers of water Lilly, each two ounces, of the flowers of Borrage, Bugloss, Violets, and July-flowers, each one ounce, of the species of the three Sanders six drams, infuse them all rightly prepared three days; then distill them in glass vessels in hot water, add to the distilled liquor three drams of Pearls finely powdered, mix them well and keep them for use.

*Virtues.* This is a good cooling water, fit to be used in Fevers.

*Dose.* You may take two or three ounces at a time.

*Scordium water, in Latin, aqua Scordii Composita.*

Take of the clarified juice of Goats Rue, Sorrel, Scordium, and Citron, each a pint, of London Treacle two ounces; infuse them three days, and distil

them in a glass Limbeck in hot water.

*Virtues.* This is chiefly designed to expel Malignity, and may be well mixed upon such occasions with the Bezoartick water or Epidemick water or the like.

*Dose.* Is two ounces.

*Snail water, in Latin, aqua Limacum Magistralis.*

Take of the juice of Ground-ivy, Colt-foot, Scabious, and Spotted Lungwort, each a pint and a half, of the juice of Plantain, Purslain, Capado-cian oak, Speedwell, each a pint, of fresh hogs blood and of white wine each two quarts, of Garden Snails cut two pints, of roots of Liquorice powdered two ounces, of the roots of Elecampane half an ounce, of Florentine orris one ounce, of Cotton seed an ounce and an half, of the greater cold seeds, and of anise-seeds, each six drams, of Saffron one dram, of the flowers of Red Roses six pugils, of Violets, and of Borrage flowers, each four pugils; infuse them warm three days, and then distil them in a glass Limbeck in hot water.

*Virtues.* It is used for Consumptions and other diseases of the Lungs, and to help Expectoration.

*Dose.* Two ounces may be taken at a time.

*Doctor Stephan's water, in Latin, aqua Doctoris Stephani.*

Take of Cinnamon, Ginger, Galingal, Clove Nutmegs, Grain of Paradise, seeds of Anise, Fen-nel, Caraways, each threadrams, leaves of Thyme and wild Thyme, Mint, Sage, Pennyroyal, Pellitory, Rosmary, flowers of red Roses, Camomil, wild Marjoram, Lavender, each one handful, steep them



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in six quarts of Gascoign wine for the space of a day, then distill them in hot water.

*Virtues.* It is very good for the Stomach, and expels wind.

*Dose.* An ounce or two may be taken at a time

*Treacle water, in Latin, aqua Theriacalis.*

Take of the juice of the green shells of walnuts two quarts, juice of Rue three pints, of Carduus Benedictus, Marygolds, and Baulm, each two pints, of the fresh roots of Butterbur a pound and an half, of Burdok one pound, of Angelica and Masterwort, each half a pound, of the leaves of Scordium four handfuls, of old Venice Treacle and Mithridate, each eight ounces, of good Canary Wine six quarts, of the sharpest vinegar six pints, of the clarified juice of Lemons a quart; digest them two days in warm water, the vessel being well stopr, then distill it, of what remains may be prepared the extract of Treacle.

*Virtues.* This water is much used to provoke sweat, and to expel malignity.

*Dose.* An ounce or two ounces may be taken at a time.

*Compound water of walnuts, in Latin, aqua Juglandium Composita.*

Take of the green shells of Walnuts one pound and an half, of the roots of garden Radishes one pound, of the green leaves of Asarabacca six ounces, of the seeds of Radishes four ounces, bruise them and pour upon them three pints of White-wine Vinegar, digest them three days, and distill them in glais vessels in hot water.

*Virtues.* Two spoonfuls of this water will vomit.

*Water*

*Water of worms, in Latin, Aqua & Spiritus Lumbricorum Magistralis.*

Take of worms well cleansed three pints, of Snails with the shells well cleansed two gallons bruise them in a Mortar, and put them into a convenient vessel, and add to them of the leaves of stinking nettles with the roots six handfuls, of wild Angelica four handfuls, of Bears breech seven handfuls, of Agrimony and Betony three handfuls, of Rue one handful, of common Wormwood two handfuls, of the flowers of Rosmary six ounces, of the roots of sharp pointed Dock ten ounces, of wood-sorrel five ounces, of Turmerick, and the inward bark of the Barberry Tree, each four ounces, of the seeds of Fenugreek two ounces, of cloves powdered three ounces, of Harts-horn and Ivory, each four ounces, of saffron three drams, of small Spirit of Wine four gallons and an half, infuse them twenty four hours and distill them in glass vessels in hot water, the first four pints are called Spirit, the rest Magisterial water of Worms.

*Virtues. It is good for Consumptions, good for the jaundice and Scurvy.*

*Dose.* Half an ounce of the Spirit may be taken at a time, or one ounce of the water.

*Spirit and water of Wormwood Compound, in Latin, Spiritus & Aqua absynthii Composita.*

Take of the leaves of dry Wormwood two pound, of Anise-seeds half a pound, infuse them in six gallons of small spirit of wine twenty four hours; then distill them in hot water, and draw four gallons; add to each pint of the liquor distilled

## The London Dispensatory.

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Take two ounces of fine Sugar; the first quart is Spirits, the rest compound water of Wormwood; by the same way without Anise-seeds may be drawn the Spirit and water of Angelica, Baulm, Mint, Sage, of the flowers of Rosemary, July-flowers, of the seed of Carraways, of Juniper-berries, of the barks of Oranges, Citrons and Lemons.

*Virtues.* This is a good Stomach water, expels wind, and helps concoction, and is good in the dropsie.

*Dose.* A spoonful of the Spirit may be taken at a time, and two spoonfuls of the water.

### Tinctures.

#### *Tincture of Ambar.*

Reduce into an impalpable powder five or six ounces of yellow Ambar, put it into a bolt head, pour upon it Spirit of wine, the height of four fingers, stop this bolt head with another, to make a double vessel, and having exactly luted the junctures with a wet bladder, place it in digestion in hot sand, and leave it there five or six days, or until the Spirit of wine is sufficiently tinged with the Ambar colour; decant this Tincture, and put more spirit of wine to the matter, you must digest it as before, then having separated the impregnation, mix it with the other, filtrate them, and distil from them in an alembick with a very little fire, about half the Spirit of wine, which may serve you as before, keep the Tincture that you will find at the bottom of the alembick, in a viol well stopd.

*Virtues.* It is good for the Apoplexy, Palsy, Epilepsy, and for Histerical women.

*Dose.* You may take from ten drops to a dram in some proper liquor.

*Tincture*

*Tincture of Antimony, in Latin, Tinctura Antimonii.*

Take of the best antimony, of salt of Tartar each what quantity you please, melt them in a Crucible red hot for the space of half an hour, then the matter being taken out, and freed from its feces whilst it is hot, reduce it into a powder, whereupon pour the best Spirit of wine, so much as may cover it the breadth of three or four fingers; digest them together some time till the Tincture is extracted, then evaporate the superfluous part of the Spirit of wine.

*Virtue.* It opens obstructions of the liver and spleen, it forces the courses, cures the green sickness, the jaundice and dropsy.

*Dose.* Eight or ten drops of it may be taken at a time in Sack.

*Tincture of Castor, in Latin, Tinctura Castorei.*

Take of Castor powdered half an ounce, of spirit of Castor half a pint, digest them together in the cold for ten days, strain it and keep it for use.

*Virtues.* It is good for mother fits, and diseases of the head and nerves, it provokes the courses, and is good for deafness.

*Dose.* Ten drops of it may be taken inwardly at a time in some proper liquor.

*Tincture of Roses, in Latin, Tinctura Rosarum.*

Take of red roses dried one ounce, of warm water three pints, of spirit of Sulphur or Vitriol one dram and an half, infuse them six hours; to the strained

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strained liquor add half a pound of white sugar.

**Virtues.** *It is good for a Rheumatism and the like.*

**Dose.** A draught of it may be taken twice or thrice a day.

### *Tinctura Sacra.*

Take of the species of hiera picra one ounce, of Canary Sack one pint; infuse them in the cold for the space of a week, shaking the glass twice or thrice a day, then let it stand until it is clear.

**Virtues.** *It cleanses and strengthens the Stomach, opens obstructions of the liver and spleen, it is good for the jaundice, dropsy an ill habit of body, and for obstructions of the courses, and an asthma.*

**Dose.** Three or four spoonfuls, more or less according to the age and constitution of the Patient, may be taken at a time in a morning fasting.

### *Tincture of Saffron, in Latin, Tinctura Croci.*

Take of Saffron two drams, of Treacle water eight ounces, digest them six days, and strain out the Tincture, and keep it close stopped for use.

**Virtues.** *It cheers the heart, concocts crude humours of the breast, it is good for the jaundice, for the plague, and other Malignant diseases, it is much used to drive out the small Pox; but undoubtedly it does many times much hurt, by inflaming the blood and occasioning frenzies, and making them flux.*

**Dose.** Half an ounce of this Tincture may be taken at a time in any proper liquor.

### *Tincture of Sulphur, in Latin, Tinctura Sulphuris.*

Take four ounces of flowers of Sulphur, put them into an earthen pan, melt them gently, when they

they are melted, add four ounces of Salt of Tartar, stir it about till it is very red, then let it cool, powder it, and put upon it a quart of water, let it stand over a very gentle heat, to extract the Salt of Tartar from the Sulphur, then decant the water, and put the Sulphur into a bolt head, pour upon it a pint of Canary Sack; place it upon a gentle heat for the space of twenty four hours; this is Doctor *Willis's* Tincture of Sulphur, whereof his Syrup is made in the following manner; pour the Tincture above-mentioned into an earthen pan, and with a pound of white Sugar boil it to the consistence of a Syrup.

*Virtues.* This is an excellent Medicine for coughs that forerun a Consumption, and for Consumptions too, if no fever accompanies them.

*Dose.* A Spoonful of this Syrup may be taken twice or thrice a day, either by it self or mixed with any proper liquor.

*Tincture of Salt of Tartar, in Latin, Tinctura salis Tartari.*

Take of fine Salt of Tartar twenty ounces, melt it in a Crucible in a great fire, and when it is in fusion cover it with a tyle and put coals round it; blow about it so as to raise a greater heat than if you were melting gold; continue this degree, of fire about six hours, or until the Salt of Tartar is of a red marble colour, which you may know by thrusting the end of a Spatula into the Crucible, for when it is drawn out you may look upon a little matter that is stuck to it, then take out the Crucible with a pair of tongs, and turn it upside-down into a warm mortar, the matter will coagulate in a little time, powder it presently, and put it into a Matraass warmed before hand, pour upon it Spirit of wine tartarized, until

til it swims four fingers above the matter, stop the matrafs with another to make a double vessel, tie the junctures close with wet bladder, set your matrafs in sand, and heat it with a gradual fire, to make the spirit of Wine boyl seven or eight hours, during which time it will assume a red colour, after that let the vessels cool and unlute them; separate by inclination this most fragrant Tincture, and keep it in a viol well stopped; you may pour more spirit of wine on the remaining salt of Tartar, and proceed as before, as long as it will draw out any tincture.

*Virtues.* It opens obstructions, purifies the blood, and resists malignity, and is used in the scurvy.

*Dose.* It may be taken from ten to thirty drops, in some convenient liquor.

### *Medicated Wines.*

*Blessed Wine, in Latin, vinum benedictum.*

Take of Crocus Metallorum powdered one ounce, of Mace one dram, of Spanish wine a pint and an half, infuse them.

*Virtues.* This is an excellent vomit, and more frequently used then any other: This and some other vomits are used with great success, in curing the dropsie, the jaundice, the phtisick, and diseases of the head: they are often used at the beginning of feavers, and before the small Pox come out, and certainly do a great deal of good by evacuating part of the peccant humour.

*Dose.* Half an ounce, an ounce, an ounce and an half may be given at a time, according to the age and strength of the patient.

*Note.* Vomits are not to be given to those that have a weakness or distensions on the eyes, to such as are long necked, to ancient People, or such as have

have Ruptures, or to Women that are subject to vomits: They are best taken in an afternoon about four hours after a light dinner, the Patient must drink large draughts of posset drink every time they vomit if bleeding be thought necessary, or if blood abound it will be convenient to bleed before giving a vomit if it works beyond measure, the Patient must be put to bed, and two scruples of *Venice Treacle* must be given him, or the following mixture; take of Mint water one ounce, of strong Cinnamon water two drams, of Liquid Laudanum sixteen drops Syrup of Quinces half an ounce, mingle them but when there is an inclination to vomiting, when no vomit hath been used, the following mixture generally takes it off: Take salt of Wormwood one scruple, in a spoonful of fresh juice of Lemon add to it twenty drops of Tincture of Cinnamon this must be taken every third hour till the vomiting ceases.

*Wine of Squills, in Latin, vinum Scilliticum*

Take of the roots of white Mountain Squills, gathered about the rising of the Dog Star, slice them and lay them a drying for a month. put a pound of them into a glass, and pour on them four quarts of old French white-wine, infuse them forty days, and then take out the Squills.

*Virtues.* It is a gentle vomit, but is rarely used by itself, but most commonly with the above mentioned blessed wine.

*Dose.* An ounce of it may be taken with half an ounce of the wine above.

*Steel Wine, in Latin, vinum Chalybeatum*

Take of prepared Steel one ounce, of Saffron powdered



powdered and tyed up in a rag eight grains, of white  
ine a quart, infuse them in the cold three or four  
ys, shake the vessel often, strain it and keep it for

*Virtues.* This steel wine and steel medicines in  
neral, are used in Cachexies or ill habits of body,  
Dropfies, Obstructions, Scurvy, Hypochondrick Me-  
ncholly, and all Histerick diseases, and in many other  
ses.

*Dose.* Two or three ounces of this wine may be  
ken morning and evening.

*Note.* Steel medicines must be taken constantly  
a long while, and in most cases the Patient must  
ercise himself often. The learned Doctor Lower  
requently prescribed steel courses for six or nine  
onths; but there are some sort of constitutions  
at can by no means bear Steel Medicines, there-  
re they must not be obstinately insisted upon, where  
ere is such a reluctancy in nature, though most  
at take them find at first some disorder in their Bo-  
es. Before any one enters upon a Steel course  
ey must be well purged, but whilst he is in the  
ourse, purging is not allowed, only care must be  
ken, that the body be not too much bound up.

*Wormwood wine, in Latin, vinum Absyn-  
thites.*

Take of dried Wormwood one handful, to each  
allon of wine, stop it well up in a vessel, and let  
remain in infusion; the same way Rosmary flow-  
wine, and eyebright wine may be made.

*Virtues.* Wormwood wine is used to strengthen the  
mach, to procure an appetite, and for a dropfy.

*Note.* This Wine and Wormwood beer, are better  
the cases above mentioned, then any other prepara-  
on of Wormwood.

*Medica-*

*Medicated Vinegars, in Latin, aceta Medica.**Distilled Vinegar, in Latin, acetum Distillatum.*

Put six quarts of strong vinegar into an earthen pan, evaporate about a quart in a bath, which is the phlegmatick part, and pour that which remains into a glass or earthen Cucurbit, and distil it in a strong heat, until there remains nothing at bottom but a substance like honey, keep this vinegar well stoppt, some call it spirit of Vinegar.

*Virtues* Its principal use is to dissolve or precipitate bodies, it is sometimes mixed in cordial position to resist putrefaction, it is mixed with water, this is called *oxyrate*, which is used to stop Hemorrhages, and being outwardly applyed it asswages inflammations.

*Dose.* Half a spoonful of it may be taken at a time in some proper liquor.

*Rose Vinegar, in Latin, Acetum Rosaceum*

Take of red Roses before they are full blown the white being cut off, one pound, they must be dried in the Sun, add to them six quarts of Vinegar, set them in the Sun for the space of forty days, then strain the Vinegar, repeat the infusion with fresh Roses; after the same manner is made Vinegar of Elderflowers, Rosmary flowers, and clove Gilly Flowers.

*Note.* That these Vinegars are prescribed for sauces, according to the various diseases of the sick as vinegar of Rosmary flowers, for instance in diseases of the head and the like.

*Treacle Vinegar, in Latin, Acetum Theriacale Norimberg.*

Take of the roots of the greater Celandine one ounce and an half, of the roots of Angelica, Masterwort, Gentian, Bistort, Valerian, Burnet, White Dittany, Elecampane, Zedoary, each one dram, of the root of the greater Plantain one dram and an half, of the leaves of Moushear, Sage, Scabious, Scordium, Dittany of Creet, of Blessed Thistle, each half an ounce, of the bark and seeds of Citron, each one dram and an half, of Bole armonick one dram, of Saffron three drams, of Hartshorn one dram and an half, of these let the Saffron, Hartshorn, Dittany and Bole be tyed up in a rag, and infused with the other ingredients for many days, in five pints of the sharpest vinegar; you must infuse them in a glass well stopped in a moderate heat, strain out the vinegar, and dissolve in it six drams of the best Treacle, shake it often and keep it for use.

*Virtues. This is proper to be used in the Plague and against Malignity, and to prevent infection.*

*Dose.* Half a spoonful of it may be taken at a time, in some proper liquor.

### *Decoctions.*

*Common Decoction for a Glyster, in Latin, Decoctum commune pro Clystere.*

Take of the leaves of Mallows, Violets, Pellitory, Beet, Mercury, each one handful, of the flowers of Camomel two Pugils, of sweet Fennel seeds half an ounce, of Linseed two drams, boil them in sufficient quantity of water to a pint.

*Virtues. This is used in general to empty the Bowels,*

als, but it will not work well, unless you add to it a quarter of a pound of brown Sugar.

*Decoction of Dodder, in Latin, Decoctio Epithymi.*

Take of Myrobalans, called Chebulæ and Indica of each half an ounce, of Arabian Stæchas, Raisins of the Sun stoned, of Dodder, of Thyme and Senna, each an ounce, of Fumitory half an ounce, of hemp Agrimony five drams, of the root of Polypody of the oak six drams, of turbithe an ounce, of whey made of Goats or Cows Milk two quarts, boyl all but the Dodder to a quart, then add the Dodder, and make it just ready to boyl after, then take it from the fire, and add of the root of black Hellebore a dram and an half, of Agarick half a dram, of sal Gemma a dram and an half, infuse them ten hours and press it out strongly.

*Virtues.* This is a proper purge for mad or melancholly people.

*Dose.* Four ounces of it may be taken at a time.

*Bitter Decoction, in Latin, Decoctum amarum.*

Take of the tops of the lesser Centaury, of the flowers of Camomel each one pugil, of the root of Gentian half a scruple, of the leaves of Senna cleansed, and of Cardus Benedictus seeds each a dram, boyl them in a sufficient quantity of fountain water to four ounces.

*Virtues.* This is much used to strengthen the Stomach and to purifie the blood.

*Dose.* Four ounces of it may be taken for seven mornings together.

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*Note.* Ten grains of salt of Wormwood is commonly added to this decoction, and thereby its made ear, and more agreeable to the Stomach.

### *Decoctum sennæ Gereonis.*

Take of the leaves of Senna two ounces, of the roots of Polypody of the oak half an ounce, of ginger one dram, of Raisins of the Sun stoned two ounces, of Sebestens and Damask Pruns, each number twelve, of the flowers of Borrage, Violets, red roses, Rosmary, each two drams, boil them in two parts of Fountain water till half is consumed.

*Virtues.* This is used as a common decoction for purging potions.

*Dose.* Four ounces of it may be taken at a time, but to make it work well you must add some purg-  
ing syrup, viz. an ounce of syrup of Roses solu-  
ve, Buckthorn or the like.

### *The pectoral Decoction, in Latin, decoctum Pectorale.*

Take of Raisins of the Sun stoned one ounce, of Sebestins and Jujubes, each number fifteen, of Dates number six, of fat figs number eight, of barley cleansed one ounce, of Liquorice half an ounce, of the leaves of Maidenhair, Hyssop, Scabious, Colts-  
foot, each one handful, boil them in three pints of fountain water to the consumption of a third part.

*Virtues.* This is good for diseases of the breast, and helps expectoration.

*Dose.* A quarter of a pint of it may be taken morning and evening.

### *The wound decoction, in Latin, Decoctum Traumaticum.*

Take of white and pithy Sarsaparilla an ounce  
and

and a half of the roots of China one ounce, of the roots of Fennel, of the tender roots of Burdock Nettles, Rhapontick, Comfrey, Liquorice, Avena, each six drams, of long Birthwort half an ounce, of white Dittany two drams, of the leaves of Betony, St. John's wort, Agrimony, Rib'd Plantain Ground Ivy, Bugles, Wintergreen, Sanicle, each half a handful of raisins of the Sun stoned one ounce of the seeds of Anise, Coriander, and Nettles, each two drams, of Juniper berries one dram, of Hart's horn and Ivory Rasped five drams, boil them in sufficient quantity of water to a quart; strain it and add four ounces of good White-wine, of clarified Honey and white Sugar Candy, each a pound.

*Virtues.* This is of excellent use for healing wounds, ulcers and fistulas, both inward and outward; it is also good to stop spitting of blood, a gonorrhea, and the whites.

*Dose.* Four ounces of it may be taken twice or thrice a day.

*Decoction of the Woods, in Latin, Decoctum Ex Lignis.*

Take of the roots of Sassa-Parrilla four ounces of Gujacum three ounces, of the bark of the same two ounces, of Sassafras one ounce and an half, of the roots of Burdock, and butterbur, each two ounces and an half, of Rhodium wood, and yellow Sanders, each one ounce, of Carduus seeds, and fresh Juniper Berries, each six drams, of the outer bark of dried Citron two drams, infuse them whole night in six quarts of Fountain water, then boil half away.

*Virtues.* This diet drink is good for the French Pox, Kings-evil, for Rheums and Coughs.

*Dose*

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*Dose.* Half a pint of it may be taken four times a day for the space of a month, but the sick must take it but once a week.

*The white decoction, In Latin, decoctum album.*

Take of calcined Hartshorn powdered two ounces, of fountain water two quarts, boil it till half is consumed, strain it gently through a Linnen rag, and add to it three ounces of Syrup of Oranges.

*Virtues.* It's an excellent drink against the worms in children, for a looseness and for feavers.

### Syrups.

*Syrup of Rhubarb, in Latin, syrupus Rhabarbaro.*

Take of the best Rhubarb, of the leaves of Senecio each two ounces and an half, of the flowers of violets one handful, of Cinnamon a dram and an half, of Ginger half a dram, of the waters of Berberry, Succory, and Bugloss, each a pint and an half, let them be mixed together warm all night, and in the morning strained and boyled to a Syrup, with two pound of fine Sugar; add at last four ounces of Syrup of Roses Solutive.

*Virtues.* It is a very gentle purge, proper for children, and weakly people.

*Dose.* One ounce, or an ounce and an half may be taken at a time.

*Syrup of Succory with Rhubarb, in Latin, Syrupus Cichoreo cum Rhabarbaro.*

Take of whole Barly, of the roots of Smalage, Asparagus, each two ounces, of the  
C herbs

herbs Succory, Dandelyon, Endive, smooth sow Thistles, each two handfuls, Garden Lettice, Liverwort, Fumitory, of the tops of Hops, each one handful, of Maidenhair, white and black Ceterach Liguorice, of the seeds of Winter Cherries, and Dodder, each six drams, boyl them in six quarts of Fountain water, till two quarts is consumed, in the strained liquor dilute and boyl six pound of white Sugar, add towards the end six ounces of Rhubarb and six drams of Spicknard, tyed together in a rag which must be infused in hot liquor, and often pressed out, and so make a Syrup.

*Virtues.* It is a good cooling gentle Purge, and chiefly used for children.

*Dose.* Dose an ounce, or an ounce and an half, or two ounces may be given at a time.

*Syrup of Dodder, in Latin Syrupus de Epithimo.*

Take of Dodder of Thym twenty drams, of Mirobalans, Citron, and Indian, each fifteen drams, Embelick and Bellerick Mirobalans, of the Roots Polypody Liguorish, Agarick of the Herbs Thyme Calamint, Bugloss, Stechas, each six drams, Dodder, Fumitory, each ten drams, of Red Rose sweet Fennel seeds and Anise seeds, each two drams and an half, of sweet pruns ten pair, Raisins of Sun stoned four ounces, of Tamarinds two ounces and an half, after having infused them twenty four hours in ten pints of fountain water; boyl to the consumption of four pints; then take it from the fire, and strain it; add to it five pound of fine sugar and make a Syrup.

*Virtues.* It is a proper purge for Melancholy people.



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*Dose.* An ounce and an half, or two ounces of it may be taken at a time.

*Magisterial Syrup of Apples, in Latin, Syrupus de Pomis Magistralis.*

Take of the juice and water of fragrant apples, each one pint and an half, of the juice and water of Borrage and Bugloss, each nine ounces, of the leaves of oriental senna cleansed, half a pound, of the seeds of Anise and sweet Fennel, each three drams, of Dodder, of Thym of Creer, two ounces, of the whitest Agarick, and of the best Rhubarb, each half an ounce, of Ginger and Mace, each four scruples, of Cinnamon two scruples, of Saffron half a dram, infuse the Rhubarb and Cinnamon apart by themselves in white wine, and the juice of Apples each two ounces, infuse the rest, except the Saffron, in the waters above mentioned; the day after pour on the juices, which being boyled, scummed, and strained, boyl it to a Syrup, with four pound of white Sugar, dipping now and then the Saffron in it, being tyed up in a rag, and pressing it out again. Lastly, add the infusion of Rhubarb, and let it boil gently again to make a syrup.

*Virtues.* It is a proper purging Syrup for melanchollically people.

*Dose.* An ounce or two of it may be taken at a time, in some proper purging decoction.

*Syrup of Buckthorn, In Latin, Syrupus de Rhamno Cathartico.*

Take of the juice of ripe and fresh Buckthorn berries, gathered in September, a quart, let it be clarified by standing; then add of Cinnamon and Nutmegs, each three drams; infuse them in hot water

for the space of a day; then press out hard, and with a pound and an half of white Sugar make a Syrup.

*Virtues.* This Syrup purges strongly watry humours, and therefore is good for dropsies and the like.

*Dose.* An ounce, an ounce and an half, or two ounces may be taken at a time, but it is most commonly mixed with some purging potion. and then it works most kindly.

*Syrup of Peach flowers, in Latin, Syrupus florum mali persici.*

Take of fresh peach flowers one pound, infuse them a whole day in three pints of warm water, then press them out, add fresh flowers to the same liquor and proceed as before five times; then strain it, and add two pound and an half of the best Sugar, and boyl it to a Syrup in hot water.

*Virtues.* It is a gentle purge for children.

*Dose.* An ounce, or an ounce and an half may be taken at a time.

*Syrup of Roses solutive, in Latin, Syrupus Rosarum solutivus.*

Take of boyling fountain water, two quarts, put into it as many fresh Damask Roses, as it will contain, let them infuse twelve hours in a close vessel, then press them out hard, and in the liquor heated as before, infuse the same quantity of fresh flowers do so three or four times, increasing the quantity of the fresh Roses, according to the increase of the Liquor, which is every time a third part more than was before; then add four parts of white Sugar to six parts of this liquor, and make a Syrup in boiling water.

*Virtues*

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**Virtues.** *It is a gentle, cooling, and purging Syrup, and is commonly used with purging potions.*

**Dose.** An ounce and an half or two ounces, may be taken at a time.

### *Altering Syrups.*

#### *Syrup of Ammoniacum.*

Take of Maudlin and Ceterach, each four hand-fuls, of common wormwood one ounce, of the roots of Succory and Asparagus, and of the bark of roots of Cappers each two ounces, make an infusion of them for twenty four hours in three ounces of white wine, and of simple Radish water, and sumitory water, each a quart; boyl them to a pint and an half, let the strained liquor stand until it clears, dissolve a part in four ounces of the strained liquor warm, two ounces of Gumm Ammoniacum, dissolved first in the sharpest white wine vinegar; boil the rest to a Syrup, with a pound and an half of fine Sugar, adding the dissolution of the Gumm towards the end.

**Virtues.** *This Syrup opens obstructions, and is good for diseases of the Skin.*

**Dose.** An ounce of it, or somewhat more may be taken at a time.

#### *Balsamick Syrup, in Latin, syrupus Balsamicus.*

Take of Balsam of Tolu two ounces, Barly water a pint, boil them over a gentle fire till the Barly water smells strong of the Balsam, then add a pound of fine Sugar and make a Syrup.

**Virtues.** *This is good for Coughs, hec tick Feavers, and Consumptions.*

**Dose.** A spoonful or two may be taken of it morning and evening.

*Simple Byzantin Syrup, in Latin, Syrupus Byzantinus simplex.*

Take of the juice of the leaves of Endive and Smallage, each a quart, of Hops and Bugloss, each one pint, let them boil together, take off the froth and clarify them with the white of an Egg; add two pounds and an half of white Sugar, to two quarts of the liquor, make a Syrup by boiling gently.

*Virtues. It opens Obstructions, and is good for the Dropsy, and Green-sickness.*

*Dose.* An ounce, or an ounce and an half may be taken at a time.

*Syrup of the juice of Citrons, in Latin, Syrupus e succo Citri.*

Take of the juice of Citrons strained and clarified by standing, one pint, white Sugar clarified and boiled to the consistence of Tablets two pound make a Syrup by boiling it up once or twice. This way are made other acid Syrups, as of Orange Barberries, Quinces, Lemons, and Wood Sorrell Mulberries, and the like.

*Virtues. It expels Malignity, is good in Fevers and strengthens the Stomach.*

*Dose.* An ounce of it may be taken at a time.

*Syrup of Citron peel, in Latin, Syrupus Corticum Citriorum.*

Take of yellow, ripe, and fresh Citron Peel five ounces, of Chermes berries, or their juice brought over to us, two drams, of fountain water three pints, infuse them a night in a Bath, strain them and with two pound and an half of white Sugar

boil them to a Syrup in a Bath, keep the one half without Musk, perfume the other half with three grains of Musk tied up in a rag.

*Virtues.* It resists poyson, is cordial and good for the head and Stomach.

*Dose.* One ounce, or an ounce and an half may be taken at a time.

*Simple Syrup of Coral, in Latin, Syrupus e Coraliis Simplex.*

Take of the reddest Coral finely powdred four ounces, dissolve it with the heat of a bath, in a pint of the juice of Barberries clarified, it must be put into a matraſs well stopped, and having digested it three or four days, pour off that which is dissolved, and pour on more juice as before, and so proceed till all the Coral is dissolved, add a pound and an half of Sugar to one pint of this juice, and boil it gently to a Syrup.

*Virtues.* It cools and refreshes the Spirits, and is good in bestick Feavers, and for all sorts of fluxes.

*Dose.* Half an ounce of it may be taken at a time.

*Syrup of Cup moss, in Latin, Syrupus Musci pyxidati.*

Take of Cup moss one ounce, boil it in a quart of Hyssop water till half is consumed; then strain it, and make a Syrup with a pound of Sugar Candy.

*Virtue.* This is reckoned a specifick for the whooping or chincough.

*Dose.* A spoonful of it may be taken twice or thrice a day.

*Diacodium.*

Take fourteen ounces of the heads of white poppeys well dried, infuse them twenty four hours in eight pints of fountain water, boil them well, then press them out, and put a pound and an half of Sugar to the liquor, then boil it to a Syrup.

*Virtues.* This Syrup eases pain, stops tickling coughs, and is in general a good anodyn medicine, and much in use.

*Dose.* Half an ounce, an ounce, and an ounce and an half may be given at a time in some proper liquor.

*Note.* That such medicines as are of an opiate nature ought not to be given to such as are weak, or whose Lungs are much obstructed, or at the beginning of Feavers, or Plurisies, or the like; they succeed best when evacuation by vomiting or purging hath went before. Women that are subject to vapours, or men that are hypochondriack, must be sure to lye long in bed the next day after taking an opiate, for otherwise their heads will be much disturbed when they rise.

*Compound Syrup of Elder-berries, in Latin,*  
*Syrupus Sambucinus Compositus.*

Take of ripe Elder-berries freed from the stalks two pound, of Corinthian Currants cleansed and cut one pound, of the dried flowers of Borrage, Bugloss, Violets, and red Roses, each half an ounce, Red wine a quart, bake them in an Oven, and to the clear liquor strained, add as much fine Sugar as will equal it in weight and boil it to a Syrup.

*Virtues.* This Syrup is Alexipharmick, and Sudorifick, is good in Dropxies, for the Scurvy, and heat of Urine.

*Dose.*

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*Dose.* A Spoonful of it may be taken in ale or beer or any other proper liquor, every morning for the space of one month.

*Syrup of Groundpine, in Latin, Syrupus Chamæpityos.*

Take of the Herbs, Groundpine two handfuls, Marjoram, Sage, Rosmary, Poly-mountain, wild Marjoram, Calaminth, Horf-mint, Penny-royal, Hyfop, Thym, of garden and wild Rue, of Bertonny wild Thym, each one handful, of the roots of sweet smelling Flag, Birthwort, long and round Bryony, white Dittany, Gentian, Hogf-fennel, Valerian, each half an ounce, of Smallage, Asparagus, Fennel, Parsly, Butchers Broom, each one ounce, pellitory of Spain, half an ounce, of Stechas, of the seeds of Anise, Bishops weed, Carraways, Fennel, Lovage, Sefely, each three drams, of Raisins of the Sun stoned two ounces, after their being digested twenty four hours in five quarts of fountain water warm, distil off five pints, then pressing out the feces hard, let a sufficient quantity of the clear liquor be boiled with two pound of the best Honey, and two pound of fine Sugar, to the consistence of tablets, then adding the distilled water make a Syrup in a Bath, and aromatize it with half a scruple of Oyl of Cinnamon, and of Nutmegs.

*Virtues.* This Syrup is used for the Gout, and diseases of the Nerves.

*Dose.* Half an ounce or an ounce of it may be taken in some proper liquor.

*Syrup of white Horebound, in Latin, Sympus de Prasio.*

Take of the fresh leaves of white Horebound two ounces, of the roots of Liquorice, Polypody of the oak, Smalage and Fennel, each half an ounce of the leaves of white Maidenhair, wild Marjoram Hyssop, Calamint, Thyme, Scabious, Savory, Coltsfoot, each six drams, of Anise-seeds and Quint seeds tied up in a rag, each three drams, of Raisins of the Sun stoned two ounces, of fat figs number ten; having digested them a whole day in four quarts of small Mead; boil them in a Bath, press them out hard, and to five pints of the clear liquor, add clarified honey, and white Sugar clarified, each two pound, of the roots of Florentin orris one ounce, boil it to a Syrup in a Bath.

*Virtues. It is an excellent medicine for diseases of the Lungs, and helps expectoration.*

*Dose.* A spoonful of it may be taken three or four times a day.

*Syrup of Gillyflowers, in Latin, Syrupus florum Tunices.*

Take of fragrant Gillyflowers, the white being cut off, one pound, pour on them a quart of Spring water, and let them stand all night, then strain the liquor, and being gently warmed, dissolve therein four pounds of the whitest Sugar, and make a Syrup without boiling.

*Virtues. It is cephalick and Cordial.*

*Dose.* Half a spoonful of it may be taken at a time in some proper liquor.



*Syrup of Liquorice, in Latin, Syrupus Glycyrrhizæ.*

Take of Green Liquorice cleaned and bruised two ounces, of white Maidenhair one ounce, of Hyssop half an ounce, pour on them three pints of hot Fountain water, let them stand in infusion twenty four hours, strain it and clarify it, and with the best Honey and fine Sugar each ten ounces, make a Syrup.

*Virtues.* It is used for diseases of the lungs, and helps expectoration.

*Dose.* A spoonful of it may be taken twice or thrice a day.

*Syrup of Maidenhair, in Latin, Syrupus Capillorum Veneris.*

Take of Maidenhair five ounces, of Liquorice two ounces, infuse them a natural day in three quarts of warm Fountain water, then boil them gently in a Bath, press them out, to two quarts of the strained liquor, add three pound of clarified Sugar.

*Virtues.* It opens obstructions of the Lungs, and is good for pains in the side, or in the Kidneys or bladder, it gently provokes Urine, and expels stones and gravel.

*Dose.* An ounce of it may be taken at a time in some proper liquor.

*Syrup of Marsh-mallows, in Latin, Syrupus dialthææ.*

Take of the roots of Marsh-mallows two ounces, of Meadow grass, Asparagus, Liquorice, Rasins of the Sun, red chick pease, each half an ounce, tops of Marsh-mallows, Mallows, Pellitory of the wall, Burnet,

Burnet, Saxifrage, Plantain, white and black Maiden hair, of each one handful, of the four lesser and greater cold seeds, each three drams; wash and cleanse the roots from their dirt, pith, and strings and slice them, and having boiled the grass roots a quarter of an hour, first in eight pints of Fountain water, put into the Decoction the roots of Marshmallows and Asparagus, and let them boil well for half an hour, then add the Rasins cut, and the Chick pease whole; when they have boiled a little while put in the tops of the Mallows, and Marshmallows, Pellitory, and shred and boil them about a quarter of an hour among the rest; after that add the Liquorice sliced, and the maidenhair cut, and when they begin to boil, put in the cold seeds, thrust them down into the Decoction, and take the whole off the fire, and strain them a quarter of an hour after, then clarify the liquor with the white of an Egg, add four pound of Sugar, and boil it on a moderate fire to the consistence of a Syrup.

*Virtues.* It eases pain, and corrects sharp humors, it is chiefly used for diseases of the Bladder and stone in the Kidneys.

*Dose.* An ounce of it may be taken at a time in some convenient liquor.

*Syrup of Mint, in Latin, Syrupus Menthae.*

Take of the juice of sweet Quinces, and of those that are sourish, of the juice of sweet Pomegranats, and of those that are sourish, each a pint and an half, of dried Mint half a pound, of Red Roses two ounces, let them infuse a day, then boil them half away in a Bath, strain it and with four pound of Sugar make a Syrup.

*Virtues.*

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**Virtues.** *It strengthens the stomach, helps concoction, and stops vomiting.*

**Dose.** A spoonful of it may be taken at a time.

*Syrup of Mouse-ear, in Latin, Syrupus de pilosella.*

Take of Mouse-ear three handfuls, of the roots of Ladies-mantle an ounce and an half, of the greater Comfrey, Madder, White Dittany, Tormentile, Bistort, each one ounce, of the Herbs wintergreen, Horsetail, Ground-ivy, Plantain, Adders-tongue, Strawberries, St. John's-wort with the flowers, Golden-rod, Agrimony, Bettony, Burnet, Avens, of the greater Cinquefoyl, red Colworts, Balauftines, red Roses each one handful, boil them in six pints of Plantain water gently, till half is consumed, then press it out hard; when it is clear by standing, add of the mucilage of Gum Tragacanth, of the seeds of Psyllium, Marsh-mallows, Quinces extracted a part, in three ounces of Strawberry water, and as much Bettony water, boil it to the consistence of honey with two pound of the whitest Sugar.

**Virtues.** *It is healing and astringent, and good for spitting of blood, and the like.*

**Dose.** Half an ounce of it may be taken at a time.

*Syrup of Mugwort, in Latin, Syrupus de Artemisia.*

Take of Mugwort two handfuls, of Pennyroyal, Calamint, wild Marjoram, Balm, unspotted Asfalt, Dittany of Crete, Savin, Marjoram, Ground pine, St. John's-wort, Germander, Feverfew, with the flowers, lesser Centaury, Rue, Bettony, Vipers, Bugloss,

Bugloss, each one handful, of the roots of Fennel Smalage, Parsly, Asparagus, Kneeholm, Sagifrage, Elecampane, Cyperus, Madder, Orris, Peony, each one ounce, of Juniper berries, the seeds of Lovage, Parsly Smalage, Anise, Nigella, Cubebs, true Costus woody Cassia, Cardamoms, sweet smelling Flag of the roots of Asarabacca, Pellitory of Spain and Valerian, each half an ounce; having cleansed and beat these things, infuse them twenty four hours in six quarts of clear water, and draw off eight pints of water; put what remains in the still into a press and strain it, boil six pounds of white Sugar in a sufficient quantity of the strained liquor clarified with the white of an egg, to the consistence of tablets, then add the water before distilled and make a Syrup, aromatize it with Cinamon, and Spiknard, each three drams.

*Virtues.* It opens obstructions, forces the child bed purgations, and strengthens the nerves.

*Dose.* A spoonful of it may be taken at a time.

*Syrup of Mirtles, in Latin, Syrupus Myrtinus.*

Take of Myrtle berries two ounces and an half of white and red Sanders, Sumach, Balaustins, bay berries, red Roses, each an ounce and an half, of Medlars sliced half a pound, beat and boil them in four quarts of clear water to two, strain them, then add four pound of Sugar, and boil it to a Syrup put to it towards the end, of the juice of Quinces and acid pomgranats, each six ounces.

*Virtues.* This is an excellent astringent Syrup good for spitting of blood, and all other fluxes.

*Dose.* An ounce of it may be taken at a time in any proper liquor.

*Syrup of the five opening roots, in Latin, Syrupus de quinque Radicibus.*

Take of the roots of Kneeholm, Fennel, Asparagus, Parsly and Smalage each two ounces, of Fountain water three quarts ; digest them hot, then boil them in a bath, to two quarts of the liquor pressed hard out, add eight ounces of Vinegar, and five pound and an half of white Sugar, make a Syrup in a bath.

*Virtues.* It opens obstructions and forces urine.

*Dose.* An ounce of it may be taken at a time.

*Syrup of the oak of Jerusalem, in Latin, Syrupus Botryos.*

Take of the Herbs, oak of Jerusalem, Hedge mustard, Nettles, each two handfuls, Coltsfoot one handful and a half, boil them in a sufficient quantity of Fountain water in a bath, to a quart of the clear liquor strained, add the juice of Turneps paired and boiled in Fountain water, change the water twice, and when they are soft press out the juice gently ; add of this juice, having cleared it self by standing, one pint, fine Sugar three pound, boil it to a Syrup in a bath, when there is occasion to use it.

*Virtues.* It is a good pectoral Syrup, and cures ulcers of the lungs.

*Dose.* An ounce of it may be taken at a time.

*Compound Syrup of Peony, in Latin, Syrupus Pæoniæ Compositus.*

Take of the fresh roots of both the Peonies gathered at full moon, sliced and infused a day, in fragrant white Wine each an ounce and an half, of  
Contra-

Conrayerva half an ounce, Syler Mountain five drams, of Elk's hoof one ounce, of the herbs of Rosmary with the flowers one handful, of Bettony Hyssop, wild Marjoram, ground pine, Rue, each three drams, of the wood Aloes, cloves, the seeds of the lesser Cardamon, each two drams, of Ginger and Spicknard, each one dram, of Stechas and Nutmegs, each two drams and an half, after a warm digestion for a day in three quarts of the distilled water of the roots of Peony, boil them to two in a bath, strain it, and with four pound and an half of white Sugar boil it to a Syrup in a bath.

*Virtues.* It is excellent for diseases of the head and nerves.

*Dose.* One ounce of it may be taken at a time.

*Syrups of Pomgranats, in Latin, Syrupus Granatorum.*

Take of white Sugar a pound and an half, of the juice of Pomgranats clarified one pint, make a Syrup in a bath.

*Virtues.* It strengthens the stomach, and is astringent, and quenches thirst, and is used for ulcers of the mouth.

*Dose.* An ounce of it may be taken at a time.

*Syrup of red Poppies, in Latin, Syrupus de Papavere erratico.*

Take of the fresh flowers of red Poppies two pounds, pour upon them two quarts of hot fountain water, after they have stood a day, make a new infusion of fresh flowers, strain it clear, and boil it to a Syrup in a bath, with an equal weight of Sugar.

*Virtues*

**Virtues** It is an excellent Syrup for plurifies, and inflammations of the Lungs, and is somewhat a-dyn.

**Dose.** Half an ounce or an ounce of it may be taken at a time.

**Syrup of Quinces, in Latin, Syrupus Cydoniorum.**

Take of the clear juice of Quinces three quarts, boil it gently till half is consumed, take off the scum as it rises, and add to it three pints of red astringent wine, with four pound of white Sugar, and boil it to a Syrup, add to it a dram and an half of Cinnamon, of Cloves and Ginger two Scruples.

**Virtues.** It is an excellent Syrup for the Stomach, and stops vomiting and fluxes of the belly.

**Dose.** An ounce of it may be taken at a time.

**Syrup of dried Roses, in Latin, Syrupus de Rosis Siccis.**

Take of Fountain water two quarts, make it very hot, and infuse in it by degrees half a pound of red Roses dried in the Sun, strain it the next day, and with two pound of Sugar make a Syrup.

**Virtues.** It is an astringent Syrup, and good in fluxes, and strengthens the stomach and stops vomiting.

**Dose.** An ounce of it may be taken at a time.

**Compound Syrup of Scabious, in Latin, Syrupus scabiosæ Compositus.**

Take of the roots of Elecampane, Polypody of the oak, each two ounces, of Raisins of the Sun dried one ounce, of Sebestens twenty, of the leaves Coltsfoot, Lungwort, Savory, Calamint, each an

an handful and an half, of Liquorice cleas'd be  
 an ounce, of the best Spanish Tobacco, and of the  
 seeds of stinging Nettles, each three drams, be  
 them all in a bath, the first two roots being infused  
 the day before in a sufficient quantity of White-wine  
 diluted with warm water, strain out hard two quarters  
 clarify it, and add of the juice of Scabious clarified,  
 four ounces and an half, of white Sugar five  
 pound, make a Syrup in a Bath, add to it twenty  
 drops of spirit of Sulphur by the bell.

*Virtues.* It is a good Syrup for the Lungs, when  
 they are obstructed, and it is also reckoned good in the  
 itch.

*Dose.* A spoonful of it may be taken at a time.

*Syrup of Stechas, in Latin, Syrupus de Stechas  
 chade.*

Take of the flowers of Stechas four ounces,  
 Rosemary half an ounce, of the herbs Thyme, Cal-  
 minth, wild Marjoram, each an ounce and an half  
 of Sage and Bettony, each half an ounce, of the  
 seeds of Rue, Peony, and Fennel, each three drams,  
 having digested them a day or two with a sufficient  
 quantity of warm Fountain water, boil it in a  
 Bath, strain it, and to five pints of the clear liquor  
 add five pound and an half of Sugar, make a Syrup  
 in a Bath, add to it a few drops of the oil of  
 Cinnamon.

*Virtues.* It is good for the head and nerves.

*Dose.* An ounce of it may be taken at a time.

*Syrup of Turnep, In Latin, Syrupus Rapa-*

Take of sliced Turneps and white Sugar, each  
 half a pound, put them into an earthen pot, make  
 a lay of one, and a lay of one another, cover



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with paper, and bake it with bread, when it is drawn  
press out the juice, which will be of the consistence  
a Syrup.

*Virtues.* It is good for Coughs, and at the begin-  
ning of Consumptions.

*Dose.* Take a Spoonful of it morning and even-  
ing.

*Syrup of Steel, in Latin, Syrupus Chaly-  
bis.*

Take of the filings of Steel or Iron one ounce, of  
White-wine a pint, mingle  
them and shake them every day, for the space of a  
Month, with a pound of white Sugar make a Sy-  
rup.

*Virtues.* It opens Womens obstructions, is good for  
Hypochondriack Melancholly, the Scurvy, Dropsy, and  
the like.

*Dose.* A Spoonful of it may be taken night and  
morning, for the space of a Month, two, or three.

*Syrup of Violets, in Latin, Syrupus Viola-  
rum.*

Take of fresh flowers of Violets cleansed one  
pound, of hot clear water two pints and an half,  
keep it close stopped in a new glass pot a day;  
then press it out, in a quart of the liquor, dissolve in  
bath four pound of fine Sugar, take off the scum  
as it rises, and make a Syrup without boiling.

*Virtues.* It is a good cooling Syrup, and is pecto-  
ral, and is used in fevers, and sometimes mixed with  
hysters.

*Dose.* Half an ounce of it may be taken inward-  
ly at a time.

*Simple*

*Simple Syrup of wormwood, in Latin, Sympus absynthii simplex.*

Take of the juice of common wormwood clarified, of Sugar clarified each four pound, make Syrup; the same way are prepared the simple Syrups of the juice of Bettony, Borrage, Bugle, Carduus Benedictus, Camomel, Succory, Endive, Hedge Mustard, Strawberries, Fumitory, Ground ivy, St. John's-wort, Hops, Mercury, of the fresh tops of Moushear, Plantain, Apples, purslain, Rabbits, Sage, Scabious, Scordium, Houseleek, Cowfoot, Speedwel, and of other juices that are not acid.

*Virtues.* Syrup of wormwood is good to strengthen the Stomach, to stop vomiting, and for a dropsy.

*Dose.* Half an ounce of it may be taken at a time.

*Honey Medicines, and Medicines made of Honey and Vinegar, in Latin, Melita & Oxymelita.*

*Mercurial Honey, in Latin, Mel Mercuriale.*

Take of the juice of Mercury three pints, of Honey two pound, clarify and boil them to the consistence of Honey.

*Virtues.* It is used in Glisters.

*Honey of Mulberries, in Latin, Diamorbum.*

Take of the juice of Mulberries, of the Tree and Shrub gathered before they are ripe, and before the Sun is up, and cleared by standing, each a pint and an half, of strained Honey clarified two pound

them to a due thickness in a Bath.

*Virtues.* It is commonly used for inflammations, and mouths.

*Honey of Roses, in Latin, Mel Rosarum.*

Take of Red Roses not full blown two pound, the best Honey six pound, set them in the Sun according to art.

*Virtues.* It is used to heal ulcers of the mouth and throat.

*Simple Oxymel, in Latin, Oxymel simplex.*

Take of the best Honey two pound, of the clear water three pints and an half, boil the Honey and Water in a glazed earthen pot, scumming of it continually with a spoon that hath holes; add by degrees one pint of White Wine Vinegar, boil it over a gentle fire to the consistence of a liquid Sy-

*Virtue.* It cleanses ulcers of the Lungs; it may be taken with a Liquorice stick.

*Simple oxymel of Squills, in Latin, oxymel Scilliticum Simplex.*

Take of clarified Honey three pound, of Vinegar of Squills a quart, boil them according to art.

*Virtues.* It is very cleansing and healing to the Lungs, and helps expectoration; it is a gentle vomit, and is most commonly given with other things.

*Dose.* When you design to vomit with it, you may give two ounces of it at a time, when it is used for obstructions of the Lungs, it is best to mix with an ounce of it with two ounces of some pectinial Syrup, as with Syrup of Liquorice, Maiden-hair, or the like.

*Oxymel*

*Oxymel Julianizans.*

Take of the bark of Capper roots, of the ro  
of Orris, Fennel, Parsly, Kneeholm, Succory, a  
paragus, Cyperus, each half an ounce, of  
Herbs, Hartf-tongue, Tamarisk, Schenanth, e  
half an handful, of the seeds of sweet Fennel  
an ounce, infuse them in Vinegar and water,  
each a pint and an half, afterwards boil away  
strain it, and with clarified Honey and Sugar,  
half a pound, make a Syrup of the thicknes  
Honey.

*Virtues.* This opens obstructions, is good for  
eases of the Lungs, and Hypochondriack Melanch  
and for the Rickets, it also forces Urin.

*Dose.* Two or three ounces of it may be ta  
at a time.

*Rob, or Sapa.*

*Rob of Berberries, in Latin, Rob de B*  
*beris.*

Take of the juice of Barberries strained one  
of white Sugar half a pound, with the gentle  
of a Bath, boil them to a due thicknes.

*Virtues.* It quencheth thirst, cools and strengt  
the stomach, and procures appetite.

*Juice of Liquorice, in Latin, Succus G*  
*cyrrhizæ Simplex.*

Take of Liquorice Roots well cleansed, and g  
ly bruised, as much as you please, infuse them  
days in Fountain water, so much as may rise  
fingers breadth above them, then boil it a little  
press it out, afterwards boil it with a gentle heat  
the due consistence of a juice.

*Virt*

*Virtues. It is good for coughs and for diseases of the Lungs.*

*Loboch's.*

*Loboch of the Pine, in Latin, Lohoch e pino.*

Take of pine nuts fresh and cleansed, fifteen  
drams, of sweet Almonds Blanched, of Hazel nuts  
sightly tosted, of Gum Tragacanth, Arabick, of the  
powder of Liquorice, and juice of the same, of white  
Maiden hair, and the roots of Orris, each  
two drams, of the pulp of yellow Dates two  
ounces, of bitter Almonds a dram and an half,  
Honey of Raisins, and of white Sugar, each  
four ounces, of oyl of sweet Almonds, to be added  
at the time it is used, if there be occasion half an  
ounce, of the best Honey a pound and an half, dis-  
solve the Gums in four times their weight of Maiden-  
hair water, till they are quite soft, pulp them through  
Maiden Hair five, and mingle with them two pounds of  
the best Honey over a gentle fire, stirring it a long  
while with a wooden Spatula; afterwards sprinkle  
the fine powders of Orris, Maidenhair, Liquorice,  
Sugar, Starch, then the Dates, Pin nuts, Almonds,  
and Hazelnuts, which must be cut small, and beat  
them apart, in a marble mortar, and mix them well,  
then add the Gums mixed with the Honey of Raisins,  
wherein the juice of Liquorice is first to be dis-  
solved) and take the vessel from the fire, and stir  
the things a little while, that they may be well  
mixed, add the fresh oyl; if you are to use it pre-  
sently, and make a Lohoch.

*Virtues. It is good for Coughs and Heat of Urine,  
and is to be taken with a Liquorice stick.*

*Loboch*

*Lohoch of Purslain, in Latin, Lohoch*  
*Portulaca.*

Take of the juice of Purslain strained, a quart  
of the Troches of the Lemnian Earth two drams  
of the Troches of Ambar, of Gum Arabick, of Dragons  
blood, each one dram, of the blood stone  
Hairs down burnt, each two scruples, of white Sugar  
one pound, mix them, and make a Lohoch.

*Virtues.* This is an astringent Medicine, and  
good for Fluxes, Ruptures, and the running of  
Reins.

*Dose.* Two or three drams of it may be taken  
at a time.

*Lohoch of the Lungs of a Fox, in Latin, Lohoch*  
*e pulmone vulpis.*

Take of the Lungs of a Fox rightly prepared,  
the juice of Liquorice, Maidenhair, the seeds of  
Anise and Fennel, each equal parts, of Sugar boiled  
to a Syrup in Coltsfoot, and Scabious water, the  
times as much as all the rest; add the other things  
finely powdred, and mix them very well together  
and make a Lohoch.

*Virtues.* It is excellent for ulcers of the Lungs.

*The Healing Lohoch, in Latin, Lohoch*  
*Sennans.*

Take of the leaves of Garden Hyssop, and  
Calaminth, each half an ounce of Jujubes, and  
bestines, the stones being taken out, each fifteen pounds  
of Raisins of the Sun stoned, and of fat Figs, of  
Dates, each two ounces, of Linseed, and Fenugreek  
seeds, each five drams, of Maiden-hair one hundred  
pounds, of the Seeds of Anise, and Fennel, and the Ro

of Orris cut, of Liquorish bruised, and Cinnamon, each half an ounce, boyl all in two quarts of clear water, until half is consumed, then add Penidiar, Sugar two pound, of Gum Tragacanth, and Gum Arabick, dissolved in the Decoction above mentioned, each three drams, boil it to a Syrup; afterwards cut small and bruise five drams, of Pine nuts, sweet Almonds blanched, Liquorice and Starch, each three drams, of roots of Orris two drams, sprinkle these into the Syrup taken off the fire, and stir it well about with a wooden Spatula, till it is white.

*Virtues* It is very good for Coughs, and diseases of the Lungs.

*Conserves of Roots, Stalks, Flowers, Fruits, Barks, Pulps.*

Take of Eringo roots, as much as you please, cleanse them within and without, and take out the pith; infuse them one or two days in clear water, change it some times, and dry them with a cloath; then take an equal weight of white Sugar, put it into as much rose water as is sufficient to dissolve it; remove it from the fire, and take off the scum, afterwards boil it up almost to the consistence of a Syrup, add the roots which are also to be boiled a little, till the superfluous moisture is consumed, and it has obtained the consistence of a Syrup; much in the same manner are preserved the roots of sweet smelling flag, Angelica, Borrage, Bugloss, Succory, Elecampan, Burnet, Satyrion, Comfrey, Ginger, Zedoary.

Take of the Stalks of Artichoaks not too ripe, as many as you please, of which take only the pith, boil them with an equal quantity of Sugar, as before, till they are preserved; so are preserved the stalks of Angelica, Burdock and Lettice, gathered before they are too ripe.

D      Take

Take of the bark of fresh Oranges, as much as you please, take off the outward yellow peel, infuse it three days in Fountain water, change the water often, then put them into Sugar, boiled as before, and preserve them, in like manner are preserved the peels of Citrons, Lemons, and the like.

Take of the flowers of Citron, as many as you please, and preserve them in Sugar; the same way are preserved the flowers of Oranges, Borrage, Primroses, and the like.

Take Apricocks as many as you please, peel off the outward skin, and take out the stones and mingle them with an equal weight of white Sugar, then simmer four hours take them out, and boil the Sugar without any other Liquor; then put them in again and boil them according to art: Other Fruits are preserved much in the same manner, as whole Berries, Cherries, Cornels, Quinces, Peaches, Common Apples, the five species of Myrobalans, Hazelnuts, Walnuts, Nutmegs, Raisins, Pepper in the branches from India.

Garden and wild Pruns, Pears, and Grapes, Pulp are also preserved, as of Barberries, Cassia, Citron Hips, Quinces, wild Pruns, and the like.

Take of Barberries as many as you please, boil them in a sufficient quantity of Fountain water, till they are soft; then pulp them through a sieve, till they may be cleared of their stones, afterwards boil them in an earthen vessel, over a gentle fire, till they are so dry that they should burn, till the watry humor is consumed, then to six pound of the pulp add ten pound of Sugar, and boil them to a due consistence.

Broom-buds, Capers, Olives, and the like, are preserved in pickle, lastly, among Barks, Cinamon, among Flowers, Roses, and Marygold flowers.



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rs, among Fruits, Almonds, Cloves, Pine-apples, Pistaches, and the like, are said to be preserved, to all Seeds and Twigs, but with this difference; that for the most part, they are crusted with Sugar, and therefore are more properly called Confections.

### *Conserves and Sugars.*

#### *Conserves.*

Of the Herbs Wormwood, and wood Sorrel, of the flowers of Bettony, Borrage, Bugloss, Marigolds, Gillyflowers, and Succory, of the leaves of curvy-grass, of Hips, of the Roots of Elecampane, of the tops of Fumitory, of Broom-buds, of red Roses, Flowers of Rosemary, Peony, Violets, Lilly of the Valleys, of all these are made Conserves, with twice their weight of fine Sugar: But it is to be noted, that they are not all to be mingled alike; for some are to be first cut, bruised, and gently boyled, others are to be neither cut, bruised, nor boyled, and some lastly require only one of these, and others all; but one of these. But any Artist may easily avoid Mistakes by this one premonition.

#### *Sugars.*

##### *Pearled Sugar.*

Is made with Sugar boyled in half the weight of rose-water, towards the end, add to each pound of Sugar half an ounce of prepared Pearl, and eight ten leaves of Gold.

*Penidiat Sugar, in Latin, Saccharum Penidium.*

It is made with Sugar dissolved in barley water, over a gentle fire, and well beat with whites of eggs and twice clarified. As it boyls, strain it through a

cloath, and boyl it again gently, until it rise in bubbles, and being chewed does not stick to your teeth, then pour it upon a marble besmeared with oyl of Almonds, (letting first the bubbles sink, after it is removed from the fire) bring back the outsides of it to the middle, till it looks like larch Rosin; then your hands being rubed with white starch, you may draw it into threads, either short or long, thick or thin, as you please.

*Sugar of Roses, in Latin, Sacharum Rosatum Tabulatum.*

Take of the flowers of Red Roses, the whites cut off and dryed quickly in the Sun, one ounce, of fine Sugar one pound, dissolve the Sugar over the fire in four ounces of red Rose water, and in four ounces of the juice of the same, which being evaporated by degrees, add the Roses powdred, mingle them, and pour them on a stone, and so make Tablets.

### *Species, or Powders.*

*Aromatick Rosat, in Latin, Aromaticum Rosatum.*

Take of red Roses, the white being cut off, fifteen drams, of Liquorice Rasped, seven drams, of the wood of Aloes, and of yellow Sanders, each three drams, choice Cinnamon five drams, of Clove and Mace, each two drams and an half, of Gum Arabick, and Tragacanth, each eight scruples, of Nutmegs, the greater Cardamoms, and Galingale each one dram, of Spick Indian, and Nard, each of Ambergrease, each two scruples, of Musk one scruple, make a powder to be kept in a glass or glazed pot.

*Virtues. It is cordial, strengthens the stomach, and expels wind.*

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*Dose.* Half a dram or a dram of it may be taken at a time.

*Compound power of Crabs claws, in Latin,*  
*pulvis e chelis Cancrorum Compositus.*

Take of prepared pearl, of Crabs eyes, red Coral, white Amber, Hart's Horn prepared Philosophically, oriental Bezoar stone, each half an ounce, powder of the black tops of Crabs claws, the weight of all, make a powder, which with the jelly of English vipers skins, may be made into small balls, to be dried carefully, and to be kept for use.

*Virtues.* This is commonly called *Gascoigns Powder*, and is reckoned good to expel malignity and to revive the Spirits.

*Dose.* Twenty grains or half a scruple of it may be taken at a time.

*The Temperate Cordial species, in Latin, species cordiales Temperatae.*

Take of the wood of Aloes, of the spodium of Ivory, each one dram, of Cinnamon, Cloves, bone of a Stags Heart, of the roots of Angelica, Avena, tormentile each a dram and an half, of prepared pearl six drams, of raw silk toasted, of both the Clove corals, each two drams, of Hyacinths, Emeraulds, Garnet and Saphyrs, each half a dram, of Saffron one scruple, of the leaves of Gold and Silver, each ten; Ambargrass, and Musk, each half a dram, and make a powder according to art.

*Virtues.* It is reckoned good for melancholy, and revives the Spirits.

*Dose.* A scruple, or half a dram may be taken at a time.

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*Species of Calaminth, in Latin, diacalaminthes Simplex.*

Take of Mountain Calaminth, Pennyroyal, wild Marjoram, the seeds of Stone Parsly, *English and Macedonian*, of each two drams, of the seeds of Smalage, and of the tops of Thyme, each half an ounce, of the seeds of Lovage, and of white Pepper, each one ounce, make a powder according to art.

*Virtues.* It expels wind, forces urine, and courses, and strengthens the stomach.

*Dose.* Half a dram of it may be taken at a time.

*Compound powder of Wake-Robin roots, in Latin, Pulvis Radicum Ari Composita.*

Take of the powder of the roots of Wake-Robin two ounces, of common water flag, and of Burnt Saxifrage, each one ounce, Crabs eyes half an ounce, of Cinnamon three drams, of Salt of Wormwood and Juniper, each one dram, mingle them, and make a powder.

*Virtues.* It is reckoned an excellent powder for the Scurvy, it is said to be good to provoke the courses, and to expel Malignity.

*Dose.* Half a dram of it may be taken at a time.

*Species of Orris roots simple, in Latin, Species diatreos Simplex.*

Take of orris roots half an ounce, Sugar Candy and the species Diatrageanth frigid, each two drams, make a powder.

*Virtues.* It is good for coughs and colds, hoarseness and shortness of breath.

*Dose.* A dram of it may be taken at a time.

*Species*

*Species of Gum Lac, in Latin, Species dialaccæ.*

Take of Gum Lac prepared, of the roots of Rhaponticum, each three drams, Schenanth of Spike Indian, and Nard, and of Mastich, of the juice of wormwood, and Agrimony thickned, of the seeds of Smalage, Bishops-weed, Fennel, Anise, Savin, bitter Almonds cleansed, Myrrh, Zedoary, the roots of Madder, Asarabacca, Birth-wort, round and long, Gentian, Saffron, Cinnamon, dried Hyssop, woody Cassia, Bdellium, each a dram and an half, Black Pepper and Ginger, each one dram; make a powder according to art.

*Virtues.* It purifies the blood, it opens obstructions of the Liver, Spleen, and Gall Bladder, it is good for the Dropsy, and Jaundice, and expels wind.

*Dose.* Half a dram of it may be taken at a time.

*The Cordial Magisterial Powder, in Latin, Pulvis Cardiacus Magistralis.*

Take of Orientale Bezoar stone, of the Bone of a Stags Heart, each a dram and an half, of white and red Coral prepared, of white Ambar, of prepared Pearls, of Hartshorn prepared, of Rasped Ivory, of oriental Bole, of German, Samos, and Lemnian Earths, of Elks hoof Rasped, and of the roots of Tormentilla, each one dram, of the wood of Aloes, and the bark of Citron, of the roots of Angelica, and Zedoary, each two scruples, twenty leaves of Gold, a scruple of Ambergrease, Six grains of Musk; mix them, and make a powder.

*Virtues.* It is good for Malignant and Pestilential diseases, it stops fluxes, is cordial, cures melancholly, and revives the spirits.

*Dose.* Half a dram of it may be taken at a time.

*The species Diamargarit frigid, in Latin, Species Diamargariton frigidæ.*

Take of the four greater cold seeds cleansed, the seeds of Purslain, White Poppy, Endive, Wood Sorrel, Citrons of the three Sanders, wood of Aloes, Ginger, the Flowers of red Roses, the whites being cut off, water Lilly, Bugloss, Violets, Myrtle-berries of the bone of a Stags Heart, Ivory, the roots of Contrayerva, Cinnamon, each one dram, of both the Corals, each half a dram, of clear Pearles three drams, of Ambergrease, and Camphor, each six grains, of Musk two grains, make a powder.

*Note.* The greater cold seeds, and the poppy seeds are to be added when this species is to be used, and then you are to add a scruple of the seeds to every dram of the species, the like is to be observed in the rest of the species, whereof these seeds are ingredients.

*Virtues.* It is good in Fevers, for Coughs, and for Pains of the Stomach.

*Dose.* A scruple or half a dram of it may be taken at a time.

#### *Species Diambra.*

Take of Cinnamon, roots of Angelica, Cloves, Mace, Nutmegs, Indian leaf, Galingal, of each three drams, of Indian Spick, the greater and lesser, Cardamoms, each one dram, of Ginger one dram and an half, of the wood of Aloes, yellow Sanders, and long Pepper, each two drams, of Ambergrease one dram and an half, Musk half a dram, make a powder.

*Virtues.* It expels wind, strengthens the Stomach, and the spirits.

*Dose.* Half a dram of it may be taken at a time.

*Species.*

*Species Diamoschu dulcis*

Take of Saffron, Galingal, Zedoary, wood of Aloes, Mace, each two drams, of white Pearls, of raw silk dried and powdered, of white Ambar, and red Coral prepared, Gallia Moschata, of the seeds of Basil, each two drams and an half, of Ginger, Cubebs, and long Pepper, each one dram and an half, of Nutmeg, Indian leaf, or Cinnamon, and of Cloves, each one dram, of Musk two scruples, make a powder.

*Virtues.* It strengthens the stomach, it is good for diseases of the head, and revives the spirits.

*Dose.* A scruple or half a dram of it may be taken at a time.

*Species of Rosmary flowers, called, species dianthos.*

Take of Rosmary flowers one ounce, of red Roses, Violets, and Liquorice, each six drams, of Cloves, Indian Spike, Nutmeg, Galingal, Cinamon, Ginger, Zedoary, Mace, wood of Aloes, the lesser Cardamoms, the seeds of Dill and Anise, each four scruples, make a Powder.

*Virtues.* This is good for diseases of the head, expels wind, and strengthens the stomach.

*Dose.* A scruple or half a dram may be taken at a time.

*Diarrhodon abbatii.*

Take of White and red Sanders, each two drams and an half, of Gum Tragacanth, Arabick, Ivory, each two scruples, of the roots of Asarabacca, Mastich, Indian Spike, Cardamoms, juice of Liquorice, Saffron, wood of Aloes, Cloves, Gallia, Moschata, the seeds of Anise, Fennel, Cinnamon, Rhaponticum,

of the seeds of Basil, Barberries, Succory, Purslain of the four greater cold seeds cleansed, of white Poppy, each one scruple, of Pearls, and of the bone of a Stags heart, each half, a scruple of red Roses, the white cut off an ounce and three drams of Camphor seven grains, of Musk four grains make a powder.

*Virtues.* It is cooling, and good for Coughs, and helps expectoration.

*Dose.* Half a dram of it may be taken at a time.

*Species Diatrachanthi frigidi.*

Take of Gum Tragacanth two ounces, Gum Arabick, one ounce and two drams, of white Star half an ounce, of Liquorice, of the seeds of Melons, white Poppies, each three drams, of Citruls Cucumbers, Gourds, each two drams, penidiat Sugar, three ounces, of flowers of water Lilly one scruple, make a powder.

*Virtues.* It is used in Coughs, for Catarrhs, and Pleurisy.

*Dose.* A dram of it may be taken at a time.

*Species of the three Sanders, in Latin, Specus diatrachion Santalon.*

Take of all the Sanders, sprinkled in beating with few drops of rose water, of red Roses each three drams of Rhaponticum, Ivory, juice of Liquorice, seeds of Purslain, each two drams and fifteen grains, of Gum Arabick, Tragacanth, the seeds of Melons, Cucumbers Citruls, Gourds, Succory, each one dram and an half of Camphor one scruple; make a powder.

*Virtues.* It is good for ulcers in the Lungs running the Reins, and for heat of urine.

*Dose.* A dram of it may be taken at a time.



*Pubols Haly.*

Take of the seeds of white Poppy ten drams, of white Starch, of Gum Arabick and Tragacanth, each three drams, of the seeds of Purslain, Marshmallows, Mallows, each five drams, of Cucumbers, Mellons, Gourds, Citruls, and Quinces cleansed, each seven drams, of Ivory and Liquorice, each three drams, of white Ambar two drams, Penidiat Sugar the weight of all, make a powder.

*Virtues.* It is good for heat of Urine, a Pleurisy, Ulcers of the Lungs, and is excellent for Coughs, and Catarrhs.

*Dose.* A dram of it may be taken at a time,

*Species Leticans.*

Take of the flowers or seeds of sweet Basil, of Saffron, Zedoary, yellow Sanders, Cloves, barks of Citron, Galingal, Mace, Nutmegs, Storax Calamit, each two drams and an half, of Ivory Rasped, of the seeds of Anise, Thyme, Dodder of Thyme, each one dram, of the bone of a Stags heart, of Pearls, Camphor, Ambergrease, and Musk, each half a dram, of the leaves of Gold and Silver, each half a Scruple, make a powder.

*Virtue.* It is counted good for Melancholy.

*Dose.* Half a dram of it may be taken at a time.

*Species Confectionis Liberantis.*

Take of the roots of Tormentil, of the seeds of Sorrel, Endive, Coriander and Citron, each one dram and an half, of all the Sanders, of the roots of white Dittany, each one dram, of Bole armoniack, and Lemnian Earth, each three drams, of Pearls, of both the Corals, of white Ambar, of Ivory, and of the bone of a Stags Heart, of the roots of Virginian

ginnian Snake-weed, of Avens, Angelica, Carduus  
 morns, Cinnamon, of each a dram, of Mace, wood  
 of Aloes, wood of Cassia, Saffron, Zedary, each  
 half a dram, of Penidiat Sugar, Fragments, of  
 Emeraulds, Jacynth's, Granats, flowers of water  
 Lillys, Buglofs, red Roses, each a scruple, Camphor  
 seven grains, Musk, Ambergrease, each three grains,  
 make a powder.

*Virtues.* It is counted good against malignant diseases, and to prevent infection.

*Dose.* A scruple or half a dram of it may be taken at a time.

*Powder called Thuraloos.*

Take of Franckincense one dram, of Aloes half a dram; make a powder, when you use it, mix it with the white of an egg, and bring it to the consistence of Honey, mixing with it Hares down.

*Virtues.* It is good to be used in wounds, to stop blood; it must be applied over all the wound, and bound well on.

*Compound powder of Senna, in Latin, Pulvis Sennæ Compositus Major.*

Take of the seeds of Anise, Carraways, Fennel, Cumin, Spicknard, Cinnamon, Galingal, each half an ounce, Liquorice, Gromwel, each an ounce, of Senna the weight of all, make a powder.

*Virtues.* It is a gentle purge, and expels wind.

*Dose.* Two or three drams of it may be taken at a time.

*The Earl of Warwick's Powder, in Latin, pulvis Comitæ Warvicensis,*

Take of Scamony Sulphurated, two ounces, of Diaphoretick Antimony one ounce, of Crystals, of Tartar,

Tartar, half an ounce, mingle them and make a powder.

*Virtues.* It purges watry humors, and is good for Rheumatisms, Dropsies, and Pox.

*Dose.* A scruple, or half a dram of it may be taken at a time.

*Electuaries.*

*Confection of Alkermes, in Latin, Confectio Alkermes.*

Take of the juice of fragrant Apples, of Rose-water, each a pint and an half, Syrup of the grains of Kermes a quart, of Sugar a pound, boil them to the consistence of Honey, take it from the fire, and while it is hot, add two drams of Ambergrease, dissolved in a few drops of oyl of Cinnamon, having well mixed them, add the following powders, of choice Cinnamon, of the best wood of Aloes each six drams, of clear Pearls prepared two drams, of leaf-gold, one dram, of the best Musk half a scruple, mingle them.

*Virtues.* It is reckoned Cordial, and good in Petilential Fevers.

*Dose.* A dram of it may be taken at a time.

*Electuary of Sassafras, in Latin, Electuarium e Sassafras.*

Take of the fragrant wood of Sassafras two ounces, of common water three pints, boil it to the consumption of a third part, adding towards the end, half an ounce of Cinnamon bruised, strain the liquor, and with two pound of white Sugar, boil it to a thick syrup, adding to it two drams of Cinnamon powdered, of Nutmegs powdered half a scruple, of Ambergrease, xxxij. gr. Musk gr. iij. of the

the leaves of Gold number ten, of spirit of Vinegar four drops, make an Electuary.

*Virtues.* It is a good drying Medicine, and is proper for tickling Coughs, and Consumptions.

*Dose.* A dram of it may be taken at a time.

*Electuary of Lawrel berries, in Latin, Electuarium e Baccis Lauri.*

Take of the leaves of Rue dried ten drams, of the seeds of Bishop-weed, Cumin, Lovage, wild Marjoram, Nigella, Carraways, wild Carrots, Parsly, Bitter Almonds, black and long Pepper, Horse-mint, sweet smelling Flag, Lawrel berries, Castor, each two drams, Sagapenum half an ounce, Opoponax three drams, clarified Honey a pound and an half, the things to be beaten being beaten, towards the end add the Gums dissolved in White-wine, and make an Electuary.

*Virtues.* It is good for the Cholick, strengthens the stomach, and expels wind.

*Dose.* A dram of it may be taken at a time half an ounce of it is commonly given in Glister for the same purposes.

*Confectio De Hyacinto.*

Take of the fragments of Jacynth, of red Coral, of Bole Armonick, of sealed earth, each half an ounce, of the grains of Kermes, of the roots of Tormentile, and Dittany, of the seeds of Citron cleansed, of Sorrel, of Purslain, of Saffron, of Myrrh, of red Roses, the whites cut off, of all the Sanders, of the bone of a Stag's heart, of Harbottle horn, of the Rasplings of Ivory, each four scruples of Saphyrs, Emeraulds, Topaz, Pearls, Leavers of Gold, and Silver, each two scruples, of Camphire

Mus

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Musk, and Ambargrease, each five grains, with Syrup of Lemons make a Confection.

*Virtues.* It's Cordial and good in the Plague, it revives the Spirits, and is good in Hætick Fevers.

*Dose.* A scruple or half a dram may be taken at a time.

### *Diatryrion.*

Take of the roots of fresh Satyrion three ounces, of the Pulp of Dates, sweet Almonds, of Pine Apples, Pistaches, and of Ginger Candied, and of Eringo roots Candied, each one ounce, of Cloves, Galingal, long and black Pepper, each three drams, of Ambargrease, one scruple, of Musk two scruples, of penides four ounces, of Cinnamon, and Saffron, each half an ounce, of Malaga Sack three ounces, of Nutmegs, Mace, and Grains of Paradise, each two drams, of the seeds of the Ash, of the Bellies and Loyns of Scinks, of factitious Borax, and Benzoin, each three drams, of the wood of Aloes, and Cardamons, each two drams, of the seeds of Nettles and Onions, and of the roots of Avena, each one dram and an half; beat all the Simples, and mix them, then with two pound and one half of Syrup of Ginger, make an Eleetuary.

*Virtues.* It is chiefly used to provoke Languid venery.

*Dose.* Half an ounce of it may be taken at a time.

### *Diascordium.*

Take of Cinnamon, woody Cassia, each half an ounce, of true Scordium one ounce, of Dittany of Crete, Tormentile, Bistort, Galbanum, Gum Arabick, each half an ounce, of Storax Calamit, four drams and

and an half, of Opium, and the seeds of Sorrel, each one dram and an half, of Gentian half anounce, Bole Armonick, of Lemnian Earth sealed, half an ounce, of long Pepper, and Ginger, each two drams, of white Honey Clarified, two pound and an half, of Sugar of Roses one pound, of good Canary eight ounces, make an Electuary.

*Virtues.* It is good against Malignity, and to prevent Infection; it is good to stop all sorts of Fluxes, and it gives rest; it is also good to stop the Hiccup.

*Dose.* A dram, or two drams of it may be taken at a time, but a scruple or less may be sufficient for a child.

*Mithridat, in Latin, Mithridatium.*

Take of *Arabian Myrrh*, Saffron, Agarick, Ginger, Cinnamon, Spicknard, Franckincense, Treacle Mustard seed, each ten drams, of Selsey seeds, Opobalsamum, or Oyl of Nutmegs by expression, of sweet smelling Rush, of *Arabian Stechas*, of true Costus, of Galbanum, Cyprian Turpentine, long Pepper, Castoreum, of the juice of Hypocistis, of Storax Calamita, Opopanax, of fresh Indian leaf, or for want of it of Mace, each one ounce, true woody Cassia, Polymountain, white Pepper, Scordium, of the seeds of Cretick, Daucus, Carpo-balsamum, or of Cubebs, Troches, Cypheos, Bdelium, each seven drams, of Celticknard cleansed, of Gum Arabick, of the seeds of Macedonian Parsly, Opium, the lesser Cardamoms, seeds of Fennel Gentian, flowers of red Roses, Dittany of Crete, each five drams, the seeds of Anise, Asarabacca, sweet smelling Flag, the greater Valerian, Sagapenum, each three drams, of Athamantick Spicknard, Acacia, the bellies of Scinks, the tops of *St. John's-wort*, each two drams, and

and an half, of the best Canary Wine, as much as sufficient to dissolve the Gums and Juices, viz. about twenty six ounces, of clarified Honey thrice the weight of all, except the Wine, make an Electuary.

*Virtues.* It is good in Malignant diseases, and to prevent infection; it is good for bitings of venomous creatures, it promotes sleep, and eases the pain of the colick, and stops fluxes.

*Dose.* A dram of it may be taken at a time.

*Philonium Romanum.*

Take of white Pepper, of the seeds of white Henbane, each five drams, of Opium two drams and an half, of woody Cassia one dram and an half, of the seeds of Smalage one dram, of Macedonian Parsly, Fennel and Daucus, of Crete each two scruples and five grains, of Saffron a scruple and an half, of Indian Spike, Pellitory of Spain, and Medoary, each fifteen grains, of Cinnamon one dram and an half, Myrrh, and Castor, each one dram, of clarified Honey, thrice the quantity of all; make an Electuary.

*Virtues.* It's good to ease pain, and is good in the Colic, and to expel Malignity.

*Dose.* Half a dram or a dram may be given at a time.

*Electuary of the Egg, in Latin, Electuarium de ovo.*

Take a fresh Hens Egg, and having made a small hole, extract the white, fill the vacuity with good Saffron, not powdred, leave the yelk within, afterwards cover it again with an other shell put over and st it by a gentle fire in an earthen vessel, till all shall begin

begin to grow black; but take care the Saffron be not burnt, for if it should, it would be an injury to the whole Composition, take out the matter and dry it, and powder it, then add to it of white Mustard powdered an equal weight; then take of white Dittany, or of Fraxinel, and of Tormentil each two drams, of Myrrh, Hartshorn, and of the roots of Butterbur, each one dram, of the root of Angelica, Burner, Juniper-berries, Zedoary and Camphor, each half an ounce, mingle all together in a Mortar; and then add of Venice Treacle the weight of all; beat them together for about three hours, pouring on a sufficient quantity of syrup of Lemons make an Electuary.

*Virtues.* It is used in pestilential diseases, to provoke sweat, and to expel the malignity.

*Dose.* A dram or two drams of it may be taken at a time.

*Venice Treacle, in Latin, Theriaca Andromachi.*

Take of Troches of Squills forty eight drams of Troches of Vipers, long Pepper, of Thebaick opium, and Troches Hedycroy, each twenty drams, of red Roses dried, the white being cured of sweet Illyrick Orris, of the juice of Liquorice of the seeds of sweet Navew, of the tops of Scellium, opobalsam, Cinnamon, Agarick, Trochiscated, each twelve drams, of Myrrh, sweet Costus or Zedoary, Saffron, true woody Cassia, Indian Nard, Scenanth, white and black Pepper, Olibanum, Dittany of Crete, Rhapontick, Arabian Sacchar, Horehound, the seeds of Macedonian Parsley Calaminth dried, Cyprian Turpentine, the root of Cinquefoyl, and Ginger, each six drams, the



tops of Cretick poly, Ground pine, the roots of  
 eltick nard, Amomum, Storax Calamit, the roots  
 Athamantick, Spicknard, tops of Germander,  
 the roots of Rhapontick, Lemnian Earth, Indian  
 leaf, Chalcitis burned, or instead of it Roman  
 citriol burned, the roots of Gentian, Gum Arabick,  
 the juice of Hypocistis, Carpo-balsam, or Nutmeg,  
 Cubebs, the seeds of dryed Anise, Cardamoms,  
 fenel, Sefely, Acacia, or instead of it the thick-  
 ed juice of Sloes, the seeds of Treacle Mustard,  
 top of St. John's-wort, the seeds of Bishops-weed,  
 and of Sagapenum each four drams, of Castor, of  
 the roots of long Birthwort, of judaic, Bitumen,  
 Ambar, of the seeds of Cretic Daucus, Opo-  
 onax, and the lesser Centaury, and of fat Galba-  
 num, each two drams, of old Canary Wine, as  
 much as is sufficient, viz. forty ounces, wherein  
 are to be dissolved the moist Simples, and such as  
 will melt, of clarified Honey three times the weight  
 of the dryed species, make an Electuary.

*Virtues.* This is really an excellent Medicine, it's  
 used in the Plague, to expel Malignity, to prevent  
 infection, and to provoke sweat, it's good for Mother-  
 tums, and the Gout, when it is struck in, it's good for  
 Loosness, the Gripes and Collick, and is frequently  
 used with good success in great colds; but care must  
 be taken that the sick do not catch fresh cold after it.

*Dose.* Half a dram, a dram, a dram and an  
 half may be taken at a time, two drams of it giv-  
 en in a Glister, with half a pint of Milk, is ex-  
 cellent for easing the pains of the Gripes, and Co-  
 lick, and stopping a Loosness, and the bloody  
 flux.

London

*London Treacle, in Latin, Theriaca Londnensis.*

Take of Hartshorn Rasped two ounces, of the seeds of Citron, wood Sorrel, Peony, and Basil each one ounce, of Scordium, and Coralin, each six drams, of the roots of Angelica, Tormentilla Peony, of the leaves of Dittany, Lawrel, and Juniper berries, each half an ounce, of the flowers of Marygolds, Gillyflowers, Rosmary flowers, of the tops of St. John's-wort, Nutmegs, and Saffron, each three drams, of the roots of Gentian, Zedoary, Ginger, Mace, Myrrh, of the leaves of Scabious, Devils bit, Carduus Benedictus, each two drams, of Cloves and Opium, each one dram, good Canary Wine a sufficient quantity, of Clarified Honey thrice the weight of all; make an Electuary.

*Virtues.* It is much of the same virtue with the former.

*Dose.* A dram of it may be taken at a time.

*Diacrocema.*

Take of Saffron, of the roots of Asarabacca, of the seeds of Parsly, Daucus, Anise, Smalage, each half an ounce, of Rhubarb, of the roots of Athamantick Spicknard, and Indian Spike, each six drams, of true wood of Cassia, Costus, Myrrh, Scemanth Cubebs, of the roots of Madder, of the juice of Wormwood, and Maudlin thickned, of Opobalsam, or of oyl of Nutmeg, each two drams, of Cinnamon, and sweet smelling Flag, each one dram and an half, of Scordium Ceterach, and juice of Liquorice, each two drams and an half, of Tragacanth one dram, of white Sugar eight times the weight of all, dissolved in Endive water, and clarified; make an Electuary.

*Virtues.*

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*Virtues.* It opens Obstructions, it is good in the  
me, and expels Malignity.

*Dose.* A dram, or a dram and an half of it  
may be taken at a time.

### *Purging Electuaries.*

#### *Caryocostinum.*

Take of Cloves, of Candied Costus, or of Ze-  
ary, of Ginger, and Cumin, each two drams, of  
ermodactiles cleansed from the bark, of Diagry-  
um, each half an ounce, of Honey of Roses,  
rice the weight of all, powder all, except the Di-  
rydium, and mix them well with the Honey, then  
d the Diagrydium powdered apart; make an E-  
lectuary.

*Virtues.* It is chiefly used for pains of the Limbs,  
and Gout.

*Dose.* Two or three drams of it may be taken  
at a time.

#### *Extract of Cassia for Glysters, in Latin, Cas- sia extracta pro Clysteribus.*

Take of the leaves of Violets, Mallows, Mer-  
ry, Beets, Pellitory of the wall, flowers of Vio-  
lets, each one handful, make a decoction in a suf-  
ficient quantity of water (adding at the end the  
flowers of Violets) whereby the Cassia may be ex-  
tracted, and the canes washed within; then take  
the Cassia extracted by this Decoction, and boil-  
ed to a consistence, one pound, of brown Sugar  
one pound and an half; make an Electuary by boil-  
ing it.

*Virtues.* It is used in cooling Glysters for the Stone,  
and running of the Reins.

*Dose*

*Dose.* Two ounces of it may be given at a time.

*Diaphanicon.*

Take of the pulp of Dates cleansed and boiled in Hydromel, half a pound, of fresh Penids three ounces, of sweet Almonds blanched three ounces and an half; all being beat and mixed, add a pound of clarified Honey, boil them a little, then sprinkle into them of Ginger, long Pepper, and Mace, Cloves, of the leaves of Rue dried, of the seeds of Fennel and Daucus, each two drams; of Turbith finely powdered four ounces, of Diagrydium one ounce and an half; make an Electuary.

*Virtues.* It is used in Glisters, to expel wind,

*Dose.* Half an ounce, or six drams may be given at a time.

*Catholicon.*

Take of the Pulp of Cassia and Tamarinds, and of the leaves of Senna, each two ounces, of the roots of Polypody, Violets, Rhubarb, each one ounce, of the seeds of Anise, Penid's, Sugar-Candy, Liquorice, of the seeds of Gourds Citruses Cucumbers, Melons, each two drams, powder the things that are to be powdered, and take of fresh Polypody bruised three ounces, of the seeds of Fennel six drams; make a decoction in two quarts of Fountain water; boil it till the third part is consumed to the strained liquor add two pound of the best Sugar, boil them again to the thickness of a Syrup then to the pulps of Cassia and Tamarinds dissolved in part of the Decoction, and put over the fire pour by degrees the syrup, and add the powder and make an Electuary.

*Virtues*

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**Virtues.** *It is most commonly used in Glisters, to loosen.*

**Dose.** Two ounces may be given at a time.

**Lenitive Electuary, in Latin, Electuarium Lenitivum.**

Take of Raisins of the Sunstoned, of fresh Polydorus of the oak, of Oriental Senna, each two ounces, of Mercury one handful and an half, of Myrror and Sebestens, each number twenty, of Maidenhair, Violets, cleansed Barty, each one handful, of Damask prun's, and Tamarinds, each six drams, of Liquorice half an ounce; boil them in five quarts of water, to the consumption of a third part, then strain them out hard in one part of the Liquor, dissolve of the pulp of Cassia, and Tamarinds, and of fresh prunes, and Violet Sugar, each six ounces, in the other part of the Liquor, dissolve two pounds of the Sugar: Lastly, add an ounce and an half of the powder of Senna, and two drams of the powder of Anise-seeds, for every pound of the Electuary, and so make an Electuary.

**Virtues.** *It cools and purges gently.*

**Dose.** An ounce, or an ounce and an half of it may be taken at a time, two ounces of it may be used in a Glisten, with Milk and Sugar.

*The following Composition is an excellent cooling Purge.*

Take of Lenitive Electuary two drams, of Cream of Tartar half a dram, of powder of Jalap two scruples, make a Bolus with a sufficient quantity of Symplicum of Buckthorn, add to it three drops of oil of Anise; this cools and purges watry humors strongly,

ly, for weakly people use the following Medicine  
Take of Lenitive Electuary one dram, of Cream  
Tartar half a dram, of powder of Jalap one scruple, of Rhubarb powdered ten grains, with a sufficient quantity of Syrup of Roses solutive, and the drops of Oyl of Juniper, make a Bolus.

*Electuary of the juice of Roses, in Latin, Electuarium e succo Rosarum.*

Take of Sugar, and juice of Red Roses clarified in the Sun, each one pound and four ounces, of the three Sanders each half an ounce, of Mastick three drams, of Draggridium twelve drams, of Camphire one scruple, the Sanders must be Rased, and finely powdered, and sifted through a fine sieve, and the Diagrydium, powdered apart, with a drop of Oyl of sweet Almonds; then add the Camphire likewise powdered, the Mastick finely powdered, lastly with the juice of Roses boyled to a Syrup with the Sugar, and while it is hot make an Electuary.

*Virtues. This purges strongly watry humors.*

*Dose.* Two, three, or four drams may be taken at a time. The following potion will purge, without scarce any thing else will; take of Tamarind an ounce, of the leaves of Senna two drams, Rhubarb one dram and an half, boyl them in a sufficient quantity of Fountain water to three ounces, to the strained liquor add of Manna, and Syrup of Roses solutive, each one ounce, of Syrup of Buckthorn half an ounce, of the Electuary of juice of Roses two drams, mingle them and make a potion: but it must be given only to strong people.

*Hiera picra simplex*

Take of Cinnamon, Mace, Roots of Asarabacca, piknard, Mastich, and of Saffron, of each six drams, of Aloes not washed twelve ounces and an half, of Clarified Honey one pound and three ounces, make an Electuary.

*Virtues.* It opens obstructions, and purges gently, and strengthens and cleanses the stomach.

*Dose.* Two or three drams of it may be taken at a time.

*Pills.*

*Pills of Agarick, in Latin, pilulæ de agarico.*

Take of Agarick Trochiscated three drams, of the roots of our Orris, with the sky coloured flowers, of Mastich and Horehound, each one dram, of Turbith five drams, of the species of Hierapicra, half an ounce, of the Troches of Albandal, of Sarcocol, each two drams, of Myrrh one dram, of Symplicia a sufficient quantity; make a Mass for Pills.

*Virtues.* It is good for purging the Breast and lungs.

*Dose.* Half a dram, or a dram may be taken at a time.

*Aggregative Pills, or Pills that have many Virtues, in Latin, pillulæ aggregativæ sive polychrestæ.*

Take of Citron Myrobalans, and Rhubarb, each half an ounce, of the thickned juice of Hempgrimony, Mandlin, and Wormwood, each two drams, of Diagridiam five drams, of Agarick, E Troches

Troches of Albandal, and of fresh Polypody, each two drams, of the best Turbith and Aloes, each four drams, of Mastich red Roses, Sal Gemma, Dodder of Thyme, Anise, and of Ginger, each one dram with the Syrup of pale Roses, make a Mass for Pills.

*Virtue.* It is a general purging Pill.

*Dose.* A dram, or four scruples of it may be taken at a time.

### *Pilule Aloepurgine.*

Take of Cinnamon, Cloves, the lesser Cardamoms, Nutmeg, Mace, sweet smelling Flag, Carabassiam, or berries of Juniper, Scenanth, yellow Sanders, Goats Rue, red Roses, each half an ounce powder these grossly, and draw a Tincture with Spirit of Wine, in a glass Vessel well stopp'd; in three pints of the strained liquor, infuse a pound of powdered Aloes, to which when it is dissolved, add of Mastich, and Myrrh powdred, each half an ounce of Saffron two drams, of peruvian Balsam one dram then evaporate the superfluous humour over a bath or in a bath, and make a mass for Pills.

*Virtues.* It purges the Head, and cleanses the Stomach, and procures an appetite.

*Dose.* A dram, or a dram and an half may be taken at a time.

### *Aloes Rosat, in Latin, Aloe Rosata*

Take of clear succotrine Aloes powdred four ounces, of the juice of Damask Roses clarified one pint mingle them, digest them in the Sun, or in a Bath of Mariage till the superfluous moisture is evaporated, repeat



digestion, and evaporation four times, and make a Mass for Pills.

*Virtues.* It cleanses and strengthens the head and stomach, and helps digestion.

*Dose.* Half a dram, or a dram of it may be taken at a time.

Take of Aloes Rosar, half a scruple, of the Juice of Liquorice eight grains, of the Pills of Storax, and Hounds-tongue, each three grains, make three pills to be taken at bed time. These Pills do good in a Catarrh.

*Golden Pills, in Latin, Pilulæ Aureæ.*

Take of Aloes, Diagrydium, each five drams, red Roses, and the seeds of Smalage, each two drams and an half, of Fennel and Anise, each one dram and an half, of Mastich, Saffron, Troches of Alhandal each one dram; powder them, and make them up into a Mass, with Honey of Roses strained.

*Virtues.* They purge the head, expel wind, and are good in the dropsy.

*Dose.* Half a dram, or a dram of them may be taken at a time.

*Pilulæ Cochis Majores.*

Take of the species of Hiera picra ten drams, Troches of Alhandal three drams and an half, of Diagrydium two drams and an half, of Gummy Arabith, of the flowers of Arabian Stechas, each three drams, with a sufficient quantity of the Syrup of Stechas make a Mass.

*Virtues.* It purges the head, breast, and Stomach.

*Dose* A dram of it may be taken at a time.

*Pilula Cochiae Minores.*

Take of clear Aloes, of fine Scammony, and the pulp of Coloquintida, each one ounce, powder them and mix them with a sufficient quantity of Syrup of Wormwood, and Buckthorn, of each equal parts; make a Mass; add to it of oil of Cloves two scruples.

*Virtues.* They purge water powerfully.

*Dose.* A scruple, or half a dram may be taken at a time.

*Pills of Hounds-tongue, in Latin, Pilulae Cynoglossi.*

Take of the roots of Hounds-tongue dried, the seeds of white Henbane, of prepared Opium each half an ounce, of Myrrh six drams, of Olibanum five drams, of Saffron, Castor, and Storace Calamit, each one dram and an half, the roots of Hounds-tongue, the seeds of Henbane, and the Castor must be powdred together; but the Myrrh, Saffron, and Olibanum, by themselves, the Opium cut small must be dissolved in Rose water; afterwards add the powders, and with Syrup of Stevia make a Mass.

*Virtues.* It is good for Rheums, and tickling Coughs, and causes sleep.

*Dose.* Ten or fifteen grains of it may be taken at a time.

*Pills of two, in Latin, Pilulæ ex duobus.*

Take of Coloqintida, and Scammony, each one ounce, of oyl of Cloves a sufficient quantity to moisten them, then with Syrup of Buckthorn make a Mass.

*Virtues.* It is a very strong purge, and therefore to be used only in strong bodies; unless it be mixed with some gentler pill, it purges the head, and is good for the pox, and running of the reins.

*Dose.* Fifteen grains, a scruple, or half a dram may be taken at a time.

*Fetid Pills, in Latin, Pilulæ fœtidæ.*

Take of Aloes, Troches of Alhandal, Opepanax, ammoniacum, Sagapenum, Myrrh, the seeds of Rue, pithimum, each five drams, of Scammony three drams, of the roots of Turbith, half an ounce, of the lesser Spurg prepared, and of Hermodactyles, each two drams, of Ginger one dram and half, of Spicknard, Cinnamon, Saffron, Castor, each one dram, of Euphorbium prepared one scruple, of oyl of Ambar rectified half a dram, the gums must be dissolved in juice of Leeks; strain them, and boil them; then add the powders, and mix them well; make a Mass with syrup made of the juice of Leeks and Sugar.

*Virtues.* They are peculiarly proper for Womens instructions.

*Dose.* Two scruples, or a dram of them may be taken at a time.

*Pills of Hermodactiles, in Latin, Pilulæ de Hermodactilis.*

Take of Sagapenum six drams, of Opoponax three drams, dissolve them in a sufficient quantity of the juice of Colworts, and strain them through a Linnen rag, then boil them to a moderate consistence, and take of Hermodactiles, Aloes, Citron Myrobalans, Turbith, Troches of Alhandal, and of soft and fresh Bellium, each six drams, of prepared Euphorbium a dram, of the seeds of Rue, Smalage, Castoreum and Sarcocol, each three drams, of Saffron one dram and an half, make a Mass with the Syrup made of the juice of Colworts and Honey.

*Virtues.* They are a proper purge for the Gout, and pains of the joints.

*Dose.* Two scruples, or a dram of them may be taken at a time.

*Pills of Hiera with Agarick, in Latin, Pilulæ de Hiera cum Agarico.*

Take of Hiera Picra of Agarick each half an ounce, of the best Aloes one ounce, of Honey of Roses a sufficient quantity, make a Mass.

*Virtues.* It is much of the same nature with Hiera Picra.

*Dose.* Two scruples, or a dram of it may be taken at a time.

*Imperial Pills, in Latin, pilulæ Imperiales.*

Take of Aloes two ounces, of Rhubarb one ounce

and an half, of Agarick, of the leaves of Senna. cleansed, each an ounce, of Cinnamon three drams, of Ginger two drams, of Nutmegs, and Cloves, of Spicknard, and Mastich, each one dram, mix them with Syrup of Violets, and work them to a mass, with the hands besmeared with oyl.

*Virtues.* They purge gently, and bind after they purge, and cleanse the Stomach, and stop Vomiting.

*Dose.* A dram, or a dram and an half may be taken at a time.

*Pilula de Lapide Lazuli.*

Take of the Azure stone powdered, and often washed five drams, of Dodder of Thyme, Polypody, Agarick, each one ounce, of Scammony, and the roots of black Hellebore, of Sal Gemma, each two drams and an half, of Cloves, and the seeds of Asafoetida, each half an ounce, of Hiera picra fifteen drams, with syrup of the juice of Fumitory, make a mass.

*Virtues.* They are peculiarly proper for mad and melancholy people, and are good for diseases of the skin, as Itch, Leprosie, and the like.

*Dose.* Half a dram, a dram, or a dram and an half may be taken at a time.

*Pilula Macri.*

Take of the best Aloes, two ounces, of Mastich, half an ounce, of the leaves of Marjoram dried, two drams, of Salt of Wormwood, one dram; powder them all together, and with the juice of Colworts and Sugar make a mass.

**Virtues.** They are good for the stomach and brad.  
**Dose.** Half a dram or a dram may be taken at a time.

**Pills of Mastich, in Latin, Pilulæ Mastichinæ.**

Take of Mastich, two ounces, of Aloes, four ounces, of Agarick trochiscated, and of species Hiera Picra, each one ounce and an half, make a mass with syrup of Wormwood.

**Virtues.** They strengthen the head, and strengthen and cleanse the stomach.

**Dose.** Two scruples, or a dram of them, may be taken at a time.

### **Pilulæ Rudiæ.**

Take of Coloquintida, six drams, of Agarick Scammony, the roots of black Hellebore and Turbith, each half an ounce, of Succotrine, Aloes, one ounce, of Cinnamon, Mace, and Cloves, each two scruples; the Coloquintida must be cleared from the seeds, and cut small, the Agarick rasped, the Hellebore, Turbith, and spices powdered grossly; then pour on so much spirit of Wine as will rise six fingers breadth above the matter; infuse them four days in a gentle heat; then strain it hard, and dissolve in it, the Scammony and Aloes well cleared; then put the liquor into a glass alembick, and distil it, till what remains becomes of the consistence of honey, of which make a mass.

**Virtues.** It is an excellent general purging Pill.

**Dose.** A scruple, or two scruples may be taken at a time.

*Pilulæ*

*Pilulæ Ruffi.*

Take of fine Aloes, two ounces, of choice Myrrh, one ounce, of Saffron, half an ounce, with Syrup of Wormwood make a mass.

*Virtues.* They help digestion, are good in surfeits, strengthen the head, cleanse the breast, and strengthen and cleanse the stomach, and force the courses.

*Dose.* Half a dram or a dram of them may be taken at a time.

*The stomach Pill, with Gums, in Latin, Pilulæ stomachicæ cum gummi.*

Take of fine Aloes, one ounce, of the leaves of Anna, five drams, of Gum Ammoniack dissolved in Rhenish Vinegar, half an ounce, of Mastich and Myrrh, each one dram and an half, of Saffron, and of Wormwood, each half a dram; with Syrup of Buckthorn make a mass.

*Virtues.* They open obstructions, strengthen the head, cleanse the lungs, cleanse and strengthen the stomach, and are good in surfeits.

*Dose.* A dram of them may be taken at a time.

*Pills of Storax, in Latin, Pilulæ e Styrace.*

Take of storax Calamit, of Olibanum, Myrrh, and the juice of Liquorish thickned, and of Opium, each half an ounce, of Saffron, one dram; with Syrup of white Poppies make a mass.

*Virtues.* These Pills are used for Coughs and Harshness.

*Dose.* Ten or sixteen grains may be taken at a time.

*Pills of Amber, in Latin, Pilulæ de Siccino.*

Take of white Amber and Mastich, each two drams, of the best Aloes, five drams, of Agaric trochiscated, one dram and an half, of long bird wort, and of Hartshorn burnt, each half a dram of Nutmegs, half a scruple, with syrup of Wormwood make a mass.

*Virtues.* They purge the head and womb.

*Dose.* A dram, or a dram and an half may be taken at a time.

*Pills of Tartar, in Latin, Pilulæ Tartarizæ.*

Take of Chrystals of Tartar, three ounces, Polypody of the Oak, two ounces, of Corinthian Currants, an ounce and an half, of the flowers Bugloss, Borrage, water Lillies, each one pugil boyl them in a sufficient quantity of Fumitory and Harts tongue water, till half is consumed.

Take of this Decoction clarified, two pints, the juice of fragrant Apples, one pint; add to the three ounces of Senna cleansed, of Turbith, the roots of true black Hellebore, each an ounce and an half, of choice Myrrh, an ounce, of Mace, Cloves, Cinnamon, and dodder of Thyme, each half an ounce; infuse them in a glass stopp'd for five days; then press them out, and dissolve in the liquor, four ounces of prepared Aloes, and set it over a gentle fire, and reduce it to a due consistence.



When it is almost cold, add of the species Lætifi-  
cus and Dialacca, each a dram, of salt of Worm-  
wood, and of the Ash, each two drams, of the  
essence of Saffron, two scruples, of Oyl of Anise,  
few drops; make a mass for Pills.

*Virtues.* They are good in melancholy, and for  
cures of the skin.

*Dose.* Half a dram may be taken at a time.

### *Laudanum.*

Take of Thebaick Opium extracted in spirit of  
wine, one ounce, of Saffron extracted the same  
way, a dram and an half, Castor, one dram,  
make them up with a Tincture made of half an  
ounce of the fresh species of Diambra, in spirit of  
wine; then add presently of Ambergrease and Musk,  
each six grains, oyl of Nutmegs ten drops, evapo-  
rate it in a bath to a due consistence.

*Virtues.* It is used to ease pain in general, and to  
stop fluxes, and is much better then Liquid Laudanum;  
all Tinctures loose of their virtue by standing, and  
they cannot be so easily dosed.

*Dose.* One, two, or three grains may be taken  
at a time.

### *Troches, in Latin, Trochisci.*

*Troches of Agarick, in Latin, Agaricus Tro-  
chiscatus.*

Take of white and light Agarick rasped small, and  
sifted three ounces; infuse it in a sufficient quantity  
of white Wine, wherein two drams of Ginger  
have been infused; make Troches.

*Virtues.*

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**Virtues.** They are good for an ill habit of body, and the jaundice, provoke urina, and the courses, they purge gently.

**Dose.** A dram, or a dram and an half may be taken at a time.

### *Trochisci albi Rhasis.*

Take of Cerus washed in Rose water ten drams, of Sarcocol three drams, of white Starch two drams, of Gum Arabick, and Tragacanth, each one dram, of Camphor half a dram, make Troches with Rose water, or with Womans Milk.

**Virtues.** They are good for inflammations, and pain in the eyes, and for ulcers in the yard, they strengthen and dry, they may be dissolved in Rose water, or Poppy water.

**Dose.** A dram or a dram and an half may be taken at a time.

### *Troches of Albandal, in Latin, Trochisci alhandal.*

Take of the white and light pulp of Coloquintida, freed from the seeds and cut small, and rubbed well with an ounce of oyl of sweet Almonds, and two days after finely powdered, ten ounces of Gum Arabick, Tragacanth, and Bdelium, each six drams infuse the Gums three days or four in a sufficient quantity of Rose water to melt them; then with the pulp above-mentioned, and part of this Mucilage, make Troches, dry them in the Shade, and then powder them again, and make them up again with the rest of this Mucilage,

**Virtues**

*Virtues.* It is a violent Medicine, it purges thick and glutinous flegm, and other humours, from the remotest parts of the body, as from the Head, Nerves, Joints, and the like.

*Dose.* A strong man may take fifteen grains, or a scruple, but it is most commonly mixed with pills to quicken them.

*Troches of Winter Cherries, in Latin, Trochisci Alkekengi.*

Take of the fruit of Winter Cherries three drams, of Gum Arabick, Tragacanth, Olibanum, Pine nuts, bitter Almonds, white Starch, juice of Liquorice, Bole Armonick, the seeds of white Poppies, each six drams, of Melons, Cucumbers, Citruses, Gourds, each three drams and an half, of Snalage, white Henbane, white Ambar, Lemnian Earth, and Opium, each two drams, with the juice of fresh Winter Cherries make Troches.

*Virtues.* They are used to expel gravel, and to provoke Urine.

*Dose.* Two scruples of them may be taken at a time.

*The white pectoral Lozenges, in Latin, Trochisci Bechici albi.*

Take of fine Sugar one pound, of white Sugar Candy, and Penids, each four ounces, of the roots of Florentine Orris half an ounce, of Liquorice six drams, of white Starch an ounce and an half, with a sufficient quantity of the Mucilage of Tragacanth, extracted in Rose water, make small Lozenges, they may be perfumed upon occasion with four

four grains of Ambargrise, and three of Musk.  
 Virtues. *They are good for Coughs, and help expectoration.*

*The black pectoral Lozenges, in Latin, Trochici Bechici Nigri.*

Take of the juice of Liquorice, and of white Sugar, each ten drams, of Tragacanth, and sweet Almonds blanched, each six drams, with a sufficient quantity of the Mucilage of the seeds of Quinces extracted in Rose water, make Troches.

Virtues. *They are much of the same virtue with the former.*

*Troches of Camphor, in Latin, Trochisci de Camphora.*

Take of Camphor half a dram, of Saffron two drams, of white Starch three drams, of red Roses, Gum Arabick, Tragacanth, Ivory, each half an ounce, of the seeds of Cucumbers cleansed, Purslain, Liquorice Rasped, each one ounce, with the Mucilage of the seeds of Psyllium extracted in Rose water, make Troches.

Virtues. *They are good in Malignant diseases, for the Whites and running of the Reins.*

Dose. A scruple, or half a dram may be taken at a time.

*Troches of Capers, in Latin, Trochisci de Capparibus.*

Take of the bark of the roots of Capers six drams, of the seeds of Agnus Castus, of Gum Ammoniack

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moniack, each half an ounce, of the seeds of Cress, and Nigella, of the leaves of Calamint, and Rue, of the roots of Acorus, and long Birthwort, of the juice of Maudlin thickned, of bitter Almonds, each two drams, of the leaves of Harts-tongue, of the roots of round Cyperus, Madder, and Gum Lac, each one dram, powder them all, and with Ammoniacum dissolved in sharp Vinegar, and boiled to the consistence of Honey, make Troches.

*Virtues.* They open Obstructions, and are good for the Rickets, and Melancholly.

*Dose.* Two scruples, or a dram may be taken in a morning.

### *Troches of Ambar, in Latin, Trochisci de Carabe.*

Take of Ambar one ounce, of Hartshorn burnt, Gum Arabeck of red Coral burnt, of Tragacanth, Acacia, Hypocistis, Balauistins, Mastich, Lac washed, the seeds of black Poppies rosted, each two drams and two scruples, Franckincense, Saffron and Opium, each two drams, with a sufficient quantity of the Mucilage of the seeds of Pssyllium, extracted in Plantain water, make Troches.

*Virtues.* They are very astringent, and are used to stop Fluxes of blood.

*Dose.* Half a dram of them may be taken at a time.

### *Trochisci Cypheos, for the making of Mithridate.*

Take of the pulp of fat Raisins of the Sun cleansed from the skins and stones, of Cyprian Turpentine, each

each three ounces, of Myrrh and Scenanth, each one ounce and an half, of Cinnamon half an ounce, of sweet smelling Flag, three drams, of the root of round Cyperus, of Indian Spicknard, of wood of Cassia, of Juniper berries, Bdellium, wood of Aloes, each two drams and an half, of Saffron one dram, of the best Honey clarified a sufficient quantity, and a little Canary Wine; the Myrrh and Bdellium must be beaten in a Mortar with the Wine, to the thickness of liquid Honey, then presently add the Turpentine, the pulp of Raisins, and the powders, then with clarified Honey, well boiled make a Mass for Troches.

*Troches of Maudlin, in Latin, Trochisci de Eupatorio.*

Take of the juice of Maudlin, clarified and thickned, of Calabrian Manna, each an ounce, of red Roses half an ounce, of Spodium of Ivory three drams and an half, of the roots of Spicknard three drams, of Rhubarb, Asarabacca, and the seeds of Anise, each two drams, beat together the Nard, the Anise, and the Roses, powder finely apart the Spodium, Asarabacca, and Rhubarb, then mix the Manna and the juice of Maudlin, in a Mortar; add the powders, and with fresh juice make Troches.

**Virtues.** They open obstructions, and mollify hard swellings of the Liver, and Spleen, are good for an ill habit of Body, and for the Green sickness.

**Dose.** A dram of them may be taken at a time.

*Dr. Gordons Trochas, in Latin, Trochisci Gordonii.*

Take of the four greater cold seeds skinned, of five Poppies, Mallows, Cotton, Purslain, Quinces, Myrtle-berries, Gum Tragacanth Arabick Pistaches, Pe-nuts cleansed, Sugar-candy, Penids, Liqueur cleansed, Barly cleansed, the Mucilage of the Seeds of Pyllyum, Sweet Almonds blanched, each two drams, of Dragons blood, Spodium of Ivory, and Roses, Myrrh, each half an ounce, with a sufficient quantity of Hydromel, make Troches.

*Virtues.* They stop sickling coughs, fluxes of the whites, and are good for ulcers of the reins, bladder, and lungs, and for the running of the reins.

*Dose.* A dram of them may be taken at a time.

*Trochisci Hedychoi for making Treacle.*

Take of yellow Sanders, leaves of Marjoram, Mastich, Thyme, and of the roots of Asaracca, each two drams, of Rhapontick, Costus, sweet smelling Flag, wood of Aloes Cinnamon, Ananthe, Opobalsam, or oyl of Nutmegs by expression each three drams, of woody Catlia, Indigo, or Mace, Indian Spicknard, Myrrh, and Saffron, each six drams, of Amomum, or the lesser Cardamons, one ounce and an half, Mastich 5j. dissolve the Myrrh in Wine, then presently add the Saffron and Mastich well powdred, then the Opobalsam, and afterwards the rest powdred, with pouring Wine on them by little and little, make a Mass for thick Troches, to be dryed gently in an Oven, after bread is awn.

*Tro-*

*Troches of Myrrh, in Latin, Trochisci Myrrha.*

Take of Myrrh three drams, of the flowers of Lupins five drams, of the roots of Madder, the leaves of Rue, Horse-mint, Dittany of Crete, seeds of Cumin, Assa Fetida, Sagapenum, Opopanace each two drams, dissolve the Gums in a decoction of Mugwort, or Juniper berries in Wine: add the rest, and with the juice of Mugwort make Troches.

*Virtues.* They are used to force the courses, and childbed purgations, and for mother-fits.

*Dose.* Two scruples, or a dram of them may be taken at a time,

*Trochisci Polyida.*

Take of Pomgranat flowers twelve drams of Roch Allum three drams, of Frankincense, Myrrh each half an ounce, of Chalcantum two drams of Bulls gall six drams, of Aloes one ounce, with rough Wine, or with the juice of Nightshade, or Plantain, make Troches.

*Virtues.* They dry, cleanse, and heal sores.

*Troches of Rhubarb, in Latin, Trochisci de Rhabarbaro.*

Take of choice Rhubarb, ten drams, of the juice of Maudlin thickned, and of bitter Almonds, each half an ounce, of red Roses, three drams, of the roots of Asarabacca, Madder, Indian spike, the leaves of Wormwood, Anise, and Smalage



Take one dram, with wine wherein Wormwood has been boiled, or the juice of Maudlin clarified, make Troches.

*Virtues.* They are good in an ill habit of body, for obstruction of the courses, dropsie and jaundice.

*Dose.* A dram, or a dram and a half may be taken at a time,

*Troches of Squills for Treacle, in Latin, Trochisci de Scylla ad Theriacam.*

Take a Squill full and white, and of a middle bigness, at the beginning of July, after the leaves and stalks are withered; peel off the outward bark, and take out the hard part, to which the roots adheres, then put it into pask made of wheaten flour, and bake it in an Oven, till the Squill is tender all over, then take it out and beat it well in Morter, and mix with it eight ounces of the flow-  
er of white Orobuz, or red Cicers, finely searched, every pound of the Squills, and make Troches, each weighing two drams, your hands being be-  
smeared with the oyl of Roses; dry them on the top of a house, on the south-side in the shade, turn them often till they are quite dry, then keep them in a glass or tin pot.

*Troches of Spodium, in Latin, Trochisci de Spodio.*

Take of red Roses, twelve drams, of burnt Ivory, ten drams, of the seeds of Sorrel, six drams, of Purslan and Coriander infused in Vinegar, and torrified, of the pulp of Sumach, each two drams and an half, of white Starch roasted,  
Balau-

Balaustines, Barberries, each two drams, of Gum arabick toasted, one dram and an half; with the juice of unripe Grapes make Troches.

*Virtues.* They are good to stop fluxes, a cough, spitting of blood, and running of the reins.

*Dose.* A dram may be taken at a time.

*Troches of Lemnian earth, in Latin, Trochisci de Terra Lemnia.*

Take of Lemnian or sealed Earth, of Bole armonick, Acacia, Hypocistis, Gum-arabick toasted, Dragons blood, white Starch toasted, red Roses seeds of red Roses, Blood-stone, red Coral, Amber, Balaustines, Spodium of Ivory, the seeds of Purslain a little toasted, Olibanum, Harts-horn burnt, Cypress nuts, Saffron, each two drams, of the seeds of black Poppies, Tragacanth and Pearls, each dram and an half, of Opium prepared, one dram with the juice of Plantain make Troches.

*Virtues.* They are very astringent, they stop fluxes of all sorts, and running of the reins.

*Dose.* Half a dram of them may be taken at a time.

*Troches of Vipers for Treacle, In Latin Trochisci de Vipera ad Theriacam.*

Take of the flesh of Vipers (the skin, entrails, head, fat, and tail being taken away) with di and a little salt boyled, eight ounces of very White-bread, or rather twice baked, grated and sifted, two ounces; let small Troches be made, the hands being besmeared with Opobalsam, or the oyl of nutmegs by expression, dry them on the bottom

bottom of a sieve, turned upwards in an open place, where there is a free air; turn them often till they are dry, and keep them in a glass; they will keep good a year; but it is best to make Treacle soon after they are made.

## O Y L S.

### *Simple Oyls by Expression.*

*Oyl of sweet Almonds, in Latin, Oleum Amygdalarum Dulcium.*

Take of sweet Almonds fresh dried, as many as you please, break the shells, and blanch them, beat them in a stone Mortar, put them in a press, and press out the Oyl without heat.

*Virtues.* It is often used for coughs and hoarseness, for the stone, and outwardly for pluries, the side being anointed with it; it is also very good in the cholick and gripes of children.

*Dose.* Half an ounce or an ounce may be taken at a time.

Oyl of bitter Almonds is made the same way, it is chiefly used for deafness, and diseases of the ears.

Oxyrhodinum is made of four or five parts of Oyl of Roses, and one of Vinegar.

*Virtues.* it dissolves and repels.

*Oyl of the yolks of eggs, in Latin, Oleum ex vitellis Ovorum.*

Take of the yolks of as many fresh hens Eggs as you will, boil them till they are hard, break them with your Hands, or in a Mortar with a Pestle, fry them in an earthen glazed Pan, till they are red, and stir them often least they burn; when they look fatty, put them hot into a linnen Bag, sprinkle Aromatick Wine upon them, and strain out the Oyl in a press.

*Virtues.* It cures chaps in womens nipples, fistulæ and malignant ulcers, and tetter, ring worms, and the like.

*Simple Oyls by Infusion or Decoction.*

*Oyl of Roses Omphacine, in Latin, Oleum Rosaceum Omphacinum.*

Take of red Roses before they are ripe, the whits being cut off, and bruised in a stone Mortar with a wodden Pestle, four ounces of Omphacine Oyl washed several times, a pint, expose them to the heat of the Sun in a glass well stoppt, for the space of a week, shake them daily; then boyl them gently in a bath, press them out, and put in fresh, repeat them a third time, and keep the Oyl upon one pint of the juice of Roses.

*Virtues.* It cools and eases pain.

*Note,* That Oyl Omphacin is made of the pulp of Olives before they are ripe,

*Oyle of Roses compleat, in Latin, Oleum Rosaceum completum.*

It is made in the same manner of sweet and ripe Oyl, often washed, and of red Roses full blown, bruised and sunn'd, and gently boiled in a suitable Vessel; but the third time you place it in the same, it must remain there forty days, then keep the Oyl and Roses together without expression.

*Oyl of Wormwood, in Latin, Oleum Absinthites.*

It is prepared in the same manner of four ounces of the tops of common Wormwood, repeated thrice, and three pints of ripe Oyl; only at last you must put in four ounces of the juice of Wormwood, which must be evaporated by gentle boiling.

*Virtues.* It strengthens the stomach, and helps digestion, the stomach being bathed with it.

*Oyl of Dill, in Latin, Oleum Anethinum.*

It is made of ripe Oyl, one pint, of the flowers and leaves of Dill, four ounces, thrice repeated.

*Virtues.* It discusses and strengthens the stomach, and is good for convulsions, and eases pains of the head, nerves and joints.

Oyl

*Oyl of Camomel, in Latin, Oleum Camomelinum.*

It is made of ripe Oyl, and fresh Camomel flowers, (the white leaves being taken away) being and bruised, and covered with a single linnen cloth set in the Sun and pressed out, and thrice repeated as before.

*Virtues.* It is Anodyn, gives ease in the colic and plurisie, by bathing the affected part; or is given in Clysters for the same purpose.

*Oyl of Wall-flowers, in Latin, Oleum Chirinum.*

It is made of Wall-flowers and ripe Oyl, as Oyl of Dill.

*Virtues.* It is good in the palfie, cramp, and strengthens the nerves and joynts.

*Oyl of Castor, in Latin, Oleum de Castoreo.*

Take of Castor, one ounce, of Oyl, one pound, of generous Wine, two ounces, powder the Castor, and infuse it two days; then add the Wine and boyl it to the Consumption of the Wine.

*Virtues.* It is good in cold diseases of the back and nerves, and of any other part of the body being drop't into the ears, it cures deafness and it is good for the rickets, convulsions, palfie and thargy.

## Oyl of Orris, in Latin, Oleum Irinum.

Take of the roots of Florentine Orris, a pound, of the Flowers of purple Orris, two pound, of the Water wherein other roots of Orris were boyl'd, a sufficient quantity, of sweet Oyl washed, six pints, boyl them in a double vessel, put in fresh roots and flowers, as in Oyl of Roses.

*Virtues.* It digests crude humours, dissolves hard swellings, mollifies, discusses, digests, and eases pain.

## Oyl of Euphorbium, in Latin, Oleum Euphorbii.

Take of Euphorbium, six drams, of Oyl of Wall-flowers five ounces, of fragrant Wine, three ounces, boyl them together in a double vessel, till Wine is evaporated.

*Virtues.* It is much of the same virtue with Oyl of Castor.

Oyl of Lillies is made in the same manner as Oyl of

## Oyl of Worms, in Latin, Oleum Lumbricorum.

Take of Earth-worms, half a pound, first wash worms in water often changed, then with White-wine, wherein infuse them an hour, then pour off wine, and put the worms into a double vessel, pour upon them a quart of Oyl of Olives, White-wine, half a Pound; boyl them till the Wine

is evaporated, then strain it through a linnen cloth and keep it for use.

*Virtues.* It gives ease, and is good in all cold diseases of the joynts and nerves, for bruises and wounds and the rickets.

*Oyl of Marjoram, in Latin, Oleum Marjoranae.*

Take of the Herb bruised, four ounces, of good Whitewine, six ounces, of ripe Oyl, one pint mingle them, set them in the Sun, put in fresh herbs thrice; press out the herbs and boyl them a bath, to the consumption of the wine.

*Virtues.* It is good for the head, and the cold diseases of it, for the stomach, and diseases of the nerves.

*Mastic Oyl, in Latin, Oleum Mastichinum.*

Take of Rose Omphacin Oyl, one pint, of Mastic, three ounces, of fragrant Wine, four ounces mix them, and boyl them in a double vessel, till all the Wine is consumed; strain it, and keep it for use.

*Virtues.* It stops vomiting and fluxes, and is useful in diseases of the head and nerves.

*Oyl of Melilot, in Latin, Oleum Meliloti* made of the tops of the Herb, after the same manner of Oyl of Camomille.

*Virtues.* It eases pain.



## Oyl of Myrrh, in Latin, Oleum Myrrhae.

Boyl Eggs until they be hard, then cutting them in two, separate the yolks, and fill the white with Myrrh powdred, set them on little sticks, placed conveniently on purpose, in a Plate or earthen Pan, in a Cellar, or some such moist place, and there will distil a liquor to the bottom of the vessel.

*Virtues.* It cleanses the skin from spots, and half ounce taken inwardly with sugar-candy, is good for heartiness and a cough.

Oyl of Mint is made of the Herb, and Omphacin Oyl, as Oyl of Roses is.

*Virtues.* It stops vomiting, and strengthens the stomach, it being anointed therewith.

Oyl of Myrtles, in Latin, Oleum Myrtinum, is made of one part of Myrtle Berries, bruised and sprinkled with rough Wine, and of three parts of Oyl of Roses Omphacin; set them in the Sun twenty four days; during which time let the Berries be thrice renewed, boyled, and strained.

*Virtues.* It is very astringent, it stops vomiting and fluxes, hinders the falling of the hair, and strengthens the limbs.

## Oyl of Water-lillies, in Latin, Oleum Nenu-pharium.

Take of the fresh Flowers of Water-lillies (the low and green leaf in the middle-being taken part one, of Omphacin Oyl, parts three, re-boyl the Flowers thrice, as in Oyl of Roses.

*Virtues.* It is very cooling, and cures inflammations,

ons, it procures sleep, the forehead and temples being anointed with it.

*Nard Oyle, in Latin, Oleum Nardinum.*

Take of Spiknard, three ounces, of sweet Oyl, a pound and an half, of fragrant White-wine and pure Water, each two ounces and an half; boyl them in a double vessel over a gentle fire, stirring them frequently to consume the watry humor.

*Virtues.* It heats and strengthens, it is good for cold diseases, and strengthens the head, and is good for convulsions, palsies, sleeping diseases; it stops vomiting, and helps digestion.

*Oyl of Rue, in Latin, Oleum Rutaceum.*

It is made of the bruised Herb, and ripe Oyl as the Oyl of Roses is.

*Virtues.* It warms and strengthens the joynts and nerves, and is good for convulsions and palsies.

*Oyl of Savin, in Latin, Oleum Sabinæ.*

It is made as the former is made.

*Virtues.* It cures and cleanses ulcers, and childrens scabby heads.

*Oyl of Elder-flowers, in Latin, Oleum Sambucinum.*

It is made of the Flowers and Oyl, as Oyl of Roses is.

*Virtues.* It discusses, mollifies, and resolves.

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*Oyl of Scorpions, in Latin, Oleum Scorpionum.*

Take of live Scorpions of a middle size, catched while the Sun enters *Leo*, number thirty, of Oyl of bitter Almonds, a quart, set them in the Sun forty days, strain the Oyl, and keep it for use.

*Virtues.* It is good for the Kings-evil, cancers, old sores, cures inflammations, and vices of the skin, it gives ease in the stone, the reins being anointed with it, and cures the bitings of poisonous Beasts.

*Oyl of Violets, in Latin, Oleum Violaceum.*

It is made of Omphacin Oyl and Flowers of Violets, as Oyl of Roses is.

*Virtues.* It moistens, cools, and mollifies.

Compound O Y L S by Infusion and Decoction.

*Oyl of Swallows, in Latin, Oleum Hirundinum.*

Take of whole Swallows, number sixteen, of Cammomile, Rue, Plantain, the greater and lesser, the leaves of Bays, Penny-royal, Dill, Hyssop, Rosemary, Sage, St. John's wort, Cost-mary, each one handful, of common Oyl, two quarts, Spanish Wine a pint. If you take so much May butter as you do of Oyl, and boyl the ingredients above mentioned in it; it will have the name and con-

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**istence of an Oyntment.**

*Virtues. It is good for lameness and old aches, and for pains and weakness of the joynts.*

**Oyl of St. John's-wort, in Latin, Oleum Hyperici.**

Take of fragrant White-wine, one pint, of the tops of *St. John's-wort*, with the Flowers and Seeds four ounces, infuse them three days in a glass well stoppt, in a pint of old Oyl of Olives, in the Sun or in a Bath; in the same manner repeat the infusion of *St. Johns-wort*, after the third infusion, boyl away almost all the Wine and strain it, and add three ounces of Turpentine, and one Scruple of Saffron, boyl it again a little, and put it up for use.

*Virtues. It is an excellent cleansing and healing Oyl, and comforts the limbs and joynts, is good for bruises and old aches.*

**Lucatellus Balsam, in Latin, Balsamum Lucatelli.**

Take of the best yellow Wax, one pound, melt it over a gentle fire, in a pint of Canary-wine, then add of the best Oyl of Olives, and of Venice Turpentine, washed till it is white in Rose-water each a pound and an half; boyl them gently till the Wine is evaporated, then take it from the fire, and sprinkle into it two ounces of red Sanders finely powdred; continue stirring of it till it is cold.

*Virtues. This is an excellent Balsam, cures ulcers, either within or without the body, is good for bruises and old aches, and is good for coughs and*  
begin

beginning of consumptions; but of it self it is a nau-  
seous medicine, and offends the stomach.

The following Composition makes it more agree-  
able to the stomach. Take of Conserve of Hips, and  
of this Balsam, each equal parts.

Dose. The quantity of a nutmeg may be taken  
morning and evening.

*Oyl of Foxes, in Latin, Oleum Vulp-*  
*num.*

Take a Fox as fat as you can get him, of mid-  
dle age, caught by hunting in the Autumn, kill  
him, and take out his guts, flea him, and cut his  
flesh in pieces, break his bones, boyl him in White-  
wine and Fountain-water, each three quarts, add  
three ounces of Salt, the tops of Dill, Thyme,  
ground Pine, each one handful, boyl half the Liquor  
away, strain it, and add to it two quarts of the  
best old Oyl, of the Flowers of Sage and Rosema-  
ry, each one handful; then evaporate by boyling  
the watry humor and the wine; strain it again hard,  
and separate in a tunnel the Water from the Oyl;  
which keep for use.

Virtues. It is good for pains of the joynts, sciati-  
ca and aches, and is good for convulsions and pal-  
sies.

*Chymical Oyls, in Latin, Olea Chymica*

*Oyl of Ambar, in Latin, Oleum Succini*

Fill with Ambar grossly beaten, two thirds of an earthen Retort, or glass one luted, place it in a Furnace on two iron bars, fit to it a large Receiver and luting the juncture close, give under it a small fire to warm the Retort, and to drive out the flegm afterwards augment it by little and little; there will come forth a Spirit and an Oyl, continue the fire until there comes no more, then let the Vessel cool, and unlute them, pour about a pint of warm Water into the Receiver, stir it well, dissolve some volatile Salts that often stick to the sides of the Receiver, pour all the Liquor into a glass Alembick, fit to it a Receiver, and luting well the junctures, make a small fire to heat the Vessel, then augment it a little; the Water and Spirit will rise, and carry with them a little white Oyl; continue the fire until there rises no more, and the thick Oyl remains at the bottom of the Cucurbit without boiling; separate the white Oyl that swims above the Spirit and Flegm and keep it in a Viol well stopd.

*Virtues.* It is used inwardly for the falling sickness, apoplexy, and palsie, and for hysteric diseases.

*Dose.* Two, three or four drops of it may be taken at a time in some proper Liquor. The black Oyl which remains in the Cucurbit, is good to anoint the Nostrils and Wrists in Hysteric Diseases.

Note

*Note.* The water and spirit being evaporated over a gentle fire, to the consumption of two thirds, is an excellent *Aperitive*, and is used for the *Faundice*, *Sto- page of Urine*, *Ulcers of the neck*, of the *Bladder*, and the *Scurvy*.

*Dose.* Ten, or twenty drops of this spirit may be taken at a time in some convenient liquor.

*Some think, that the oyl of Petre, in Latin, Pæ- troleum is a liquor drawn from Ambar, by means of Subterranean fires.*

### Oyl of Cinnamon, in Latin, Oleum Cinna- momi.

Bruise four pounds of good Cinnamon, and in- fuse it in six quarts of hot water, leave it in digesti- on in an earthen vessel well stoppt two days, pour the infusion into a large Copper Limbeck, and fit- ting a Receiver to it, and luting the Junctures with a wet bladder, distil with a pretty good fire three pints of the liquor, then unlute the Limbeck, and pour into it by inclination the distilled water, you'll find at bottom a little oyl, which you must put in- to a viol close stoppt; distil the liquor as before, then returning the water into the Limbeck, take the oyl you find at the bottom of the receiver and mix with the first. Repeat this Cohobation, untill there rises no more Oyl.

*Virtues.* The oyl of Cinnamon is an admirable Cor- roborative and strengthens the stomach, it eases womens delivery, forces the courses, and encreases seed.

*Dose.* A drop of it is commonly mixed with a little Sugar Candy, to make the *Elcosacharum*, which is easily dissolved in Cordial, or Hysterick waters.

*Oyl of Gujacum, in Latin, Oleum Guajaci.*

Take the shavings of Guajacum, fill a large Retort with them three quarters full; place it in a reverberatory Furnace, and join to it a great capacious receiver, begin the distillation with a fire of the first degree, to warm the retort gently, continue it in this condition until there comes no more drops, which is a sign that all the slegm is distilled; throw away that you find in the receiver, and fitting it again to the neck of the Retort, lute well the junctures; you must afterwards increase the fire by degrees, and the Spirit and Oyl will come forth in white clouds; continue the fire untill there comes no more; let the Vessels cool and unlute them, pour that which is in the receiver into a tunnel lined with brown paper, set in a bottle or some other vessel; the spirit will pass through, and leave the thick and very fetid Oyl in the tunnel, pour it into a viol, and keep it for use.

*Virtues. It is an excellent remedy for rottenness of the bones, for the tooth-ach, and it will cleanse all ulcers.*

*Oyl of Juniper-berries, in Latin, oleum baccis Juniperi.*

Take of fresh berries of Juniper fifty pounds bruise them, and put them into a wooden vessel with ten quarts of Fountain water, and one pound of sharp leaven, keep them in a Celler, the Vessel being well stopt three Months, then distil them in an Alembick, with a sufficient quantity of simple water.



water; after the Oyl is separated, keep the water for a new destillation; in the same manner is made the Oyl of Ivy-berries, bay-berries and the like; or you may draw Oyl from the foresaid berries bruised, and steeped twenty four hours in warm water, adding to every pound of berries six pints of water; or if the berries are very dry, five quarts of water, and distil them in an Alembick.

*Virtues.* It is peculiarly good for the Stone in the Kidneys, the Colick, and to expel Wind, it provokes Sweat, and is proper in the Plague, and to expel poison.

*Dose.* Six or ten drops of it may be taken at a time.

*Oyl of Nutmegs by expression, in Latin, Oleum Nucis Moschatæ per expressionem.*

Take sixteen ounces of good Nutmegs, beat them in a Mortar until they are almost in a past, and put them upon a boulder, cover them with a piece of strong cloath, and an earthen pan over that; put your cloath over a kettle half filled with water, and set the kettle upon the fire, that the vapour of the water may gently warm the Nutmegs; when you shall find upon touching the pan, that it is so hot you cannot endure your hand upon it, you must take off the boulder, and putting the matter into a linnen cloath, take its four corners and tye them quickly together; put them into a press between a couple of warm plates, set the pan underneath, and there will come forth an Oyl, which congeals as it grows cold; expresse the matter as strongly as you are able, to draw out the Oyl; then keep it in a pot well stopd.

*Virtues.*

**Virtues.** This Oyl is very Stomachick, being taken either inwardly, or outwardly applied.

**Dose.** Six or ten grains may be taken at a time.

The following medicine is generally used to anoint childrens breasts in colds. Take of oyl of nutmegs by expression, of Pomatum, and the Oyntment of flowers of Oranges, each equal parts; make an Oyntment.

**Oyl of Bricks, in Latin, Oleum Lateritium Philosophorum.**

Take of bricks broke to peices, to the bigness of Beans, or Pigeons eggs, heat them red hot, and quench them in old Oyl, let them ly in it till they are cold, then take them out and powder them finely, put the powder into a Retort with a convenient receiver, and distill them by degrees in an open fire, keep the Oyl in a glass well stoped.

**Virtues.** It softens hard swellings, eases the pain of the spleen, and reins, and is excellent for Sciatica, and all cold diseases of the nerves and joints.

**Oyls distilled from Herbs and Flowers.**

**Oyl of Wormwood, in Latin, Oleum Absinthii.**

Take of dried Wormwood one pound, of Fountain water ten quarts, infuse them twenty four hours, and distil them in a Copper Limbeck, separate the Oyl from the water in a tunnel, or separating glass; keep the water for a new distillation.

**Virtues.** It strengthens the stomach stops vomiting, helps digestion, and expels wind.

**Dose.** Five or ten drops of it may be taken at a time, but you must drop it upon Sugar, if you intend to mix it with any liquor.

The

The same way may be prepared oyl of Hyssop, Marjoram, Mint, Garden Cresses, wild Marjoram, Pennyroyal, Rosemary, Rue, Savin, Sage, Savory, Thyme, and the like, of the flowers of Cammomile, and of Lavender, and from all other hot herbs and flowers; and the same way may be also prepared oyls of the dried barks of Oranges, Citrons and Lemons.

Oyl of Sulphur by the Bell, in Latin, Oleum Sulphuris per Campanum

Provide a great earthen pan, and set in the middle of it, a little earthen pan turned upside down, and then another such pan on this filled with melted Sulphur, cover both these pans with a great glass Tunnel made on purpose, with a neck as long as that of a Matraiss, and the bigness of a thumb, fire the Sulphur, and do not stop the hole of the Tunnel, but let the air come in to increase its burning, for it would otherwise go out; when your Sulphur is spent, put new in its place, and continue to do so until you find under the lower pan, as much spirit as you need; keep it in a viol.

**Virtues.** So much of it is put into Zuleps as to give them an agreeable acidity, to qualify the heat of continued fevers, it is also good to force urine.

Oyl of Turpentine, in Latin, Oleum Terebinthini.

Take of Venice Turpentine as much as you please, common water four times as much; put them to an Alembick, and make a convenient fire under them, and a thin white oyl like water will distil, and

and at the bottom will remain the Colophony, the clear oyl may be drawn commodiously, and safe from danger of burning, in a glass still with head in a bath.

*Virtues.* This Oyl is excellent for cold pains, cleanse ulcers, and to recover the natural heat of parts when it is decayed, it is also good in gangrenes and mortifications, and it is excellent for stopping blood in wounds, being applied hot.

*Oyl of Wax, in Latin, Oleum Ceræ.*

Take of yellow wax melted two pounds, with it three or four pounds of Potters earth powdered, or so much as is requisite to make a paste of, form it into little pellets, and put them into an earthen retort, or glass one coated, a third whereof must remain empty, place the retort in a reverberatory Furnace, fit to it a receiver, and luting the joints, give a small fire at first, there will come forth slegm, then a spirit; increase the fire a little and a liquor will distil, that congeals in the receiver. Butter, continue the fire till nothing more comes forth, then unlute the joints, separate the slegm mixed with slegm from the Butter, and keep it in a viol well stopd.

*Virtues.* It opens obstructions.

*Dose.* Is from ten drops to twenty, melt the Butter of Wax in an earthen pan, and make a paste of it with a sufficient quantity of Potters earth powdered, form this paste into little pellets, put them to a glass retort, set your retort in a sand heat, to it a receiver, and luting the joints, begin distillation with a small fire; a great many spirits will come forth mixed with slegm, after which

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ase it a little, and a clear yellow oyl will come ;  
ving distilled about three ounces of it, change  
receiver, for that which comes at last is as thick  
Butter, it may be rectified with other clay or  
ers earth, and it will change into as transpa-  
ot oyl as the other, separate the Oyl from the Spi-  
and keep it in a viol.

Virtues. *It discusses tumors, and is good for cold*  
*ins.*

### *Oyl of seeds.*

*Oyl of the seeds of Dill, in Latin, Oleum*  
*ex semine Anethi.*

Take of the seeds of Dill beaten two pound, of  
ountain water ten quarts, infuse them twenty four  
urs, then distil them in an Alembick, with its re-  
geratory, separate the oyl from the water in a tun-  
el ; keep the water for a new distillation.

Virtues. *It digests, discusses, and ripens tumors.*

The same way is made the Oyl of the seeds of  
nise, Caraways, Cummin, Dancus, Fennel, Parsly,  
axifrage, and the like, the same way are also pre-  
ered the oyls of Spices, as of Cinnamon, Cloves,  
ace, Nutmegs, Pepper, and the like ; which  
ust not be powdred, but broken and beaten a  
tle.

### *Simple Oyntments.*

*White Oyntment, in Latin, Unguentum*  
*Album.*

Take unripe oyl of Roses nine ounces, of Ce-  
als washed in Rose water, and well rubbed three  
ances, of white Wax two ounces, having melted

• the

the Wax in the Oyl, add the Cerus after it has been frequently washed in Fountain water, and afterwards in Rose water, being dried and sifted make an Oyntment, add of Camphor rub'd with a few drops of the Oyl of Almonds two drams, and so it is Camphorized.

*Virtues.* It is an excellent cooling and drying ointment, and is good for burns, and inflammations, dries ulcers, cures galls, and takes off itching.

### *Unguentum Aegyptiacum.*

Take of Verdegrease finely powdred parts 10 of Honey fourteen parts, of sharp Vinegar few parts, boil them all with a gentle fire to a due consistence, and redish colour.

*Virtues.* It's an excellent ointment to cleanse old ulcers, and to eat down proud flesh.

### *Oyntment or Liniment of Gum Elemi,* *Latin, Unguentum, five Linimentum* *Gummi Elemi.*

Take of Gum Elemi and of Turpentine of Firr each an ounce and an half, of old Sheeps Suet cleansed two ounces, of old Hogs grease one ounce, mix them and make a Liniment.

*Virtues.* It eases pain in sores, it heal ulcers in many parts of the body; but is chiefly used for wounds and ulcers in the head.

### *Basilicon.*

Take of yellow Wax, of Rosin of the pine, of Beef Suet, Greek or Ship Pitch, Turpentine, Oil of

bania

it be Olibanum, Myrrh, each one ounce, Oyl five ounces, and powder the Olibanum and Myrrh, and with the softest being melted, make an Oyntment.

*Virtues.* It is esteemed a good digestive, it asswages all manner of pains, it incarns and heals, it al- gives ease in the Gout.

Oyntment of Marshmallows, in Latin, Unguentum dialheæ.

Take of the fresh roots of Marsh-mallows bruised two pound, of Linseed, and Fenugreek seed, each one pound, infuse them three days in four quarts of water, then boil them gently, and press out the Mucilage, whereof take two pound, common Oyl two quarts, boil them together, till the watry part of the Mucilage is consumed; then add of Wax one pound, of Rosin half a pound, of Turpentine two ounces, boil it to the consistence of an Oyntment.

*Virtues.* It softens, discusses, digests, eases the pains of the breast and sides, and of a pleurisy, the parts affected being anointed with it.

Unguentum Diapompholigor.

Take of Oyl of Roses twelve ounces, of the juice of the berries of Garden Night-shade, six ounces, of white Wax, and of Ceruls washed, each four ounces, of Lead infused in the sharpest Vinegar, dried and beaten, of Pompholix prepared, two ounces, of pure Franckincense one ounce, digest the oyl and juice gently, till the juice is consumed, then add the Wax, then the Powders made fine, stir

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stir them continually till they are cold, then make an Oyntment.

*Virtues.* It cools, dries, and gives ease, and is excellent for curing ulcers.

*Oyntment of Elecampane, in Latin, Unguentum Enulatum.*

Take of the roots of Elecampane boiled in Vinegar, that is not very sharp, bruised and powdered one pound, of Turpentine washed in the same decoction two ounces, of yellow Wax one ounce, of old Hogs Lard salted, and of old Oyl, each six ounces, of common Salt half an ounce, to the Lard, Wax, and Oyl melted, add the Turpentine, pulp of Elecampane, and the Salt finely powdered, make an Oyntment.

*Virtues.* It cures scabs, itch, tetter, ring-worm.

*Oyntment of Elecampane with Mercury, Latin, Unguentum Enulatum cum Mercurio.*

It is made of the foregoing Oyntment, with six ounces of quicksilver added to it extinguished not only with the spittle or the juice of Lemon but also with the Oyl of Turpentine, kept a while for this purpose, and with part of the lard, they may be well mixed by continual stirring in a Mortar.

*Virtues.* It is more powerful than the former, it is used for pains and nodes in the skin, for scabs and ulcers.



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*Note.* Purging must be used often, when this Ointment is ordered; for otherwise there will be danger of its fluxing.

### *Oyntment of Bays, in Latin; Unguentum Laurinum.*

Take of Bay leaves bruised one pound, berries of the same bruised half a pound, Colewort leaves six ounces, Ox-seet Oyl five pounds, beef Suet two pounds, boil them and strain them, make an Ointment.

*Virtues.* It is good to be used in all cold distempers, which affect the nerves and joints, it expels wind when in glisters.

### *Unguentum Nutritum.*

Take of Litharge of Gold finely powdred, half pound, Wine Vinegar five ounces, Oyl of Roses half pound, grind the Litharge in a Mortar, pouring on it by turns, sometimes the Oyl, sometimes the Vinegar; stir it till the Vinegar does not appear, and till the Ointment is white.

*Virtues.* It is cooling and drying, and gives ease, cures diseases of the skin.

### *Oyntment of Tobacco, in Latin, Unguentum à Nicotiana.*

Take of the leaves of Tobacco two pounds, of Hog's grease well washed one pound, beat it in a Marble Mortar, add three ounces of red Wine, use them all night, then boil them over a gentle fire, to evaporate the Wine; strain it, and put it upon

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upon the fire again, and add to it of the juice of Tobacco a pint, of *Venice Turpentine* four ounces, boil it again to evaporate the juices. Lastly, Add of the roots of round Birthwort powdered, ten ounces, of yellow Wax a sufficient quantity; make an Oyntment.

*Virtues.* It's an excellent Oyntment to ease pain, it is good for bruises and wounds, for the bites of venomous Beasts, for old scabs, itch, tetter, and worms.

*Oyntment of sharp pointed Dock, in Latin,*  
**Unguentum ex Oxylapatho.**

Take of the roots of sharp pointed Dock, boiled in Vinegar till they are soft, pulp them, of Sulphur washed in the juice of Lemons, each an ounce and an half, of Hogs grease washed often in the juice of Scabious, half a pound, of Popule Oyntment, moistned with the juice of Elecampane half an ounce, add a few drops of Oyl of Rhenishum, and mingle them all in a Mortar, and form an Oyntment.

*Virtues.* It is chiefly used for the Itch, and all Cutaneous diseases.

*Oyntment for the eyes, in Latin,* **Unguentum Ophthalmicum.**

Take of Sheeps Suet well washed in Plantain and Rose water, one ounce, of Lapis Calaminaris, and prepared Tutty, each two scruples, white Lead washed two drams, mingle them well and make an Oyntment.

*Virtues*

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**Virtues.** *It is good for inflammation of the eyes, to ease pains, and to dry up rheums.*

## Pomatum.

Take of fresh Hogs Lard three pounds, of fresh Suet nine ounces, of Apples called Pom-waters, paired and sliced one pound nine ounces, of fragrant Rose water six ounces, of the roots of Florentine Orris grossly powdred six drams; boil them together in a Bath till the Apples are soft; then strain without pressing, then heat it again a little, and wash it with fresh Rose water, and add to every pound of the Oyntment twelve drops of Oyl of Saffron.

**Virtues.** *It is cooling, and eases pain, it takes off the roughness of the skin and pimples, and heals chaps on the hands and lips, and the like.*

## The red drying Oyntment, in Latin, Unguentum Rubrum desiccativum.

Take of Oyl of Roses, Omphacin, one pound, white Wax five ounces, melt them and sprinkle to them, of Lemnian Earth, Bole Armonick, Lapis Calamminaris finely powdred, each four ounces, of Litharge, of Gold, and Ceruss, each three ounces, of Camphir one dram, make an oyntment.

**Virtues.** *It dries, heals and skins sores, and stops the fluxes of humours.*

Oyntment

*Oyntments more Compound.*

*Alabastrin Oyntment, in Latin, Unguentum de Alabaistro.*

Take of the juice of Cammomile four ounces, red Roses, and the roots of Marsh-mallows, each two ounces, of fresh Rue and Bettony, each one ounce and an half, of Oyl of Roses Omphac one pint and an half, of pure Alabaſter finely powdered, three ounces, mingle them, and let them stand till the next day, then boil them till the juices are evaporated, then with six ounces of white Wax make an Oyntment.

*Virtues.* It is good for head-aches, the forehead and temples being anointed with it.

*The Apostles Oyntment, in Latin, Unguentum Apostolorum.*

Take of Turpentine, Rosin, yellow Wax, Ammoniacum, each fourteen drams, of the roots of long Birthwort, Male Franckincense, Bdellium, each six drams, of Myrrh, Galbanum, each half an ounce, of Opoponax three drams, of Verdegreen two drams, of Litharge nine drams, Oyl a quantity of Vinegar a sufficient quantity to dissolve the Ammoniacum, the Opoponax, and Galbanum; these in Bdellium, Galbanum, Ammoniacum, and Opoponax must be infused twelve hours in Vinegar upon hot ashes, then boil them, and when they are melted strain them, and with a gentle heat reduce them to the thickness of Honey; put in the Turpentine while

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They are hot, mix the Litharge finely powdered with  
part of the Oyl over a gentle fire, then add by  
degrees the rest of the Oyl, and then melt the Wax  
the same, and the Rosin grossly powdered, then  
take it from the fire, and mix first the Gums, then  
the Birthwort, Myrrh, and lastly the Franckincense,  
and Verdegrease powdered; stir it well, and make  
an Ointment.

*Virtues* It cleanses old and sinuous ulcers, and eats  
away proud flesh.

### *Unguentum Aregon.*

Take of the flowers and tops of Rosemary, Mar-  
joram, wild Thyme, and Rue, of the roots  
Wake-robin, and wild Cucumber, each  
four ounces and an half, of the leaves of Bays,  
Sage, Savin, and of the roots of Briony, each three  
ounces, of Flea bane, Spurge, Lawrel, each nine  
ounces, the leaves of wild Cucumber, and of Cala-  
mit each half a pound, they must be all gathered  
together in May, cleansed and bruised, and infused se-  
ven whole days in five pints of the best Oyl, and in  
the pint of Spirit of Wine; boil them gently till  
the watry humor is evaporated, strain out the Oyl,  
and melt in it fifteen ounces of yellow Wax, of  
Sears Grease, and Oyl of Bays each three ounces,  
Moscheleum, half an ounce, of Petroleum one  
ounce, of Butter four ounces, stir them, and sprin-  
kle in the following powders, of Mastich, and Oli-  
vanum, each six drams, of Pellitory of Spain, Eu-  
phorbium, Ginger and Pepper, each one ounce;  
make an Ointment.

*Virtues.*

**Virtues.** It is good for all cold diseases, for Palsies, Convulsions, Cramps, Stiffness of the joints, it is good for the Colick, pains of the Back and Reins.

**Oyntment of Sow-bread, in Latin, Unguentum de Arthanita.**

Take of the juice of Sow-bread, or for want of it, a strong decoction of the roots three pints, of the juice of wild Cucumbers, and Cows Bums each one pound, of Oyl of Orris a quart, of the pulp of Coloquintida four ounces, of Polypody six ounces, of Euphorbium half an ounce, powder finely the Polypody and Euphorbium, and cut small the Coloquintida; infuse them in a glazed pot eight days, afterwards boil them in a double vessel, till the juices are almost evaporated, strain it, and dissolve in the liquor five ounces of yellow Wax, while it is yet hot, mingle with it Sagapenum, dissolved in Vinegar, and Bulls Gall boiled to the consistence of Honey in a Bath, each one ounce, then sprinkle in the following things powdered, of Sassafray, Turbith, Coloquintida, the berries or leaves of Mezereon, and of Aloes, each seven drams, of Sal Gemma half an ounce, of Euphorbium, long Pepper, Myrrh, Ginger, and the flowers of Camemile, each three drams, make an Oyntment.

**Virtues.** It purges the Belly, being anointed with it below the Navel; but anointed above the Navel the Stomach, it occasions Vomiting.

*The Countesses Oynment, in Latin, Unguentum Comitissæ.*

Take of the middle bark of Acorns, Chesnuts, and of Oak of small black Beans, Myrtle berries, Horse-tail, of green Galls without holes, of Grape-woes, and unripe Services dried, unripe Medlars, the leaves of wild prunes, the roots of Bistort, and tormentile, each an ounce and an half, powder grossly, and boil them in five quarts of Plantain water, till half is consumed, then take of new yellow Wax eight ounces and an half, of simple Oyl of Myrtles two pound and an half, of the juice of Opocistis half an ounce, melt all these, and wash them nine times in the decoction above mentioned, and divided into so many parts; when they are washed and dissolved, sprinkle into them the fine powders of the middle barks of the Acorns, Chesnuts, and Oak, of the Galls without holes, of the ashes of the bones of Ox legs, of Myrtle berries, of Grape-woes unripe, of unripe Services dried, each half ounce, of the Troches of Ambar two ounces, mingle them, and with a sufficient quantity of Oyl of Mastich unwashed, make an Oynment.

*Virtues.* It is very astringent, and strengthened good for Luxations, Ruptures, and prevents the sliding of the fundament and miscarriage, the Belly Reins being anointed with it; it also stops all of Fluxes.

*Oyntment for the Piles, in Latin, Unguentum Hemorrhoidale.*

Take of the Mucilage of the seeds of Psyllium, of the seeds of Quinces, extracted in the water of Night-shade, each half an ounce, Oyl of Roses compleat, one ounce, the yolk of one Egg, of Hen fat two drams, let them be mixed together in a leaden Mortar, with a leaden Pestle, by adding a little yellow Wax, make an Oyntment.

*Virtues.* It is peculiarly proper for the Piles, the fundament being anointed with it.

*Unguentum Martiatum.*

Take of fresh leaves of Bays, three pounds, of Garden Rue two pounds and an half, of Marjoram two pound, of Mint one pound, of Sage, Wormwood, Costmary, Garden Basil, each half a pound, of Oyl of Olives ten quarts, of yellow Wax four pound, Malago Wine a quart; bruise them, infuse them, boil them, and press them out, and so make an Oyntment.

*Virtues.* It discusses cold swellings, strengthens the nerves and joints, and takes away aches, and is good for the head.

*Oyntment of Mastich, in Latin, Unguentum Mastichinum.*

Take of the Oyls of Mastich, of Wormwood and Nard, each one ounce, of Mastich, Masticum, red Roses, red Coral, Cloves, Cinnamon, Worms,



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of Aloes, Scenanth, each one dram, of Wax a sufficient quantity, make an Oyntment.

*Virtues.* It strengthens the head, and nerves, and stomach, and is astringent.

### *The Naples Oyntment, in Latin, Unguentum Neapolitanum.*

Take of Hogs Lard, washed in the juice of Sage one pound, of quicksilver strained through Leather four ounces, of Oyl of Bays, Camomel, and Worms, each two ounces, of Spike an ounce and an half, of Spirit of Wine one ounce, of yellow Wax two ounces, of Turpentine washed in the juice of Elecampane three ounces, of the powder of Ground Pine, and Sage, each two drams, boil the Lard over a gentle fire, with the juice of Sage, till the juice is evaporated; then mingle the Oyls of Camomel, Wormes and of Spike, and the Wax, stir them till the Wax is melted, and well mixed; then taking them from the fire, add the Oyl of Bays, in the mean while let the Mercury be extinguished in a Mortar, by rubbing it well with part of the Lard, and the Turpentine, afterwards mingle them all and stir them about; then add the powders, and spirit of Wine, and stir them about again, and so make an Oyntment.

*Virtues.* It is used for raising of Fluxes.

### *Nerve Oyntment, in Latin, Unguentum Nervinum.*

Take of the leaves of Cowslips, with the flowers, of Sage, Ground pine, Rosmary, Lavender, Bays, with the berries, Camomel, Rue, Smalage,

Melilot with the flowers, and Wormwood, each one handful, of Mint, Bettony, Penny-royal, Parsly, of the lesser Centaury, St. John's-wort, each half an handful, of the oyl of Sheeps feet, or Bullocks feet five pints, of Sheep or Beef Suet, or the Marrow of either, two pound, of oyl of Spike half an ounce, bruise and boil the herbs with the oyl and suet, and so make an Oyntment.

*Virtues.* It is good for the nerves, and Palsies, Convulsions, Bruises, and old Aches, and for the Colick, for the Palsy and the like, the neck and back bone must be anointed with it.

*The Pectoral Oyntment, in Latin, Unguentum pectorale.*

Take of fresh Butter washed in Violet Water six ounces, of the Oyls of sweet Almonds four ounces, of Camomel and Violets, each three ounces, of Hens and Ducks grease, each two ounces, of the roots of Orris two drams, of Saffron half a dram, of white Wax three ounces, the Orris and Saffron being finely powdred and the rest melted, make an Oyntment.

*Virtues.* It is chiefly used for Obstructions of the Breast, for Plurisies, and the like.

*Oyntment of Poplar buds, in Latin, Unguentum Populneum.*

Take of the fresh buds of black Poplar, a pound and an half, of the leaves of Violets, Navelwort of the Wall, each three ounces, of fresh Hogs Lard unsalted and freed from the skins, and washed, two pound, to all of them being bruised, mixed, and infused

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infused together all the Month of *May*, add the tender tops of Brambles, of the leaves of black Poppies, of Mandrakes, or of the berries and leaves of Mountain elder, of Henbane, Night-shade, Lettice, Housleek, the lesser and the greater, of the greater Burdock. each three ounces, bruise them again, and having mixed them all, and having poured upon them after ten days a pint of Rose water, boil them over a gentle fire stirring them continually till all the superfluous moisture is consumed; strain them in a Press and make an Oyntment.

*Virtues.* It is very cooling, eases pain, and is used in fevers, to give rest, the temples being anointed with it.

### *Unguentum Splanchnicum.*

Take of the Oyls of Capers one ounce, of white Lillies, Camomile, new made Butter, the juice of Briony and Sow-bread, each half an ounce, boil them till the juices are consumed, then add of Gum Ammoniacum dissolved in Vinegar two drams and an half, of Hens-grease, Oesypus, the marrow of Calves Legs, each half an ounce, of the powders of the barks of Tamarisk, of the roots of Capers, of the roots of Fern, and Ceterach, each one dram, of the seeds of Agnus Castus, and Broom, each one scruple, of Wax a sufficient quantity, make an Oyntment.

*Virtues.* It is good for Obstructions, and hardness of the Spleen and Liver, and for hard Tumors, and Rickets in Children, the parts being anointed with it.

**Oyntment of Sumach, in Latin, Unguentum Sumach.**

Take of Sumach, unripe Galls, Myrtle berries, Balauſtins, Pomgranat peels, the bark of Acorns, of Cypreſs nuts, of True or German Acacia, and of Maſtich, each ten drams, of white Wax five ounces, of oyl of Roſes waſhed often in Alum water, one pint and ten ounces, powder all thoſe things finely that are to be powdred, and infuſe them four whole days in the juice of Medlars and unripe Seruices; then dry them by a gentle fire, and with the Oyl and Wax, boil it to an Oyntment.

*Virtues.* It ſtops Fluxes, hinders Miſcarriage, the Reins and Belly being anointed with it.

**Cerecloths.****Cerecloth of Galbanum, in Latin, Ceratum de Galbano.**

Take of Galbanum prepared an ounce and a half, of Turpentine one ounce, of Aſſa fetida half an ounce, of Bdeſſium one dram, of red Myrtle two drams, of Wax two ounces, of the ſeeds of Daucus one ſcruple, of the leaves of Fetherfew, Mugwort, each half a dram; diſſolve the Gums in Vinegar, except the Aſſa fetida, which is to be diſſolved with the Turpentine, and make a Cerecloth.

*Virtues.* Being applied to the Belly it kills Worms, expels Wind, provokes the Courſes, and is good for Mother-fiſts, and cleanses the Womb after Labour.

**Cerecloth**

*Cerecloth of Sanders, in Latin, Ceratum Santalinum.*

Take of red Sanders ten drams, of white and yellow Sanders six drams, of red Roses an ounce and an half, of Bole Armonick seven drams, of Spodium of Ivory half an ounce, of Camphor two drams, of yellow Wax one pound, of oyl of Roses Omphacin six ounces, powder all the Sanders together, the Roses, the Bole, Ivory, and Camphor apart, then melt the Wax over a gentle fire, and when they are a little cold mix the powders, and last of all the Camphor dissolved in oyl; mix them well together and make a Cerecloth.

*Virtues.* It is good for inflammations of the Stomach, Liver, and other parts, it is good for pains and weakness of the back and reins.

*Plasters, in Latin, Emplastra.*

*Plaster of Ammoniacum, in Latin, Emplastrum de Ammoniaco.*

Take of Ammoniacum, of Wheaten Bran well sifted, each an ounce, of the Oyntment of Marshmallows, of Compound Plaster of Melilot, of the powders of the roots of Briony and Orris, each half an ounce, of the grease of Ducks, Geese, and Hens, each three drams, of Bdellium, and Galbanum, each one dram and an half, of the Resin of the Pine, and yellow Wax, each five ounces, of oyl of Orris and Turpentine, each an ounce and an half, boil the grease and the oyls with the Mucilage of Linseeds, and Fenugreek seeds, each three

ounces, till the Mucilages are consumed, strain it, and add the Wax, Rosin, Turpentine, Oyntment of Marsh-mallows, with the Plaster of Melilot, and when it begins to cool, add the Ammoniacum dissolved in Vinegar, then the Bdellium powdered with the other powders, and so make a Plaster.

*Virtues.* It dissolves hard swellings, eases the pain of the breasts, and dissolves the swellings of them.

*Plaster of Bayberries, in Latin, Emplastrum e baccis Lauri.*

Take of Bay-berries skinned two ounces, of Franckincense, Mastich, and Myrrh, each half an ounce, of Cyperus, Costus, yellow Wax, Turpentine and oyl of Bays, each one ounce, of Honey just heated four ounces, let the Cyperus Costus, and Bay-berries be finely powdered together, and mixed with the hot Honey, the Frankincense, Mastich, and Myrrh, must be powdered apart, and added to the Honey, then add the Oyl of Bay-berries, the Turpentine, and the Wax melted together, and make a Plaster.

*Virtues.* It expels wind, and strengthens the stomach, and eases pain proceeding from cold or wind.

*Emplastrum Barbarum magnum.*

Take of dry Pitch eight pound, of yellow Wax six pound eight ounces, of Rosin of the Pine five pound four ounces, of Judaick Bitumen, or of Mummy four pound, of oyl one pint and an half, of Verdegrease, Litharge, and Cerus, each three ounces, of Frankincense half a pound, of liquid Alum

Alum, or of Roch Alum not burnt, an ounce and an half, of Roch Alum burnt four ounces, of Opoponax, Scales of Brals, Galbanum, each twelve drams, of Aloes, Opium and Myrrh, each half an ounce, of Turpentine two pounds, of the juice of Mandrakes, or of the bark of the roots dried six drams, of Vinegar five pints; the Litharge, Cerufs, and Oyl must be boiled to the consistence of Honey, the Pitch being melted and incorporated with the powder of the Bitumen, then add and boil the other things, till the Vinegar is consumed, at last add the Turpentine.

*Virtues.* It is reckoned good for the biting of venomous creatures, to take off inflammations, and for pains and weakness of the joints.

*Plaster of Bettony, in Latin, Emplastrum de Betonica.*

Take of green Bettony, Burnet, Agrimony, Sage, Penny Royal, Mille-foyl, the lesser Centaury, the greater Comfrey, Clary, each six ounces, Frankincense, Mastich, each three drams, of Orris, round Birthwort, each six drams, of white Wax and Turpentine, each eight ounces, of Rosin of the Pine six ounces, of Gum Elemly, and Oyl of Firr, each two ounces, of white Wine three pints; beat the herbs well in a Morter, and infuse them a whole week in the white Wine, stir them, and boil them; having strained out the Wine hard, and boiled with a gentle fire to the Consumption of a third part, add the oyl of Firr, then the Wax melted, presently after the Rosin and the Gum, then the Turpentine; having boiled them a little, and removed them from the fire, and cool them by degrees, add

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the powders of Orris, and of Birthwort, stir them well, and make a Plaster.

*Virtues.* It is used for diseases of the head and joints, and for Cementing broken bones.

*Emplastrum Cæsaris.*

Take of red Roses an ounce and an half, of the roots of Bistort, Cyperus-nuts, all the Sanders, Minc Coriander seeds, each three drams, Mastich half an ounce, Hypocistis, Acacia, Dragons blood, seal'd Earth, true Bole, red Coral, each two drams of Turpentine washed in Plantain water four ounces of oyl of Roses three ounces, of white Wax twelve ounces, Rosin of the Pine ten ounces, of Pitch five ounces, of the juices of Plantain, Houseleek, and Orpin, each one ounce; to the Wax, Rosin, and Pitch melted together, add the Turpentine and Oyl. Then the Hypocistis, and Acacia, dissolved in the foresaid juices, lastly the powders, and so make a Plaster.

*Virtues.* it is very astringent, it strengthens the back, and takes off the pains of it, and is good for the weakness of the joints.

*A Plaster for the head, in Latin, Emplastrum Cephalicum.*

Take of clear Rosin two ounces, of black Pitch one ounce, of Labdanum, Turpentine, the flower of Beans, and Orobus, and Pidgeons dung, each half, an ounce of Gum of Juniper and Nutmegs each two drams, dissolve the Myrrh with the Labdanum in a hot Morter, and mingle the rest and so make a Plaster; if you desire to have it stronger



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stronger, add of the powder of Euphorbium, of Pellitory of Spain, and of black Pepper each two scruples.

*Virtues.* It strengthens the head, and eases the head-ach, being applied to the Crown of the head shaved, and to the temples, but is commonly applied to the soles of the feet, to draw humors from the head.

*The Plaster of Hemlock with Ammoniacum, in Latin, Emplastrum de Cicuta cum Ammoniaco.*

Take of the juice of the leaves of Hemlock four ounces, of Vinegar of Squills, and Gum Ammoniacum, each eight ounces, dissolve the Gum in the juice and vinegar, after due infusion strain them, and boil them to a Plaster.

*Virtues.* It is good to soften hard swellings, and to take off inflammations.

*Plaster of Cummin, in Latin, Emplastrum à Cymino.*

Take of the seeds of Cummin, Bay berries, and yellow Wax, each one pound, of Rosin of the Pine two pound, of common Rosin three pound, of oyl of Dill, half a pound, mingle them and make a Plaster.

*Virtues.* This is good for windy ruptures, and to expel wind.

*Plaster called Diachalcitis, in Latin, Emplastrum Diachaciteos.*

Take of old fresh Hogs Lard, cleansed from the skins,

skins, two pound, of old oyl of Olives, Litharge of Gold powdred and sifted, each three pound, white Vitriol burnt and powdred four ounces, the Litharge, Lard, and Oyl, must be boiled together over a gentle fire, with a little Plantain water, to the consistence of a Plaster; take it from the fire and add the Vitriol, make a Mass.

*Virtues.* It is cooling, drying, and binding, it is commonly used to drive away Milk. This was formerly called Diapalma.

*Simyle Diachylon, in Latin, Diachylon Simplex.*

Take of the Mucilages of Fenugreek, and Linseed, and of the roots of Marshmallows, each one pound, of old clear oyl three pound, of Litharge of Gold, a pound and an half, that you may have a sufficient quantity of the Mucilage; take of the seeds of Fenugreek, and Flax seed, and of the roots of Marsh-mallows, each three ounces, of common water three quarts; the Litharge must be finely powdred, and being well mixed with the oyl must boil over a gentle fire to the consistence of Honey; take it from the fire, and let it cool, then add the Mucilages, and boil them with a gentle fire, till the watry part of them is evaporated, and make a Plaster.

*Virtues.* It mollifies, discusses, and heals.

*Diachylon with Orris, in Latin, Diachylon Ireatum.*

It's made of the foregoing Plaster an ounce of powdred Orris being added to every pound of the Plaster.

Great

*Great Diachylon, in Latin, Diachylon magnum.*

Take of the Mucilages of Raisins of the Sun, of fat Figs, of the roots of Marsh-mallows, of Lin-seeds, and Fenugreek-seeds, and of Bird lime, the Juice of Orris, Squills, Oesypus, or of the Oyl of Sheeps feet, each one ounce and an half, of Oyl of Orris, Camomel, and Dill, each eight ounces, of Litharge of Gold finely powdred one pound, of Turpentine three ounces, of Rosin of the Pine, and yellow Wax each two ounces; the Litharge must be finely powdred, and well mixed with the Oyl, then boil it over a gentle fire, and stir it continually till it is thick; then take it from the fire, and when it is a little cool add the Mucilages, first boiled with the oyls and strained, and gently boiled to the consumption of the superfluous moisture; afterwards add the Birdlime and Oesypus, dissolved with the juice of Orris and Squills, boil them till the juices are consumed; in all these whilst they are boiling must be melted the Wax and Rosin; then take them presently from the fire, and mingle with them the Turpentine, stirring it well, that the whole mixture may obtain the consistence of a Plaster.

*Virtues. It is cleansing and healing, and is good for swellings and inflammations; for it discusses, softens, and is anodyn.*

*Great*

*Great Diachylon with Gums, in Latin, Diachylon magnum cum Gummi.*

Take of Bdellium, Sagapenum, Ammoniacum, each two ounces, dissolve them in Wine and strain them; and boil them to the consistence of Honey; then add them to the Mass of the great Diachylon.

*Virtues.* It dissolves, digests, and ripens hard swellings, and is indeed an excellent Plaster for those purposes.

*Plaster of the Mucilages, in Latin, Emplastrum è Mucilagnibus, sive diachylon Compositum.*

Take of the Mucilages of the middle bark of the Elm, of the roots of Marsh-mallows, of Linseed and Fenugreek-seed, each four ounces and an half, of oyl of Cammomile, Lillies and Dill, each an ounce and an half, of Ammoniacum, Galbanum, Sagapenum, and Opoponax, each half an ounce, of yellow Wax twenty ounces, of Turpentine two ounces, Saffron two drams, the Mucilages being extracted with water, boil them over a gentle fire with the oyls, to the consumption of the watry moisture, melt the Wax, cut in peices in these, and stir them with a Spatula; take them from the fire, and whilst it is yet warm, add by degrees the Gums dissolved in Turpentine, and stir them well; lastly add the Saffron finely powdred, and so make a Plaster.

*Virtues.* It is an excellent Plaster to suppurate tumors

*A blistering Plaster, in Latin, Emplastrum Epistapticum.*

Take of simple Melilot Plaster three ounces, of Venice Turpentine, and whole Cantharides, each one ounce, of Burgundy Pitch three drams; make a Plaster.

*Virtues.* Blistering Plasters applied to the neck, arms, and wrists, or legs, do good in Fevers, by evacuating the humors, and diversing them from the head; they are also used to the neck, for head aches, Apoplexies, and defluxions on the eyes or teeth.

*The Plaster called the Flower of Oynments, in Latin, Flos unguentorum.*

Take of Rosin, Rosin of the Pine, yellow Wax, and Sheep-suet, each half a pound, of Olibanum four ounces, of Turpentine two ounces and an half, of Myrrh and Mastich, each one ounce, of Camphor two drams, of white Wine half a pint; boil them to a Plaster.

*Virtues.* It dissolves and digests tumors, it is drawing, cleansing, and good for strains.

*The Plaster of Lapis Calaminaris, in Latin, Emplastrum griseum de lapide Calaminari.*

Take of Lapis Calaminaris prepared one ounce, of Litharge two ounces, of Ceruls half an ounce, of Tutty one dram, of Turpentine six drams, of white Wax an ounce and an half, of Deers suet two ounces, of choice Franckincense five drams,  
of

of Mastich three drams, of Myrrh two drams, of Camphir one dram and an half, melt the Turpentine, Wax and Suet, and then add the powders of Franckincense, Mastich and Myrrh, and these being well mixed, add the powder of Lapis Calaminaris Litharge, Ceruss, and Tutty, and last whilst it is yet hot add the Camphir dissolved in a little Spirit of Wine, make a Plaster.

*Virtues.* It cools, heals, and dries, it is good for inflammations and to ease pain.

*Plaster of Hermodactiles, in Latin, Emplastrum de Hermodactilis*

Take of the Mals of the Plaster Diachaldis eight ounces, of Burgundy Pitch melted and strained through Canvass, four ounces, of white Venice Soap, and of new yellow Wax, each three ounces, of Butter of Oranges one ounce, of the seeds of Cummin, Hermodactiles, each an ounce and an half, of the leaves of dried Wormwood, of the flowers of Cammomile, and of Florentine Orris, each half an ounce; powder those things finely that are to be powdred, and make a Plaster.

*Virtue.* It eases pains of the Gout.

*Plaster for Ruptures, in Latin, Emplastrum ad Herniam.*

Take of Galls, Cyperus-nuts, Pomgranat peel, Balanins, Acacia, the seeds of Plantain, Fleabane, Cresses, Cups of Acorns, Beans torried long and round Birthwort, Myrtles, of each half an ounce, powder all these things, and infuse them four days in Rose Vinegar, then torrie and dry them; then take

Take of the greater and lesser Comfrey, of Horse-  
tail, Woad, Ceterach, of the roots of Royal O-  
mund and Fern, each one ounce, of Franckincense,  
Myrrh and Aloes, Mastich and Mummy, each two  
ounces, of Bole Armonick washed in Vinegar, La-  
pis Calaminaris prepared, Litharge of Gold and  
Dragons blood, each three ounces, of Ship Pitch  
two pound, of Turpentine six ounces, or so much  
is sufficient to make a Plaster.

*Virtues. It is used for Ruptures, strengthens the  
Back, stops Fluxes, and prevents Miscarriage.*

*Hysterick Plaster, . in Latin, Emplastrum  
Hystericum.*

Take of the roots of Bistort one pound, of the  
wood of Aloes, yellow Sanders, Nutmegs, the  
stones of Barberries, Rose-seeds, Cinnamon, Cloves,  
Sesamum, flowers of Cammomile, each half an  
ounce, Franckincense, Mastich, Alipta Moschata,  
Gallia Moschata, Storax Calamit strained, each  
one dram, of the best Musk half a dram, of yel-  
low Wax one pound and an half, of Turpentine  
half a pound, Moscheleum four ounces, Labdanum  
one pound, Ship Pitch three pound, the Wax and  
Pitch must be melted in oyl, then must be added  
the Labdanum and Turpentine, then the Storax, to  
being well mixed and cooled add the powders,  
then the Alipta, and the Gallia Moschata, and last  
all the Musk dissolved in Aromatick Wine; stir  
them well together, and make a Plaster.

*Virtues. It is good for Hysterick fits, being ap-  
plied to the Navel.*

*The Plaster of Mastich, in Latin, Emplastrum de Mastiche.*

Take of Mastich, three ounces, of Bole Arnick washed in red Wine an ounce and an half, red Roses six drams of Ivory and Myrtle berries, each half an ounce, of Turpentine, Clovephony, Tacamahaca, Labdanum, each two ounces, yellow Wax half a pound, oyl of Myrtles three ounces, powder those things apart that are not powdred, then melt the Wax in the oyl; take from the fire and add the Turpentine, afterward the Bole, the Roses, and the Ivory finely powdred, of all the Mastich: all must be very well mixed in a Mortar somewhat hot; make a Plaster.

*Virtues.* It stops Defluxions and Vomiting, strengthens the Stomach, being applied to it.

*Simple Plaster of Melilot, in Latin, Emplastrum de Meliloto Simplex.*

Take of pure Rosin eight pound, of yellow Wax four pound, of Sheeps Suet two pound, melt them, add to them of green Melilot cut small five pound and make a Plaster.

*Virtues.* It draws gently, and is most commonly used for dressing of Blisters.

*Red Lead Plaster, in Latin, Emplastrum de Minio.*

Take of red Lead nine ounces, of oyl of sweet Almonds a pint and an half, of white Wine Vinegar six ounces, boil them to a Plaster, it is also good



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without Vinegar. As, Take of red Lead one pound, of oyl of Roses a pint and an half, of Wax half a pound, make a Plaster; the Wax also may be left out.

*Virtues.* It is a good cooling, healing, and drying plaster.

### *Nerve Plaster, in Latin, Emplastrum Nervinum.*

Take of oyl of Cammomile and Roses, each two ounces, of Mastich, Turpentine and Flax, each an ounce and an half, of clear Turpentine six ounces, of the Suet of a gelded Calf, and of the Goar, each two ounces and an half, of the herbs Rosmary, Bettony, Horstail, and the lesser Centaury, each one handful; of Earthworms washed and purged in Wine three ounces, of the tops of St. John's-wort one handful, of Mastich powdred, Gum Elemi, and the roots of Madder, each ten drams, Ship Pitch and Rosin, each an ounce and an half, of Litharge of Gold and Silver, each two ounces and an half, of red Lead two ounces, of albanum, Sagapenum, and Ammoniacum, each three drams, boil the roots, herbs, and worms in a pint and an half of Wine, till half is consumed; then press it out, and boil the liquor again with the oyl, Suet, Litharge and red Lead, till the Wine is consumed; then add the Gums dissolved in fragrant Wine, then the Turpentine, and lastly the Rosin, Pitch, and Mastich powdred, and make a Plaster.

*Virtues.* It is good for weakness of the nerves and for pains.

Oxy-

*Oxycroceum.*

Take of Saffron two ounces and an half, Ship Pitch, Colophony, yellow Wax, each three ounces, of Turpentine, Galbanum, Ammoniac Myrrh, Olibanum, Mastich, each one ounce and three drams; to the Wax melted add the Pitch cleansed from its filth and strained, then the Colophony; to these melted and taken from the fire a little cooled, add the Galbanum and Ammoniacum, dissolved a part in Vinegar and strained, and boiled to the consumption of the Vinegar, and mix with the Turpentine; then sprinkle in the Frankincense, Mastich and Myrrh powdered, finely apart; lastly the Saffron finely powdered mix them well, and make a Plaster.

*Virtues.* It comforts the limbs, is good for an emallient, and discusses cold tumors.

*Plaster of Frogs, in Latin, Emplastrum Ranis.*

Take of live Frogs number six, of Worms washed in Wine three ounces and an half, of oyl of Comel, Dill, Spike, or of broad leaved Lavender extracted by distillation, and of Lillies each three ounces, of oyl of Bay-berries one ounce and an half, oyl of Saffron one ounce, of the fats of a Hog and Calf, each one pound, of a Viper two ounces, and half, of Euphorbium five drams, of Frankincense six of the juice of the roots of Elecampane and ground Elder, each two ounces, of Scenanth, Stechas, and of Fever-sew with the flowers, each one handfull of fragrant Wine two pints, of Licharge of Goats one pound, of clear Turpentine two ounces,

yellow

Yellow Wax four ounces, of Liquid Storax an ounce and an half, of quicksilver four ounces, boil the Eggs, the Worms, and the Herbs, with the juices, and oyls of Cammomile, Dill, Lillies; the grease and fat, and with a pint and an half of the Wine; the strained liquor add, the Litharge, the Wax small, and the remaining half pint of the Wine; boil them again till all the Wine is evaporated, and till it does not stick to the fingers; then add the Oyl of Saffron, Bay-berries, of Spike, and the fat of the Viper, afterwards the powder of Franckincense, and the Euphorbium, lastly when it is almost cold, the Quicksilver well mixed with the Storax and Turpentine, and stir them altogether till they may be well mixed; and make a Plaster.

*Virtues. It is chiefly used to dissolve hard swellings.*

*Emplastrum de Sandice.*

Take of the oyls of Calves, or of Neats feet, of Flax, each one pound, of white Lead, and red lead, each eight ounces, of Rosin and yellow Wax, each four ounces, of Camphir half an ounce; mingle them; and make a Plaster.

*Virtues. It gives ease, is drying, and cooling, and good for inflammations*

*Plaster of Soap, in Latin, Emplastrum e Sapone.*

Take of common-Oyl two pound, red Lead one pound, set them on the fire, and stir them until they are mixed; take it from the fire, and mix with them

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them half a pound of *Venice Soap* cut in small pieces, whilst it is yet hot.

*Virtues.* It is proper for the Gout, and pains the joints.

*Emplastrum Sticticum Paracelsi.*

Take of Oyl of Olives six ounces, of yellow Wax an ounce and an half, of Litharge powdred four ounces and an half, of Ammoniacum and Bdellium, each half an ounce, of Galbanum, Opoponax, Oyl of Bays, Lapis Calaminaris, of both the Birthworts, Myrrh, and Franckincense, each two drams, of pure Turpentine one ounce, boil the Oyl and Litharge together, keep them stirring, and let them be well mixed; when it will not stick to the fingers, take it from the fire and melt the Wax, then add the Turpentine mixed with the Gums, afterwards add the Powders, and when they are cold, add the Franckincense, then the oyl of Bays and make a Plaster.

*Virtues.* It is commonly used for bruises and aches.

*The Magisterial Stomach Plaster, in Latin*  
*Emplastrum, Stomachicum Magistrale*

Take of Mint, Wormwood, Stechas, the leaves of Bays, each one dram, Marjoram, red Roses, yellow Sanders, each two drams, sweet smelling Flag, wood of Aloes, flowers of Lavender, Nutmegs, Cubebs, Galingal, long Pepper, Mace, each one dram, of Mastich three drams, of Cloves two drams and an half, of oyl of Mint an ounce and an half, of Nard oyl one ounce, oyl of Spike one dram, Rosin, Wax, each four ounces, Labdanum three

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all p... re ounces, Storax strained half an ounce; make  
Matter.

ains Virtues. *It comforts and strengthens the Stomach.*

### *Chymical Medicines that are frequently used.*

#### *Bexoardicum Minerale.*

Melt in hot ashes two ounces of the butter of  
Antimony, and pour it into a viol or bolt head, drop  
to it good Spirit of Nitre, until the matter is per-  
fectly dissolved; commonly so much spirit of Nitre  
requisite as there is Butter of Antimony; during the  
solution there will rise up vapours, that you must  
have a care of, and therefore will do well to place  
the vessel in a Chimney; pour your solution into  
a glass Body, or an earthen dish, and evaporate it  
over a gentle Sand-fire, until it is dry, there will re-  
main a white Mass, which you must let cool, then  
pour upon it two ounces of Spirit of Nitre; set the  
vessel again in the sand, and evaporate the liquor  
as before, once more pour two ounces of Spirit of  
Nitre unto the white Mass, and having evaporated  
the humidity, increase the fire a little, and Calcine  
the matter for half an hours time, then take it off  
the fire and you will have a white powder, which  
you must keep in a viol well stoped.

Virtues. *It is sudorifick, and serves for the same  
uses as Diaphoretick Antimony.*

Dose. *Is from six to twenty grains, in broth or  
some proper liquor.*

*Diapho-*

*Diaphoretick Antimony, in Latin, Antimoni-  
um Diaphoreticum.*

Powder and mix well together one part of Antimony with three parts of purified Salt Petre, and having heated the Crucible red hot in the coals, cast into it a spoonful of your mixture, you'll hear a noise or detonation, after that is over, cast in another spoonful, and continue to do so, till all your powder is in the Crucible; leave a great fire about it two hours, then throw your matter, which will be white into an earthen pan, almost filled with Fountain water, and leave it a steeping warm ten or twelve hours, that the fixed Salt Petre may dissolve in it; separate the liquor by inclination, wash the white powder that remains at bottom five or six times with warm water, and dry it. This is called *Diaphoretick Antimony*.

*Virtues.* It is good to procure sweat, and to resist poison, for Malignant diseases and the Plague.

*Dose.* It may be given from six grains to thirty, in some proper liquor.

*Liver of Antimony, in Latin, Crocus Metallorum.*

Take a pound of Antimony, and so much Salt Petre, powder them and mix them well together; put this mixture into an Iron Mortar, and cover it with a tyle, leave an open place nevertheless, through which you may convey a coal of fire, and take it out again, the matter will flame, and cause a great detonation, which being over and the Mortar growing cold, strike against the bottom, that the matter may

may fall down, then separate the dross with a Hammer from the shining part, which is called Liver of Antimony; to make the Emetick Wine, you must infuse an ounce of the Liver of Antimony, powdered in a quart of white Wine four and twenty hours, and so let it settle. The Dose of this Wine is from half an ounce to two ounces; that which is called Crocus Metallorum, is nothing but the Liver of Antimony washed several times with warm water, and afterwards dried.

Dose. *Is from two to eight grains.*

*Glass of Antimony, in Latin, Vitrum Antimonii.*

Calcine in a small fire a pound of Antimony in powder, in an earthen pot unglazed, stir the matter continually with an Iron Spatula, until vapours rise no longer; but if notwithstanding your stirring, the powder should chance to run to lumps, as often happens to do; put it into a Mortar and powder it, then calcine it again, and when it will run no more, and is of a grey colour, put it into a good Crucible covered with a tye, and set it in a wind furnace, wherein you must make a very violent coal fire round about the Crucible, to the end the matter may melt, about an hour afterwards remove the Crucible, and put in the end of an Iron rod into it, see whether the matter that sticks to it is become Diaphanous; if it be, pour it upon a Marble well warmed, it will congeal, and you'll have the glass of Antimony which you must let cool, and so keep it for use.

Virtues. *It is of it self the most violent Vomit that is made of Antimony.*

H

Dose.

*Dose.* It is given in substance from two grains to six.

*The following Vomitive Pill was frequently used with excellent success, by a famous Mountebank in England.*

Take of Glass of Antimony powdred, and Cream of Tartar, each one ounce, with a sufficient quantity of common Treacle, make Pills of the bigness of a large pease; sprinkle them with fine wheate Flower; one is a Dose.

### *Mercurius Vitæ.*

Melt in a hot sand Butter of Antimony, made in the following manner, powder and mix six ounces of Regulus of Antimony, with a pound of Sublimat Corosive, put this mixture into a glass Retort whose half remains empty, set your Retort in sand and after having fitted to it a receiver, and lute the junctures; you must first make a small fire under it, and there will distill a clear Oyl, after that augment the fire a little, and there will come forth a white thick liquor like Butter, which will stop the neck of the Retort and break it, if you did not take care to set the live coals near it, that it may melt and run into the Receiver, continue the fire, until you see a red vapour come forth; then take away the Receiver and put another in its place filled with water: Increase the fire by degrees, to make the Retort red hot, and the Mercury will run into the water; dry it and keep it for use as other Mercuries.

*Virtues.* The Butter of Antimony is Caustick.



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Melt, as I said before, the Butter of Antimony, pour it into an earthen pan, wherein are two or three parts of warm water, a white powder will precipitate, which must be sweetned with many lotions, and then kept for use. It is improperly called *Mercurius Vitæ*.

*Virtues.* It purges strongly upwards and downwards.

*Dose.* It may be taken from two grains to eight, in broth or some proper liquor.

### *Common Regulus of Antimony, in Latin, Regulus Antimonii.*

Take sixteen ounces of Antimony, twelve ounces of crude Tartar, and six ounces of Salt Petre refined, powder them and mix them well together, then heat a large Crucible red hot, throw into it a spoonful of your mixture, and cover it with a tyle until the detonation is over, continue to throw into the Crucible spoonfuls of this mixture, one after another, until all of it is spent, then light a great fire about it, and when the matter has been some time in fusion, pour it into a Mortar or an Iron Mould greased with Suet and heated; then strike the sides of the said Mould or Mortar with Tongs, to make the Regulus precipitate to the bottom; when it is cold, separate it from the dross that remains at the top of it with a hammer, and after you have powdered it, melt it in another Crucible, then throw into it a little Salt-Petre, there will rise a little flame from it; then pour out the matter into an Iron Mortar well cleansed and greased, let it cool, and you have four ounces and an half of Regulus; if you melt it over again, and form it

into balls of the bigness of a Pill, you have a perpetual Pill; that is to say, such as being taken and voided fifty times, will purge every time, yet there is hardly any sensible diminution. This Regulus is melted in a Crucible, and then cast into Moulds to make Cups, but it is somewhat hard to do it, by reason of a sharpness in the Regulus, that hinders its parts from uniting, so as to spread well; if you put white Wine in these Cups, it will Vomit like the Emetick Wine.

*Cinnabar of Antimony, in Latin, Cinnabar̄is Antimonii.*

Fill a Retort half full of Sublimate Corrosive and Antimony, powdred and mixed well together, set the Retort in Sand, in a small Furnace, and fitting a receiver to it, and luting the junctures, proceed in the Distillation, in the same manner as I shew'd in making Butter of Antimony. When the vapours begin to appear, take away the Receiver and put another in its place, without luting the junctures, increase the fire by little and little, till you make the Retort red hot, continue it so three or four hours, then let the Retort cool and break it, you'll find a Cinnabar Sublimed, and adhering to the neck; separate it, and keep it.

*Virtues.* It is a good Remedy for the Pox, and for ling sickness, it forces sweat.

*Dose.* It may be given from six to fifteen grains.

*Note.* The Butter of Antimony distilled in the first part of this Operation is Caustick, like the others before described.

*Mercury Corrosive, in Latin, Mercurius sublimatus Corrosivus.*

Put a pound of Mercury revived from Cinnabar into a Matrafs; pour upon it eighteen ounces of the spirit of Nitre, set your Matrafs in sand a little warm, and leave it there till it be all dissolved; pour your dissolution which will be clear as water, into a glass or earthen pan, and evaporate the liquor gently in sand, until there remains a white mass, which you must powder in a glass Mortar, and mix with a pound of Vitriol calcined white, and much salt decrepitated, put this mixture into a Matrafs, two thirds whereof must at least remain empty: Place your Matrafs in sand, and begin with giving a small fire, which you must continue so for three hours, then increase it with Coals to a pretty good strength there will rise a sublimat to the top of the Matrafs, the operation must be ended in six or seven hours, let the Matrafs cool then break it, avoiding a kind of light powder that flies in the air, when the matter is stirred, you'll have a pound of very good sublimat; keep it for use: the red Scoria that are found at the bottom, must be flung away as useless.

*Virtues.* This sublimat is a powerful Escharotick, eats proud flesh, and cleanses old ulcers very well: half a dram of it be dissolved in a pint of Lime water it turns yellow, and makes that which is called Phagedenick water, which is used for the same purpose, but is more gentle.

*Mercury Water.*

Take of the roots of white Lillies two drams  
boil them in a sufficient quantity of Fountain water  
to a pint, strain it, and add to it two drams of bi-  
ter Almonds blanch'd, dissolve in it in a glass Mor-  
tar, two drams of Mercury sublimar, make a white  
water.

*Virtues.* This is good to take off spots or pimples  
from the face, and to beautifie it.

*Sweet Sublimat, in Latin, Mercurius du-  
cis.*

Powder sixteen ounces of Sublimat Corrosive  
a Marble or glass Mortar, mix with it by little and  
little, twelve ounces of Mercury reviv'd from Cin-  
nabar; stir this mixture with a wooden pestle, un-  
til all the quicksilver becomes imperceptible; then  
put this gray powder into several Viols, or into  
Matrass, two thirds whereof remain empty; place  
your vessel in sand, and give a little fire at first  
then augment to the third degree, continue it in  
this condition until your Sublimat is made, which  
usually happens in four or five hours; break your vi-  
ols, and sling away a little light earth that is found  
at bottom; separate also that which sticks to the  
neck of the Viols or Matrass, and keep it for Oyn-  
ments against the itch, but gather up carefully  
that is in the middle, which is very white, and hav-  
ing powdred it, resublime it in Viols or a Matras-  
as before; separate once more the matter that is  
in the middle, and resublime it in other viols as before  
Lastly, separate the earthy matter at the bottom

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and the fuliginous that lies in the neck of the Viols,  
and keep the sublimar that is in the middle ; for it  
is sufficiently dulcified.

*Virtues.* It is used for all sorts of venereal diseas-  
es, it opens obstructions, and kills worms ; it purges  
powerfully by stool.

*Dose.* It may be given from six to thirty grains,  
in Pills or the like.

*White precipitat, in Latin, Mercurius præ-  
cipitatus albus.*

Dissolve in a glass Cucurbit sixteen ounces of  
Mercury revived from Cinnabar, with eighteen or  
twenty ounces of Spirit of Nitre ; when the disso-  
lution is made, pour upon it salt water filtrated,  
made of ten ounces of Sea salt, in two quarts of  
water, add to this about half an ounce of the vola-  
tile Spirit of Sal Armoniack, there will precipitate  
a very white powder, that you must leave for a suffi-  
cient time to settle, then having poured off the wa-  
ter by inclination, wash it several times with Foun-  
tain water, and dry it in the shade.

*Uses.* It is used to raise a flux with, and to  
cure tetters and the itch.

*Dose.* It may be given inwardly from four to fif-  
teen grains in Pills ; when it is used outwardly, a  
dram or two drms of it may be mixed with an ounce  
of Pomatum.

*Red Precipitat, in Latin, Mercurius præci-  
pitatus Ruber.*

Take eight ounces of Mercury revived from  
Cinnabar, dissolve it in eight or nine ounces of Spi-

rit of Nitre ; pour the dissolution into a Viol or Matraſs with a ſhort neck, ſet it in ſand and evaporate all the moiſture with a gentle heat, until there remains a white Maſs, then quicken the fire by little and little to the third degree, and keep it in this condition till all your matter is turned red ; then take it off the fire, let the Viol cool, and break it to obtain your Precipitat, which weighs nine ounces.

*Virtues.* It is a good Eſcharotick, it eats proud fleſh, and is uſed for laying open of Chancres, mixed with burnt Alum, Ægyptiacum, and the common Suppuratives ; ſome give four grains of it inwardly to raiſe a flux ; but unleſs rectified ſpirit of wine be burnt upon it two or three times, it is dangerous to be given inwardly.

*Turbith Mineral, in Latin, Turpethum Minerale.*

Put four ounces of quickſilver revived from Cinnabar into a glaſs Retort, and pour upon it ſixteen ounces of oyl of Vitriol : ſet your Retort in ſand, and when the Mercury is diſſolved, ſet the fire underneath it, and diſtil the humidity ; make the fire ſtrong enough towards the end, to drive out ſome of the laſt Spirit of all ; afterwards break the Retort, and powder in a glaſs Mortar, a white Maſs you'll find within it, which weighs five ounces and an half, pour warm water upon it, and the matter will preſently change into a yellow powder which you muſt dulcifie by a great many repeated lotions ; then dry it in the ſhade : You'll have three ounces and two drams of it.

*Virtues.*

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**Virtues.** It purges strongly both by vomit and stools  
it is given in Venereal diseases.

**Dose.** Six or nine grains of it may be given at  
a time in Pills,

### *Ethiops Mineralis.*

Take of the flowers of Sulphur two parts, of  
rude Mercury one part, mingle them well together  
in a glass Mortar, then fire it, and so make a black  
powder.

**Virtues.** It is used in the French Pox, for a drop-  
sy and for old sores.

**Dose.** Half a dram of it may be taken night  
and morning mixed with a little syrup of Gilly-  
flowers, or made into a Bolus with Conserve of Ro-  
ses, for the space of three weeks, or a month; but  
it will be convenient to purge once a week, although  
there is no fear of its fluxing.

### *Arcanum Corallinum.*

Put red Precipitat into an earthen pot, and pour  
on it Spirit of Wine well rectified, then fire it,  
and when the Spirit is consumed add more; do so  
several times.

**Virtues.** It purges, and sometimes procures a vo-  
mit, it opens obstructions, and dissolves a Schirrous,  
and cures the pox.

**Dose.** Three or six grains may be given at a

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Steel

*Steel prepared, in Latin, Chalybs præparatus.*

Take of the filings of Steel separated from the filth by a Loadstone, as much as you please, moisten them twelve times with sharpe white Wine Vinegar, and dry them in the sun, or in a dry or warm air, then grind them upon a Porphyry stone, pouring upon them a little Cinnamon water, and let them be reduced to a very fine powder, and keep for use. It may be also prepared by thrusting roles of Brimstone upon red hot Steel, for then it will melt by drops into a Bucket of water placed under it; dry it, and powder it, and keep it for use.

*Virtues.* It is good to open obstructions, and sweeten the blood, and for Hysterick, and Hypochondrick diseases.

*Dose.* Eight or ten grains of it may be taken in a morning, mixed with Conserve of Roman Wormwood, for the space of a month, drinking upon it a good draught of Wormwood Wine or Beer.

*Opening Saffron of Mars, in Latin, Crocus Martis Aperitivus.*

Wash well several Iron Plates, and expose them to the dew for a good while, they will rust, and you must gather up this rust, set the same Plates again to receive the dew, and gather the rust as before, continue to do so till you have gotten enough, this rust is really better then all the preparations of Iron that is called Crocus.

*Virtues.* It is excellent for obstructions of the Liver, Pancreas, Spleen, and Mesentery; it is also very successfully for the Green Sickness, stopping



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*the Courses, Dropfies, and other diseases that proceed from obstructions.*

*Dose.* The same with the former in Lozenges or Pills.

### *Astringent Saffron of Mars, in Latin, Crocus Martis Astringens.*

Take equal quantities of filings of Steel and Sulphur powdred, mix them together, and make them into a Paste with water; put this past into an earthen Pan, and leave it a fermenting four or five hours, after which put the Pan over a good fire, and stir the matter with an Iron Spatula; it will flame, and when the Sulphur is burnt, it will appear black, but continuing a good strong fire, and stirring it about two hours, it will be of a very red colour, then wash it five or six times in strong Vinegar, leaving it to steep an hour at a time, then Calcine it in a Pot, or upon a tyle in a great fire five or six hours, after that let it cool, and keep it for use.

*Virtues.* It stops a looseness, the immoderate fluxes of the Hemorrhoids and Courses

*Dose.* A scruple or a dram may be taken a time in Lozenges or Pills.

### *Salt or Vitriol of Mars, in Latin, Sal Martis.*

Take a clean frying pan, and pour into it an equal weight of Spirit of Wine and oyl of Vitriol; let it for some time in the Sun, and then in the Shade without stirring it; you will find all the liquor incorporated with the Mars, and turned into a Salt that

that you must dry, and then separate from the pan, keep it in a viol well stopd.

*Virtues.* It is an admirable remedy for all diseases that proceed from Obstructions.

*Dose.* Six or twelve grains may be taken at a time, in broath or some proper liquor.

*Note.* Syrup of Steel may be made presently of it in the following manner. Take of salt of Mars two drams, of compound Gentian water one ounce, of altering Syrup of Apples nine ounces; mingle them.

*Volatile Spirit of Sal Armoniac, in Latin,  
Spiritus Salis Armoniaci.*

Take eight ounces of Sal Armoniack, and twenty four ounces of Quicklime, powder them apart, and when you have mixed them in a Mortar, pour on them four ounces of water, and put it quickly into a Retort, half whereof must remain empty; set your Retort in a sand Furnace, and fitting to it a great Receiver, and luting the Junctures exactly, begin the distillation without fire for a quarter of an hour; afterwards increase it by little and little, unto the second degree, continue it till nothing more comes forth; take off your Receiver, and pour out the Spirit immediately into a Viol, turning away your head as much as may be, to avoid a very subtle vapour that continually rises from it, stop the bottle close with Wax, to keep the Spirit in; you will have of it five ounces and six drams.

*Virtues.* It is an excellent remedy for all diseases that proceed from obstructions, and corruption of humors, as malignant Fevers, the falling Sickness, Palsy, Plague, and the like; it drives by perspiration or by urine.

*Dose.*

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*Dose.* It may be taken from six drops to twenty, in a glass of Balm or Carduus water.

### *Spirit of Salt, in Latin, Spiritus Salis*

Dry Salt over a little fire, or else in the Sun; then powder finely two pounds of it, mix it well with six pounds of Potters earth powdered, make up a hard past of this mixture, with as much rain water as is necessary; form it into little pellets of the bigness of a nut, and set them in the Sun a good while a drying; when they are perfectly dry, put them into a large earthen pot, or glass one luted, whereof a third part must remain empty; place this Retort in a reverberatory Furnace, and fit to it a large capacious Receiver, without luting the junctures; give a very moderate heat at first to warm the Retort, and make an insipid water come forth drop by drop; when you perceive some white clouds succeed these drops, pour out that which is in the Receiver, and having refitted it, lute the junctures close, increase the fire by degrees to the last degree of all, and continue it in this condition twelve or fifteen hours, all this while the Receiver will be hot, and full of white clouds; but when it grows cold, and the clouds disappear, the operation is at an end; unlute the Junctures, and you will find the Spirit of Salt in the Receiver; pour it into an earthen or glass bottle, and stop it well with Wax.

*Virtues.* It is an aperitive, and is used in juleps to an agreeable acidity, for such as are subject to the gravel, it is also used to cleanse the teeth, being tempered with a little water, and to consume the rottenness of the bones.

*Spir*

*Sweet Spirit of Salt, in Latin, Spiritus Salis dulcis.*

Mix equal parts of Spirit of Salt and Spirit of Wine; set them in digestion two or three days in a double vessel, in a gentle sand heat.

*Virtues.* It's esteemed better than the other to be taken inwardly, because it's less corrosive.

*Dose.* It may be given from four to twelve drops in some proper liquor.

*Lapis Medicamentosus.*

Powder and mix together Colcothar, or red Vitriol that remains in the Retort after the Spirit is drawn out, or for want of it, Vitriol calcined to a redness, two ounces of Litharge, Alom, and Bole Armonick, each four ounces; put this mixture into a glazed pot, and pour upon it good Vinegar enough to cover the matter two fingers high, cover the pot, and leave it two days in digestion; then add to it eight ounces of Nitre, two ounces of Sal Armonick, set the pot over the fire, and evaporate all the moisture, Calcine the Mass that remains about half an hour in a strong fire, and keep it for use.

*Virtues.* It is a good remedy to stop the running of the reins, a dram of it being dissolved in eight ounces of Plantain water, or Smiths water to make an injection into the yard: It is also good to cleanse the eyes in the small Pox; seven or eight grains of it must be dissolved in four ounces of Plantain water, or Eye-bright water; it's also good to stop blood, being outwardly applied to wounds.

*Styptic*

*Styptic water, in Latin, Aqua Styptica.*

Take Colcothar, or red Vitriol that remains in the Retort after the Spirit is drawn out, burnt Alum, and Sugar Candy, each half a dram, the urine of some young person, and rose water each half an ounce, Plantain water two ounces; stir them altogether a good while in a Mortar, then pour the mixture into a viol, and when you use it, separate it by inclination.

*Virtues.* If you apply a bolster dipt in this water to an opened artery, and hold your hand a while upon it; it stops the blood. In like manner, you may wet a pledget in it, and thrust it into the nose when an hemorrhage continues too long; taken inwardly it cures spitting of blood, the bloody flux, and the immoderate flux of the Hemorrhoids and Courses.

*Dose.* When 'tis taken inwardly, half a dram or a dram may be given at a time in Knotgrafs water.

*Spirit of Vitriol, in Latin, Spiritus Vitrioli.*

Fill two thirds of a large earthen Retort, or glass one luted, with Vitriol calcined to whiteness, place it in a close reverberatory Furnace, and fitting to it a great Receiver, give a very small fire to warm the Retort, to make the water come forth, that may still remain in the Vitriol, and when there will distil no more, pour the water out of the Receiver into a bottle; this is called Flegm of Vitriol, it's used in inflammations of the eyes, to wash them with. Refit the Receiver to the neck of the Retort

Retort, and luting the Junctures exactly, increase the fire by degrees, and when you perceive clouds to come forth into the Receiver, continue it in the same condition till the Receiver grows cold, then strengthen the fire with wood to an extream violence until the flame rises through the runnel of the reverberatory, as big as ones arm, the Receiver will fill again with white clouds, continue the fire after this manner three days, and so many nights, then put it out, miltate the Junctures when the vessels are cold, and pour the Spirit into a glass body, set it in sand, and fit to it quickly a head with its Receiver, lute the junctures close with a wet bladder, and distil with a very gentle fire about four ounces of it; this is the Sulphureous Spirit of Vitriol, keep it in a vial well stopd.

*Virtues.* It's good for an *Asthma, Palsy, and diseases of the lungs.*

*Dose.* Six or ten drops of it may be taken at a time in some convenient liquor.

Change the receiver, and augmenting the fire, distil about half the liquor that remains in the body, this is called the acid spirit of Vitriol.

*Virtues.* It's mixed with juleps to give an agreeable acidity.

That which remains in the body, is the most acid part of the Vitriol, and is improperly called oil.

*Virtues.* It may be used like the acid Spirit for continual Fevers, and other diseases that are accompanied with violent heat.

*Salt of Vitriol, in Latin, Sal Vitrioli.*

Take two or three pounds of Colcothar that remains in the Retort after distillation of the Vitriol,

let

Let it infuse in eight or ten pints of warm water, for ten or twelve hours; boil it a little while, and then let it settle, separate the water by inclination, and pour new water upon the matter; proceed as before; and mixing your impregnations, evaporate all the moisture in a sand heat, in a glass or earthen vessel, there will remain a Salt at bottom.

*Virtues.* It's used to vomit, it works gently, safely, and quickly.

*Dose.* Half a dram, or a dram of it may be given at a time, dissolved in Posset drink.

*Spirit of Nitre dulcified, in Latin, Spiritus Nitri dulcis.*

Put into a large bolt head eight ounces of good Spirit of Nitre, and so much Spirit of Wine, well deglammated, set you bolt head in the Chimney, upon a round of Straw; the liquor will grow hot without coming near the fire, and half an hour afterwards or an hour, it will boil very much; have a care of the red vapours that come out a pace at the neck of the bolt head, and when the ebullition is over, you'll find your liquor clear at the bottom, and to have lost half what it was; put it into a glass Retort and receiver, distil it off till it is dry, Cohobate it twice, put it into a vial, and keep it for use.

*Virtues.* It is good to expel wind, for the Cholick, and Nephritic pains, Hysterick diseases, and all obstructions, and being added to cordials, it gives them a fragrant smell, and revives the Spirits.

*Dose.* Eight, or ten drops of it may be taken at a time in some proper liquor.

*Spiris*

*Spirit of Wine rectified, in Latin, Spiritus Vini rectificatus.*

Take four Gallons of Brandy, put it into an Alembick, with half a peck of ordinary Salt, or bay Salt well dryed, lute on the head, and make a gentle fire, draw off as long as you find it will burn all away, which you may know by trying a little now and then in a spoon; if it be good Brandy half of it will burn away; this is rectified Spirit of Wine; that which distills after, and will not burn all away, must be kept for other uses.

*Virtues.* It is used in Chymistry, to draw Tinctures and the like, outwardly applied it discusses tumors, and cures burns, if it be presently used.

*Cream of Tartar, in Latin, Cremor Tartari.*

Boil in a great deal of water what quantity of white Tartar you please, until it be all dissolved, pass the liquor hot through Hippocrates's sleeve into an earthen vessel, and evaporate about half of it; set the vessel in a cool place for three days, and you'll find thick Crystals on the sides, which you are to separate, evaporate again half the liquor that remains, and remit the vessel to the Cellar as before, there will shoot out new Crystals; continue doing thus till you have gotten all your Tartar.

*Virtues.* Crystal or Cream of Tartar is Aperitive, good for dropries and asthmatical persons, it is also purgative, but it is most commonly used with other purges to quicken them.

Dose



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*Dose.* It may be given from half a dram to three drams in some proper liquor.

Oyl of Tartar *per deliquium* is made by exposing Salt of Tartar in a Cellar, in a wide glass vessel.

*Virtues.* It's used for tetter, and to discuss tumors; Ladies mix it with Lilly water, to clear the complexions, and to cleanse their hands.

### *Tartar Vitriolated, in Latin, Tartarum Vitriolatum.*

Put into a glass body what quantity you please of oyl of Tartar, made by deliquium; pour upon it by little and little rectified Spirit of Vitriol, there will be a great effervescency, continue to drop more in, till there is no further ebullition; then place your Cucurbit in Sand, and evaporate the spirit with a little fire, there will remain a very white Salt; keep it in a viol well stopd.

*Virtues.* It is a good aperitive, and is also a little purgative, it is given in Hypochondriacal cases, the Kings-evil, to open Obstructions, and to force Urine.

*Dose.* It may be given from ten to thirty grains in some proper liquor.

### *Spirit of Harts horn, in Latin, Spiritus Cornu Cervi.*

Take six pound of Hartshorn, it must be broken or sawn an inch long, and split in the middle, put the pieces into a pottle Retort, and place it in a Chappel Furnace, letting your sand be but an inch high

high in the pot, when you put in the Retort, then cover it with sand up to the neck, and lute on a gallon Receiver, then make fire by degrees, viz. In the first degree about four hours you may perceive the flegm to drop into the Receiver, increase your fire to the second degree, continue it in that degree for four hours more, and by that time you will perceive the white fumes to come into the Receiver, and the Volatile Salt beginning to shoot, then increase your fire to the third degree, let it continue there two hours, then your Receiver will be full of white fumes, and the Salt will shoot in the form of Stags horns, increase your fire to the fourth degree; continue it there till the fumes cease, and then the distillation is ended.

*Rectification of Spirit of Harts-horn.*

Take off the Receiver, separate the spirit from the oyl by a glass tunnel, which you may do by holding your finger at the bottom of the tunnel, the Spirit will come forth; put the spirit into a tall glass Cucurbit, with the volatile Salt, you may put to it a sheet of brown Paper, to keep the oyl from rising that came with the spirit; lute on an Alembick, and to that a Receiver, set it on a digestive furnace in the second degree, and in an hour or two's time, you'll perceive the Spirit to drop, and the Salt begin to shoot in the head; let it continue there till all the Salt is gone out of the head, which is a true sign that the Spirit is all come over; then take off your Receiver, and if there be any oyl upon the Spirit, separate it as before with a glass tunnel, or with a filter of Cap-paper:

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paper: If it be not clear from the oyl, it must be rectified again.

*Virtues.* The Spirit is chiefly used for vapours, and for diseases of the head, and is often used outwardly to the nostrils to suppress vapours.

*Dose.* Ten drops of it may be given at bed time in a glass of Canary.

The Volatile Salt of it is frequently given in Cordials to heighten the Pulse when they are languid; four or five grains of it may be given at a time.

### *Balsam of Sulphur, in Latin, Balsamum Sulphuris.*

Put into a small Matraass an ounce and an half of flowers of Sulphur, and pour upon it eight ounces of oyl of Turpentine, place your Matraass in sand, and give it a digesting fire two hours; afterwards increase it a little for four hours, and the oyl will take a red colour, let the vessel cool, then separate the clear Balsam from the Sulphur that could not dissolve.

*Virtues.* It is excellent for ulcers of the lungs and breast, it is also used to cleanse ulcers.

*Dose.* Five or six drops of it may be taken at a time in some proper liquor, or mixed with Sugar.

To make the Aniseed Balsam of Sulphur, you must use the oyl drawn from Aniseeds instead of oyl of Turpentine, and proceed as before.

*Virtues.* It is also good for the Lungs.

*Flavour*

*Flower of Sulphur, in Latin, Flos Sulphuris.*

Put about half a pound of Sulphur grossly powdered into a glass body; place it in a small open fire, and cover it with a pot, or another Cucurbit turned upside down, one that is unglazed, so as that the neck of one may enter into the neck of the other; change the upper Cucurbit every half hour, adding another in its place; add likewise new Sulphur, gathering your flowers which you find stick in the Cucurbit, and continue to do thus until you have got as much as you desire; then put out the fire, and let the vessels cool; there will remain at bottom only a little light insignificant earth.

*Virtues.* Flower of Sulphur is used in diseases of the Lungs and Breast; it is also used in Ointments for the Itch.

*Dose.* It may be taken from ten to thirty grains, in Lozenges or in an Electuary.

*Magistery of Sulphur, in Latin, Lac Sulphuris.*

Take four ounces of the flower of Sulphur, and twelve ounces of the Salt of Tartar, or Salt Petre fixed by the coals; put them into a large glazed pot, and pour upon them six or seven pints of water; cover the pot, and setting it on the fire, make the matter boil five or six hours, or until being become red, the Sulphur is all dissolved; then filtrate the dissolution, and pour upon

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up it by little and little distilled Vinegar, or some other acid, there will presently appear a Milk, let it settle, that a white powder may precipitate to the bottom of the vessel; pour off by inclination that which is clear, and having washed the powder five or six times with water, dry it in the shade.

*Virtues.* It is thought good for all diseases of the Lungs and Breast.

*Dose.* It may be given from six to sixteen grains, in some proper liquor.

*Flower of Benjamin, in Latin, Flos Benzoini.*

Take an earthen pot high and narrow, with a little border round it, put into it three or four ounces of clean Benjamin grossly powdred, cover the pot with a Coffin of Paper, and tie it round about under the border; set the pot into hot ashes, and when the Benjamin is heated the flowers will sublime; take off the Coffin every two hours, and put another in its place, stop up quickly in a glass the flowers you find in the Coffins, and when those which afterwards sublime begin to appear oily, take the pot off the fire.

*Virtues.* They are good for asthmaticall people, and to fortifie the stomach.

*Dose.* They may be taken from two grains to ten in an Egg or Lozenges.

*Tinctures*

*Tincture of Benjamin, in Latin, Tinctura Benzoini.*

Take three ounces of Benjamin, and half an ounce of Storax, powder them grossly, and put them into a Bottle or Matrafs half empty, pour upon them a pint of Spirit of Wine; stop the vessel close, and set it in warm Horse dung, leave it in digestion for a fortnight, after which filtrate the liquor, and keep it in a viol well stop'd; some add to it five or six drops of Peruvian Balsam, to give it a better smell.

*Virtues.* It is good to take away spots in the face.

*Dose.* A dram of it is put into four ounces of water, and it whitens it like Milk; the water serves for a wash, and is called Virgine Milk.

*Ens Veneris.*

Take of the best Hungarian, or of the best Dantzick Vitriol, calcine it in a strong fire, till it be of a dark red, dulcifie it, by such frequent effusions of hot water, that at length the water that has passed through it, appears full as tasteless as when it was poured on; dry it, and grind it with an equal weight of Sal Armoniack, put this mixture into a glass Retort, either in a strong a heat as can conveniently be given in Sand or else in a naked fire, force up as much of it as you can to the top or neck of the Retort; and this sublimation being ended, break the Retort

by aside all the Caput Mortuum, and take all the Sublimate and grind it well again, that if any part of the Sal Armoniack appears sublimed by it self, it may be reincorporated with the Colcothar; resublime this mixture *per se* in a glass Retort as before, and if you please, you may once more elevate the second sublimate: but it is not always necessary that that which is reddest is best.

*Virtues.* It provokes *feces*, and gently *urine*; it is good for the *itchiness* and disposes to *sleep*.

*Dose.* Little children may take two or three grains for many nights together: grown persons may take five or six grains at a time; it may be taken in two or three spoonfuls of Sack, or in some Cordial.

*Lapis Præparatus.*

Bruse two and thirty ounces of purified Salt Peter, and put it in a Crucible, which you must set in a furnace among burning Coals; when the Salt Peter is melted, throw into it an ounce of spow of Sulphur, a spoonful at a time, the matter will presently flame, and the more volatile spirit of Salt Peter fly away; when the flame is over, the matter will remain in a very clear fusion; take the Crucible out with a pair of tongs, and turn it upside down into a very clean basin a little warmed.

*Virtues.* It is given to cool and work by urine, in *intermittent fevers*, *Quinsies*, and other diseases that proceed from heat and obstructions, and for the running of the reins.

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*Dysc.* Half a dram, or a dram of it may be given at a time in some proper liquor.

*Volatile Salt of Amber, in Latin, Sal Volatile Succini.*

Put two pounds of Amber powdered in a large glass or earthen Cucurbit, three quarters of the Cucurbit must remain empty; set the Cucurbit in sand, and after you have fixed the head to it and a small Receiver, lute well the junctures, and light a little fire under it for about an hour; then when the Cucurbit is grown hot, increase the fire a little and little to the third degree and there will distill first of all a flegm and spirit, then the Volatile Salt will rise, and stick to the head in little Crystals, afterwards there distills an oyl, first white and then red, but clear. When you see the vapours rise no longer you must put out the fire, and when the vessels are cold unlute them; gather the volatile Salt with a feather, and because it will be but impure as yet by reason of a little oyl that is mixed with it, you must put it into a vessel big enough, that the Salt may fill only a fourth part of it; place the vessel in sand, after you have stopp'd it only with paper, and by means of a little fire you will sublime the pure Salt in little Crystals in the top of the vessel; when you perceive the oyl begin to rise, you must then take your vessel off the fire, and letting it cool, break it to separate the Salt, keep it in a vessel well stopp'd, you have half an ounce.

Virtu



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**Virtues.** This Salt is a very good aperitive; is used for the jaundice, ulcers in the bladder, the Gout, fist of the mother, and to force urine.

**Dose.** It may be taken from six to eight grains in some proper liquor.

## Rosin of Jalap, in Latin, Resina Jalapii.

Put a pound of good Jalap grossly powdered into a large Matras, pour upon it rectified Spirit of Wine four fingers above the matter; stop the Matras with another, whose neck enters into it, and luting the junctures with a wet bladder, digest it three days in a sand heat, the Spirit of Wine will receive a red Tincture; decant it, and then pour more upon the Jalap; proceed as before, and mixing your dissolutions, filtrate them through brown paper, put that which you have filtrated into a glass Cucurbit, and distill in a vaporous Bath, two thirds of the spirit of Wine, which may serve you another time for the same operation. Pour that which remains at the bottom of the Cucurbit into a large earthen pan filled with water, and it will turn into a Milk, of which you must leave a day to settle, and then separate the water by inclination, you'll find the Rosin at the bottom like unto Turpentine, wash several times with water and dry it in the Sun, it will grow hard like common Rosine, powder it fine, and it will become white; keep it in a

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**Virtues.** It purges watry humors, and is good for Dropsies; It is ordinarily given with other purging medicines to quicken them.

**Dose.** It is given from four to twelve grains, with other purgatives.

## Saccharum Saturni.

Take three or four pounds of Cerus, powdered, and put it into a large glass or earthen vessel; pour upon it distilled Vinegar four finger high, an ebullition will follow without any sensible heat; put it in digestion in hot sand for two or three days; stir about the matter every now and then, then let it settle, and separate the liquor by inclination, pour new distilled Vinegar upon the Cerus that remains in the vessel, and proceed as before, continuing to pour on distilled Vinegar and to separate it by inclination, until you have dissolved about half the matter: mix all your impregnations together in an earthen glass vessel; evaporate in a sand fire with a gentle heat, about two thirds of the moisture, or till there rises a little skin over it; then set your vessel in a Cellar or some cool place, without jogging of it, there will appear white Crystals which you must separate; evaporate the liquor as before, and set it again in the Cellar; continue your Evaporation and Cristalizations, till you have gotten all your Salt; dry it in the Sun, and keep it in a glass.

**Virtues.** It is commonly used in Pomatums, for tetter and inflammations, and dissolved in water is good for diseases of the skin, taken inwardly in is recommended.

is reckoned good for Quinsies, for the fluxes of the Hemorrhoids, and Courses, and for the Bloody Flux.

Dose. It may be given from two grains to four, in Knotgrals or Plantain water, or mixed with Gargles.

*The general way of making extracts.*

They may be prepared of any thing almost that belongs to the *Materia Medica*, or of any Medicine whether it be simple, as Herbs, Flowers, Seeds, and the like; or compound, as Species, Pills, and the like; which is wont to communicate a Tincture to the Menstruum wherein it is infused; wherefore, take as much as you please of any thing of the *Materia Medica*, cut it, bruise it, or otherwise prepare it as is necessary for the infusion; pour upon it a sufficient quantity of Spirit of Wine, or any distilled Water, that is agreeable to the Physicians intension; let them remain in infusion in a Bath, or some other gentle heat two days, more or less, as the density or the tenuity of the matter requires, until the liquor has a sufficient Tincture; then separate the Tincture by inclination, put in more liquor as before, and after infusion separate it as before; mix the Tinctures, and filter them through paper, and then evaporate the moisture, till the matter at the bottom of the vessel, be reduced to the consistence of Honey. Keep it for use; whereunto may be added two scruples, or half a dram of some proper Salt to every ounce of the extract, to keep it from drying.

*The way of making S A L T S.**The way of making Volatile, or Essential  
S A L T S.*

Take a sufficient quantity of any fresh succulent Plant, beat it in a wooden or Stone Mortar; then pour a large quantity of clear fountain water upon it, boil it till half is consumed, strain it hard, and boil it again to the consistence of Honey; put it into a glass vessel or glazed Pot, and set it in a cold place for eight days at least, and a Cryстал Salt will grow together in the manner of Sal Gemma, which by pouring out the decoction may be collected; it must be washed in its own water and dried for use. This way is made the Salt of Wormwood, Cardus Benedictus, Mugwort, and of other bitter Herbs easily, but of others very difficultly.

*The way of making fixed, or Elementary  
Salts.*

The Method of preparing consists in these four things; Calcination, Solution, Filtration, and Coagulation; first the Medical matter must be reduced into ashes by Calcination, but care must be taken that the ashes be not turned into glass by too great a fire, then by pouring clear hot water upon the ashes to extract all the Salts, make a Lie; filtrate and boil it in an earthen vessel over a gentle fire, till all the water is evaporated, and

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and only Salt remains, which must be dissolved, filtered, and coagulated once and again, till it is free from all its impurities, and becomes white, and so are made Salts from Plants, parts of Animals calcined, and the like; of these the following are best; Salts of Wormwood, Thyme, Rosmary, the lesser Centaury, Mugwort, Carduus Benedictus, Masterwort, Parsly, Rest-harrow, Ash, Dwarf Elder, Gujacum, Box, Cammomile, St. John's-wort, Succory, Celandine, Scurvy-grass, Bettony, Hemp Agrimony, Baulm, Ceterach, and the like.

### *The preparation of some simple Medicines.*

#### *The way of preparing Fats.*

Fresh Fat, the little veins, fibres, and skins being taken out, must be washed in fair water till it is freed from blood; afterwards being well bruised, it must be melted in a double vessel, then strain it into water, and there let it remain till it is cold; then drain the water from it, and keep it in an earthen pot in some cool place, it will keep a year. The same way is prepared Marrow taken out of the bones, in the Autumn chiefly.

#### *The burning of Brass.*

Make a lay of small Brass plates in an earthen pot, and a lay of common Salt, or Sulphur

powdred, which is called, *Stratum super Stratum*, burn then sufficiently, and dulcify the ashes with hot water, by pouring hot water often on them.

*The way of purifying Aloes.*

Take what quantity you please of Aloes finely powdred, put it into a glazed pot, and pour as much Spirit of Wine on as will rise three fingers breadth above the matter; stir it with a Spatula, till the purer part of the Aloes is dissolved by the Spirit of Wine; then pour it off, and pour on more as before, and having stirred it about, pour it off, that the impure parts may be separated; reduce it to a Mass by evaporating the moisture, and so keep it for use.

*The burning of Alum.*

Take what quantity you please of Alum, put it into a new earthen pot and burn it so long till it has done bubbling, and does no longer emit froth, cool it, and keep it for use.

*The way of preparing Amacardium.*

Powder them, and infuse them in a moderate quantity of Vinegar, and when they have sufficiently imbibed it, dry them by gently evaporating the Vinegar.

*The preparation of Bole Armonick.*

Grind the Bole Armonick, and moisten it with May dew, and dry it in the shade.

*The Lees of Bryony, in Latin, Fecula Bryoniae.*

Take of the roots of Bryony what quantity you please, scrape them with a Knife, and straine out the juice in a Press, put them in a Vessel, and do not move it; after a few hours it will put off a white Lee like Search, which must be dried in a glass, having first poured out the water. In the same manner is made the Lees of Wake-Robin, Horse-radish, of our Orris, &c. and the like.

*May Butter, in Latin, Butyrum Majale.*

Take fresh Butter unsalted, made about the middle or end of May, put it into a large glazed pot, and place it in the Sun Beams, that it may be all melted; and when the Sun shines hottest, strain it without pressing, through a thick linnen cloth, and expose it to the Sun again, and when it is white, strain it again, and keep it a year.

*The preparation of Lapis Calaminaris.*

Take of Lapis Calaminaris what quantity you please, make it red hot twice or thrice, and quench

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it as often in Plantain and Rose water, then grind it upon a stone, and with the same water make it into balls.

### *The Infernal Stone, in Latin, Lapis Infernalis.*

Take the Lee of black Soap, boil it to a Stone in a frying pan, yet take care that all the moisture be not evaporated; when it is cold, cut it into small pieces, and keep it in a glass well stopp'd. This is a Caustick, and is used to open tumors.

### *The way of preparing Coral, Pearls, Crabs eyes, and of precious stones.*

Take of these any quantity you please, grind them to a very fine powder, in a Steel or Porphyry Mortar, dropping upon them now and then a little Rose water, and then form them into Balls.

### *The burning of Harts-horn, Ivory, and other bones.*

Take of Hartshorn, Ivory, or of any Bone, what quantity you please, burn them in a Crucible till they are quite white, then powder or grind them very fine, and make them into Troches with Rose water.

### *The way of making Elaterium.*

Take wild Cucumbers almost ripe, cut them and press out the juice gently with your finger



fingers, strain it through a fine Sieve, into a clean glazed vessel, and let it settle till it has put off its grosser parts, pour off by inclination the thin, juice that swims on the top, what remains filter; dry the sediment in the Sun, and keep it for use. The thinner part may be reserved if you please, for making the Oyntment de Arisanita.

*The preparation of the Bark of Spurge roots.*

Infuse the Barks well cleansed for three days in sharp Vinegar, then dry them, and keep them for use: The same way may be prepared the leaves of Spurge, Lawrel, Mezereon, and the like.

*The preparation of Euphorbium.*

Put Euphorbium cleansed and powdered into a glass vessel, and pour upon it so much juice of Lemons clarified as will rise four fingers above the matter; then place them in a hot Bath, till the Euphorbium is dissolved by the juices; then strain it through a clean cloath, and evaporate all the moisture of the juice in a Bath, and keep the Euphorbium for use.

*The preparation of the roots of black Hellobore.*

Infuse the roots of black Hellobore, that we have three days in the juice of Quinces, in a moderate heat; then dry them, and keep them for use.

*The*

*The preparation of Coar's Blood.*

Put the blood of a middle aged Goat into an earthen pot, and having covered it with a cloth, expose it to the Sun, that it may coagulate; throw away the watry part, dry the thicker part, powder it; keep it in a glass for use.

*The preparation of Lac.*

Take of Lac not cleansed, broken a little, and reduced to powder, boil it in water, that it may be cleansed from its impurities; dry what is pure and keep it for use.

*Preparation of Lapis Lazuli.*

Grind the Sky coloured Stone, wash it with water, dry it, and keep it for use.

*The preparation of Litharge.*

Grind the Litharge to a fine powder, pour on it clear water, and stir it till its thick, then pour it off into another vessel, and put in fresh water, stir it as before, then pour off this water to the other; continue to do so till the feces sink to the bottom of the Mortar, and the thinner part is carried off with the water, let it stand without being moved, that the pure Litharge may settle to the bottom; then pour out the water, and gather the Litharge, and grind it so fine upon a stone, that no roughness of it may be perceived by the tongue,

*Preparation*

**Preparation of Earth-worms.**

Slit the Worms in the middle, and wash them clean in Wine, then dry them, and keep them for use.

**The preparation of Millepedes.**

Put Millepedes cleansed into a new earthen pot, place them in a warm Oven after the bread is drawn, that by the moderate heat they may be dried, and reduced to powder.

**The way of preparing Oxygus.**

Take of wool uncleansed, sheared from the neck huckle bone, and shoulder pits of tired Sheep, pour upon it hot water often, and wash it well, till all the fat swims upon the water; afterwards press out the Wool, and the fat and filthy water must be poured high from one vessel to another, till it becomes frothy; then you must let it stand till the froth goes off; then take off the fat that swims upon the water; then pour the water from one vessel to another as before till it froth, then take off the fat as before; continue to do so till no more fat nor froth appears, then wash all the fat with the froth in clean water, stirring it about with your hand, and change the water often, till the filth is washed away, and till the fat does not bite the tongue, keep

it in a clean thick earthen Vessel in a cold place.

*Preparation of Opium.*

Dissolve Opium in Spirit of Wine, strain it and evaporate it to a due consistence.

*The preparation of the Lungs of a Fox.*

Wash the fresh Lungs of a Fox well in white Wine; wherein Hyssop and Scabious have been first boiled: but you must take out the wind pipe; put them into an earthen pot and dry them in a gentle heat take care they are not burnt, keep them in a glass stopp'd with Wax.

*Preparation of Scammony.*

Put the powder of Scammony into a Quince made hollow; covered with past, bake it in an Oven, or roast it under the Ashes; take out the Scammony and keep it for use. This is called *Digrydium*.

*Another way of preparing Scammony with Sulphur.*

Take of Scammony powdered as much as you please, put it upon a paper, hold the paper over live coals, whereupon Brimstone is cast, till the Scammony melts or grows white; this is called *Scammony Sulphurated*, but you must be sure to stir it all the time it is over the fire.

*Preparation*

*Preparation of Squills.*

Take a large fresh Squill, pull off the outward dry tunicks, wrap it up in bread past, and bake it in an Oven with bread till it is tender, which you may know by thrusting a Bodkine into it, then take it out of the Oven, and pull off one by one the Coats, casting away the middle, which is hard, run a thread through them, and hang them in a dry place till they are dry; but you must take care they do not touch one another whilst they are drying, and in this business you must use a Wooden or Ivory knife for cutting or piercing them.

*Boiled Turpentine.*

Take of Venice Turpentine one pound, pour upon it twelve quarts of water, wherein boil it till it is so thick, that it will break like Rosin or glass when it is cold.

*Preparation of Tutty.*

Tutty being prepared the same way as Lapis Calaminaris is, tie it up in a clean rag, which is to be stirred about in a vessel full of clean water, that the fine and useful parts may come through into the water, the gross and impure remaining in the rag; then let it settle, and pour off the water; continue to do so, till all that is good is washed out of the rag. Sprinkle this powder with a little rose water, and make it into balls to be kept for use.

*Addenda*

## A D D E N D A

*Take of Myrrh, Aloes and Saffron, each half an ounce, of Spirit of Wine rectified ten ounces, of Spirit of Sulphur by the Bell half an ounce: first draw a Tincture from the Saffron in the Spirit of Wine, by digesting of it six or eight days; then add the Myrrh and Aloes grossly beaten, and the Spirit of Sulphur; digest them in a lugg viol well stopp'd for the space of a Month, shake it often; pour off the black Tincture from the feces, let it stand quiet a night, then pour it out, and decant it so often as you find any feces at the bottom.*

*Virtues. It is alexipharmick, stomachick, anodyn, and uterine; it cures Tertian Agues, and is an universal Medicine for all ages, for Men, Women, and Children; it alters, evacuates and strengthens.*

*Dose. Two drams will purge, when you do not design purging, fifteen or twenty drops may be taken in a morning, in a glass of Wine or a small draught of Beer.*

*Take of the leaves of Senna four ounces, of Guaiacum, and of the roots of Elicampagne dried, of the seeds of Anise, Carraways, and Coriander, and of Licorice, each two ounces, of Raisins*

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Raisins of the Sun stoned half a pound, steep them in the cold in three quarts of *Aqua Vita* for the space of four days; strain it.

*Virtues.* It is excellent for the Cholick and Gravel.

*Dose.* Two, three, or four Spoonfuls, more or less, according to the Age and Strength of the Patient. It may be taken in a morning.

### *Liquid Laudanum.*

Take of Spanish Wine one pint, of Opium two ounces, of Saffron one ounce, of Cinnamon, and Cloves powdered, each one dram, infuse them together in a Bath for two or three days, till the Liguor has a deep Tincture; strain it, and keep it for use.

*Virtues.* It is good in general to ease pain and to stop fluxes.

*Dose.* Twelve or sixteen drops of it may be taken at a time.

### *Matthew's Pill.*

Take of Salt of Tartar prepared with Nine four ounces, of oyl of Turpentine eight ounces, mix them and let them stand in a moist and cold place, eight, nine, or ten months, or more, till the Salt has taken thrice its weight of oyl, and is become one thick Mass like Soap; in the mean time you must stir it often, and add the oyl as it incorporates; Take of this Soap six ounces, of the best Opium two ounces, of black and white Hellebore powdered, and of Liguorice, each two ounces,

ces; mix them exactly, adding as much oyl of Turpentine as is sufficient to make a Mass for Pills which must be kept moist with oyl of Turpentine.

*Virtues.* This is in general proper to give ease and is proper for pains of the back, for the stone and gravel, and ulcers of the bladder.

*Dose.* Ten grains of it may be taken at a time.

*Compound Spirit of Lavender, in Latin,*  
*Spiritus Lavendulae Compositus.*

Take of the flowers of Lavender one Gallon, pour on them three Gallons of the best Brandy; stop the vessel close, let them infuse in the Sun for the space of six days, then distil them in an Alembick. Take of the flowers of Sage, Rosmary, Bettony, each one handful, of Borrage, Bugloss, Lilly of the Vallies, and Cowslips, each two handfuls; infuse all these flowers gathered in season in a gallon of the best Brandy, and mingle with it the Spirit of Lavender above-mentioned, adding the leaves of Basil, Feverfew, Oranges, Flowers of Steeple, of Oranges, and Bay berries, each one ounce, after sufficient digestion distil them again, and at length add of Orange and Citron Peel, and the seeds of Peony, each six drams, Cinnamon, Nutmegs, Mace, Cardamoms, Cubebs, and yellow Sanders, each half an ounce, of the wood of Aloe one dram; digest them twenty four hours, strain them, add of prepared Pearl two drams, of Ambergrease, Musk, and Saffron, each half



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half a scruple, of red Roses dried, and red Sanders, each half an ounce, of yellow Sanders, and the bark of dried Citrons, each two drams, hang the Species in a rag in the Spirit above mentioned.

**Virtues.** *It is good for diseases of the head and nerves.*

**Dose.** Half a spoonful of it may be taken at a time.

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**FINIS.**

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*dying Infants shall be damned?* Which Advocate,  
while he shuts all Infants out of the visible Church,  
and denies them Baptism, opens Heaven to all dy-  
ing Infants; justifying those of his party, who ad-  
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but meer *Evasions* to deceive the Reader. Things  
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marks upon some passages of Mr. Crisp, in his Book  
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